



**Please help**

'Rogue', a seven-month-old Doberman is missing. Owner Eleanor Lyons and son Misko are heartbroken. He went missing from their property, McCowan Road, a mile north of the Aurora Sideroad, April 4. He's wearing a red collar. Anyone seeing a pet meeting this description is asked to call 640-1199.

**Teen impresses reader**

Dear Editor:  
It gave me much personal satisfaction to read a letter in your newspaper, written by a teenager.

Young people don't ordinarily become involved in writing campaigns unless they have good reasons.

Kim Saunders was apparently irritated enough to write. It was one of the best letters I've read in The Tribune since moving here.

No, I don't entirely agree with her stand (women serving on the Front Lines); but I commend her for at least taking a stand. Many I've talked to are wishy-washy on the subject; even women. Is it any wonder our sex is so often trampled under foot? We're afraid to stand up and be counted.

I only hope I'm around a few years from now. I predict great things for this young lady, maybe even a five-star general appointment.

As Kim says, one can be anything she wants to be. Yes, I said SHE.

All power to her. I hope she keeps on 'fighting' and emerges victorious. Her kind is what this country needs.

Sincerely,

(Mrs.) Freda Higgins,  
R.R. 2, Uxbridge

**Commerce Election Night**

The Whitchurch-Stouffville Chamber of Commerce is holding its 1989 Election Night, April 12, (to-night), at Meadowbrook Golf and Country Club.

Buffet dinner will be served at 7:45 p.m.

The guest speaker is Steve Mahoney, Parliamentary Assistant to the Minister of Trade and Technology.

His topic will be 'Small Business'.

The cost is \$25 per person.

**Y.F.C. reunion**

The Stouffville Youth for Christ organization that met initially in St. James' Presbyterian Church and later, Second Markham, (Springvale), Baptist Church; is holding a 40-year reunion, Sunday, June 18.

The location is Markham Missionary Church, Major McKenzie Drive between Hwy. 48 and McCowan Road.

The evening of music and praise will begin at 6:30 p.m. with a time of refreshments and fellowship to follow.

The planning committee includes Betty Ballentyne, Doris Pilkey, Gladys Ratcliff and Barbara Wideman.

For additional information call 640-1527.

ENJOY

# Longo's

## MENU PLANNERS

**Longo's... the main ingredient**

**SAUTEED VEAL SCALOPPINE WITH LEMON SAUCE**

1 lb. Provençal Scalloppine slices  
2 tbsp. vegetable oil  
1/4 cup butter  
1/2 cup flour  
salt and pepper  
1 tsp. lemon juice  
1 tsp. capers  
1 tbsp. parsley  
1/2 lemon, sliced

Heat oil and 2 tablespoons of butter in skillet over medium-high heat. Coat veal in flour and brown both sides in hot skillet. Transfer to warm platter and season with salt and pepper. Remove skillet from heat, add lemon juice, capers and parsley, and remaining butter. Briefly warm sauce to medium heat. Pour sauce over veal on warm platter, garnish with lemon slices and serve. Serves 4.

**Longo's... the main ingredient**

**FRESH FRUIT CUP**

125 mL sugar  
175 mL water  
grated rind and juice of 1 lemon  
1 orange  
1 medium apple  
1 medium pear  
1 small bunch seedless green grapes  
1 small bunch dark blue grapes  
about 10 fresh strawberries  
1 small banana

Combine sugar, water and grated lemon rind in a saucepan. Bring to boil and boil 5 minutes. Cool. With a sharp pointed knife, peel the orange, remove all white membrane sections and cut in slices. Place orange sections in bowl. Add lemon juice and sugar syrup. Alternate layers of fruit as follows: apple and pear, core and slice; grapes pitted and cut in half and strawberries hulled and cut in half. Cool in the refrigerator. Before serving, add banana, peeled and sliced.

