

PLEASE TELL US WHAT YOU THINK...

As a Longo's customer, your opinion is valuable to us. Please complete this survey as you feel best describes us.

1. What do you like best about this store?
2. What do you like least?
3. How do you feel we can improve?
4. Overall, how satisfied are you with Longo's?

Where anything fresher is still growing
Longo's

ENJOY

Longo's

MENU PLANNERS

The Main Ingredient

Specials effective Monday, June 5, 1989 thru Saturday, June 10, 1989

3085 HWY 401 AT WOODBINE

"We're Celebrating Our 2nd Anniversary"

We at Longo's wish to thank you for your continued patronage throughout the year. You've made our location a great success and we look forward to continuing providing you with the superior quality and service you've come to expect.

CHICKEN ORANGE SALAD

2 1/2 cups (625 ml) cooked chicken, cut in bite-size pieces
 1 - 10-oz. (1 - 284 ml) can tangerines or oranges, peeled and sectioned
 1/2 cup (125 ml) sliced black olives, drained
 1 red onion, thinly sliced
 1 tsp. (1 ml) rosemary salt and pepper to taste
 1/2 cup (50 ml) salad dressing (using lemon juice)
 1/4 cup (50 ml) chopped, toasted almonds

• Combine chicken, oranges, olives, onion, rosemary, salt and pepper together. Chill at least 1 hour. When ready to serve, add dressing; mix well. Serve on salad greens and garnish with almonds.

 cantaloupes each fresh, sweet Product of U.S.A.	1.49	tomatoes tasty It's salad time! Product of U.S.A. lb. 1.52 kg	.69
green beans Product of U.S.A. fresh, tender lb. 2.18 kg	.99	radicchio fresh Product of Italy lb. 6.59 kg	2.99
pastrami and cooked corned beef lb. 8.79 kg	3.99	Belgium endive fresh Product of Belgium No. 1 lb. 6.59 kg	2.99
strip loin steaks Cut from Canada Grade 'A' Beef lb. 15.39 kg	6.99	peaches lb. 1.52 kg sweet and juicy Product of U.S.A.	1.69
Italian style cooked prosciutto lb. 8.79 kg	3.99	veal scallopini Ontario veal lb. 8.79 kg	3.99
sunflower oil Unico 3 L jug	3.99	pastrami and cooked corned beef lb. 8.79 kg	3.99
soft drinks Schweppes • A&W • Minute Maid 24 x 280 mL tins 750 mL bottle Limit 2 cases Plus 40c deposit	5.99 .49	pastrami and cooked corned beef lb. 8.79 kg	3.99
olive oil pure Bertolli 500 mL bottle	2.99	pastrami and cooked corned beef lb. 8.79 kg	3.99
instant coffee Nescafe Rich Blend 200 g jar	4.99	pastrami and cooked corned beef lb. 8.79 kg	3.99
D'Angelo tomatoes Italian style 28 oz. tin	1.19	pastrami and cooked corned beef lb. 8.79 kg	3.99
mineral water Montclair 750 mL bottle	.99	pastrami and cooked corned beef lb. 8.79 kg	3.99
hotdog/hamburger buns Fresh daily! Fibre Goodness pkg. of 6	.89	pastrami and cooked corned beef lb. 8.79 kg	3.99
beans Unico 19 oz. tin	.69	pastrami and cooked corned beef lb. 8.79 kg	3.99
nacho chips Mexicasa 200 g box	1.99	pastrami and cooked corned beef lb. 8.79 kg	3.99
taco shells Mexicasa box of 20	2.49	pastrami and cooked corned beef lb. 8.79 kg	3.99
taco pack Mexicasa 128 g pkg.	1.99	pastrami and cooked corned beef lb. 8.79 kg	3.99
sour cream Gay Lea 500 mL tub	1.49	pastrami and cooked corned beef lb. 8.79 kg	3.99
beerfest sausage Maple Leaf 500 g pkg.	2.59	pastrami and cooked corned beef lb. 8.79 kg	3.99
meat pies York 227 g box	.89	pastrami and cooked corned beef lb. 8.79 kg	3.99
Minute Maid 100% PURE FROZEN CONCENTRATED ORANGE JUICE WITH MORE PULP 12.5 oz. tin Minute Maid frozen fruit drinks and lemonades, 12.5 oz. tin	1.99 .69c	pastrami and cooked corned beef lb. 8.79 kg	3.99
sliced bread Fresh daily! Wonder white & 100% whole wheat 675 g loaf	.69	pastrami and cooked corned beef lb. 8.79 kg	3.99
primo pasta (all cuts) 900 g bag Limit 4 pkgs. per family purchase please Primo spaghetti sauce, 28 oz. tin 99c	.79	pastrami and cooked corned beef lb. 8.79 kg	3.99

