



CHRISTINA BELL

Campaign benefits children

By KATE GILDERDALE
The Lions-sponsored Easter Seal Campaign is well underway in Whitechurch-Stouffville. It concludes March 31.

Six thousand requests for donations have been sent out by mail to Stouffville residents. The goal for 1989 is \$5,000. A total of \$4,500 was received during the 1988 campaign. The Easter Seal Society offers a comprehensive range of services for physically handicapped children throughout the province.

The Society own and operates five summer camps, offering activities like arts, drama, swimming and outdoor adventure programs. It offers financial assistance towards the cost of braces, wheelchairs and other equipments required by the physically handicapped child.

There are district nursing offices across Ontario, where Easter Seal nurses provide parents with advice and help in caring for their children at home and in the community. Fund raising also goes towards ongoing medical research into crippling disorders in children, preventative measures and new treatment techniques.

Annual diagnostic clinics are sponsored by the Society, with about 1,000 youngsters examined each year, and funds are provided for the 19 treatment centres in Ontario. The Easter Seal Communications Institute is constantly working on programs which will enable children with speech problems to communicate with others.

There are ten local youngsters who benefit from this vital program. One of them is Christina Bell. Christina suffers from cerebral palsy left hemiplegia, a condition that affects her left hand and leg, and also interferes with her ability to speak. She'll be seven in March.

When diagnosed at the age of a year, her mother Lori enrolled her in an infant stimulation program, that lasted until Christina was five years old. One of the people there advised Lori to contact the Easter Seal Society. The help they've provided her and Christina has made a big difference to both their lives, she stresses.

"If I had any questions of where to go for help, or if I needed something, I would call them," notes Lori. "They'll supply me with a name or who to call for services."

At first, she was unaware she could receive financial assistance. "Christina needed special shoes I was put in touch with Paul Roney at the Lions Club and they provided funding".

This year, she's hoping to enter Christina in the Easter Seal summer camp at Blue Mountain.

"It would be a good experience for her to see there are other handicapped children and they can have a good time." With the help of a staff member at the Society, Lori has filled out an application.

When Christina needed a brace for her left leg, she was told the government would pay 75% of the cost. Such equipment is expensive, but thanks to the generosity of the local Lions Club, Lori didn't have to worry. They picked up the other 25% for me," she explains.

One of the problems of having a handicapped child in this area, she says, is that you have to travel to the city for special programs like swimming.

"Everything she does, she does with normal kids." Last year she took T-ball, but couldn't continue because she needed an operation.

While Christina was in hospital in Richmond Hill, the Society covered all Lori's transportation costs and found someone to drive her to and from the hospital. Christina is in a special Grade 1 class at Orchard Park Public School, joining the regular class for social sciences and gym. She also receives speech therapy at school.

Most of the time she enjoys school, although communicating can sometimes be frustrating. "Other children don't always take the time to listen to what she's saying," observes Lori.

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"Longo's... the main ingredient"

RISOTTO
In a medium-sized pot heat 2 tbsp. of butter and 2 tbsp. oil. Use Aurora extra virgin olive oil for added flavor. Add 1 onion finely chopped and saute until golden. Add 1 1/2 cups uncooked Aurora rice, stir and saute for about 2 minutes over a brisk heat. Add 1 1/2 cups hot chicken stock or bouillon. Simmer gently to loosen grains, and allow stock to be absorbed. Continue simmering and add 1/2 of a cup of stock every 3 to 4 minutes as the stock gets absorbed. Stir occasionally to free all grains from the bottom of the pan. The total cooking time should take 25 to 30 minutes and the rice should be creamy but not mushy. Add salt and pepper to taste and stir in 1 tbsp. of grated parmesan cheese and/or butter if desired. For different variations, halfway through the cooking time you may add Aurora porcini mushrooms, Aurora peas, Aurora baby clams. The possibilities are endless!

"Longo's... the main ingredient"

TIRAMISU CAKE
(Quick and easy; no baking)
3 egg yolks
500 g Tre Stelle mascarpone cheese
50 g sugar
2 pkg. Milano savoiardi biscuits
1/2 L whipping cream
1 cup espresso coffee (room temperature)
2 tbsp. cocoa powder
Liquor - Marsala or Vermouth or Kahlua
Directions:
One layer savoiardi biscuits dipped in Marsala - not too soggy (use 8-inch x 13-inch rectangular glass pan as base). Whip up egg yolks with sugar - blend with mascarpone and whip. Spread over biscuits.
One layer savoiardi biscuits dipped in cold coffee. One layer of mascarpone. One layer savoiardi biscuits dipped in Marsala.
Finish with whipped cream (add mascarpone if desired) and dusted with cocoa powder. Chill and serve.

Specials effective Monday, March 6, 1989 thru Saturday, March 11, 1989

iceberg lettuce **.49**
ea. fresh crisp Product of U.S.A. Canada No. 1

juice oranges fresh and sweet **5.169**
Product of Florida Canada No. 1 lb. bag

heaping quart strawberries **1.99**
fresh sweet Product of U.S.A. Canada No. 1

veal shoulder chops **1.59**
Ontario Choice 3.51 kg lb.

snow white cauliflower fresh, large size **.99**
Product of U.S.A. Canada No. 1 ea.

fresh, lean ground beef **1.99**
4.39 kg lb.

fresh ground veal **1.69**
3.72 kg lb.

veal scallopini **3.99**
8.79 kg lb. Ontario choice

steaks strip loin **6.99**
Cut From Canada Grade 'A' Beef 15.39 kg lb.

veal loin chops **3.59**
Ontario choice 7.90 kg lb.

veal scallopini **3.99**
8.79 kg lb. Ontario choice

salmon fillets **7.99**
fresh! West Coast 17.57 kg lb.

Pepsi & 7-Up regular & diet
750 mL bottle **.49** plus 40¢ deposit per bottle
Case of 24 x 200 mL tins **5.99** Limit 2 cases per family purchase please

Hunt's Thick 'N' Rich spaghetti sauce **.99**
28 oz. tin

Heritage Farm cheese slices **2.59**
500 g pkg. "Made with real cheddar cheese" Limit 4 pkgs. per family purchase please

San Daniele mortadella **2.99**
6.59 kg lb.

chick peas & red kidney beans **.59**
Aurora 19 oz tin

Tre Stelle mild provolone cheese **3.99**
8.79 kg lb.

Italian Style cooked prosciutto **3.99**
8.79 kg lb.

Nescafe instant coffee **4.99**
200 g jar

Tre Stelle friulano cheese **2.99**
6.59 kg lb.

hot and sweet capicollo **3.99**
extra lean, dell sliced 8.79 kg lb.

Tre Stelle mozzarella cheese **3.99**
8.79 kg lb.

Tre Stelle mascarpone cheese **6.99**
500 g pkg.

Purelight vegetable oil **3.99**
3 L jug

Aurora marinated artichokes **.99**
175 mL jar

Bick's pickles **2.99**
• regular dills • yum yums 1.5 L • sweet mixed jar

E.D. Smith tomato clam and garden cocktail **.99**
28 oz. jar

Aurora extra virgin olive oil **5.99**
1 L bottle

Chapman's frozen yogurt **2.49**
"Tastes like 2 L ice cream" carton

Heinz ketchup **2.99**
1 L squeeze bottle

Milano delicious and savoiardi **1.19**
250 g and 200 g

Catch 'O The Day sole and haddock **3.99**
400 g

Aurora Italian rice **.99**
750 g bag

Electrasol automatic dishwashing detergent **2.99**
1.4 kg box

Strubs kosher dill pickles **2.49**
1 L jar

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