 <p><b>strawberries</b> heaping pint <b>99</b></p> <p>fresh, sweet Product of California</p>	<p><b>suntan peppers</b> <b>49</b></p> <p>Product of U.S.A. Canada No. 1 1.08 kg lb.</p>	 <p><b>sweet cantaloupes</b> <b>69</b></p> <p>Product of U.S.A. Canada No. 1, fresh each</p>	<p><b>cooking onions</b> <b>10</b> <b>99</b></p> <p>medium size Product of U.S.A. Canada No. 1 LB. BAG</p>
<p><b>pork loin chops</b> <b>179</b></p> <p>family pack Fresh Ontario Pork 3.94 kg lb.</p>	 <p><b>veal loin chops</b> <b>359</b></p> <p>Canada Grade 'A' Choice Veal 7.91 kg lb.</p>	<p><b>fresh broccoli</b> <b>69</b></p> <p>each Kraft Cheez Whiz, 500 g ..... 3.99</p>	<p><b>veal shoulder chops</b> <b>159</b></p> <p>Canada Grade 'A' Choice Veal 3.51 kg lb.</p>
<p><b>pork loin chops</b> <b>199</b></p> <p>centre cut Fresh Ontario Pork 4.39 kg lb.</p>	<p><b>butterfly pork chops</b> <b>299</b></p> <p>boneless Fresh Ontario Pork 6.59 kg lb.</p>	<p><b>veal leg scallopini</b> <b>399</b></p> <p>Fresh, Canada Grade 'A' Choice Veal 8.79 kg lb.</p>	<p><b>ground veal</b> <b>169</b></p> <p>fresh 3.72 kg lb.</p>
 <p><b>Lancia pasta</b> <b>79</b></p> <p>all cuts 900 g pk Limit 4 pkgs. per family purchase, please.</p>	<p><b>vegetable oil</b> <b>269</b></p> <p>Pasquale Bros. 3 L Jug</p>	<p><b>instant coffee</b> <b>499</b></p> <p>Nescafe Rich Blend, Colombia 200 g or 150 g jar</p>	 <p><b>Kellogg's corn flakes</b> <b>199</b></p> <p>Limit 2 boxes per family purchase, please. 875 g box</p>
<p><b>mortadella San Daniele</b> <b>299</b></p> <p>lb. 6.59 kg</p>	 <p><b>Bravo spaghetti sauce</b> <b>99</b></p> <p>28 oz. tin</p>	<p><b>salami Mastro Casalingo</b> <b>399</b></p> <p>by the piece lb. 8.79 kg</p>	<p><b>Crotonese cheese</b> <b>499</b></p> <p>from Italy lb. 10.99 kg</p>
<p><b>prosciutto Mastro cooked</b> <b>399</b></p> <p>Italian style lb. 8.79 kg</p>	<p><b>capicollo Mastro</b> <b>399</b></p> <p>extra lean lb. 8.79 kg</p>	<p><b>friulano cheese</b> <b>249</b></p> <p>Stella Canadian mild lb. 5.49 kg</p>	<p><b>provolone cheese</b> <b>399</b></p> <p>mild Gigantino lb. 8.79 kg</p>
<p><b>espresso coffee</b> <b>199</b></p> <p>Excelsior Bar Extra 300 g pkg.</p>	<p><b>milk bread</b> <b>99</b></p> <p>Dempster's fresh daily 879 g loaf</p>	<p><b>Heinz ketchup</b> <b>299</b></p> <p>bonus pack 1.25 L bottle</p>	<p><b>cheese slices</b> <b>299</b></p> <p>Heritage Farms single wrap 500 g pkg.</p>
<p><b>baby dills</b> <b>199</b></p> <p>Bick's 750 mL jar</p>	<p><b>Dole pineapple</b> <b>99</b></p> <p>sliced &amp; crushed 19 oz. tin</p>	<p><b>mozzarella</b> <b>199</b></p> <p>Stella cheese 12 oz. pkg.</p>	<p><b>fish in batter</b> <b>399</b></p> <p>Highliner 700 g box</p>
<p><b>Tang fruit drinks</b> <b>99</b></p> <p>3 x 250 mL pkg.</p>	<p><b>Pepsi &amp; 7-Up</b> <b>49</b></p> <p>Regular and Diet 750 mL bottle plus 40¢ deposit per bottle</p>	<p><b>Pepsi &amp; 7-Up</b> <b>699</b></p> <p>Regular &amp; Diet case of 24 x 280 mL tins</p>	<p><b>fish sticks</b> <b>399</b></p> <p>Highliner 700 g box</p>



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