



THE REGIONAL MUNICIPALITY OF YORK RENAMING UNIONVILLE BY-PASS (YR 3)

THE COUNCIL OF THE REGIONAL MUNICIPALITY OF YORK PROPOSES TO PASS A BY-LAW to change the name of the above captioned highway to KENNEDY ROAD (YR 3). Pursuant to paragraph 105 of section 210 of the Municipal Act, the Engineering Committee of the Regional Council will, at its meeting to be held at 10:00 a.m. on the 15th day of November, 1988 at the Regional Engineering Building located on Woodbine Avenue (YR 8) one and one-quarter miles north of Aurora Road (YR 15), hear any person who claims that his lands will be prejudicially affected by the by-law and who applies to be heard. Anyone wishing to be heard is requested to advise Robert N. Vernon, Regional Clerk, (Telephone 895-1231 or 362-2464 Extension 210). If any party entitled to be heard does not attend at the hearing the Committee may proceed in his absence and he will not be entitled to any further notice in the proceedings.

The proposed by-law may be inspected at the office of the Regional Clerk, 62 Bayview Avenue, Newmarket, Ontario during normal business hours.

DATED at Newmarket this 5th day of October, 1988.
ROBERT N. VERNON
 Regional Clerk
 62 Bayview Avenue
 Newmarket, Ontario
 L3Y 4W9

Course sets local on new path

By KATE GILDERDALE
 Parkview Village is hosting a special breakfast meeting for Women in York Region next Saturday. And a local woman has put her skills to the test in organizing it.

Speaker Janice Berger, B.N., M.Ed., will address the audience on "Women, Wisdom and Well-being."

Ms. Berger is a founding associate of the Humanitas Centre for Personal Growth and Development, which opened a year ago in Aurora.

One of the organizers of the event is Kathy Doerner of Ballantree, who accepted the position at the Centre after attending a number of workshops and an assertiveness training course led by Ms. Berger.

"I originally met Janice through the York Women's Break, where she was the keynote speaker," recalls Kathy. "She ran workshops on assertiveness and communication skills. I liked what I heard."

At the same York Region Women's Day, Kathy signed up for a monthly newsletter, The Networker, which features articles and upcoming events of special interest to women in the area.

Through the newsletter, she learned of an assertiveness training course which Ms. Berger was

offering at the Humanitas Centre, and decided to sign up for it.

For Kathy, it came at the perfect time. A series of deaths in the family and her position as a homemaker with two children, Allison, 12 and Dan, 9, forced her to examine her ability to take charge of her own life.

"I felt extremely helpless and uncomfortable," she remembers. "I wondered how I would be able to survive alone with the kids! I wanted to feel better able to manage my life and the kids and just to feel stronger."

The course gave Kathy a completely new view of herself and her relationships.

"It was like learning to speak a new language," she states. "We discovered how so many of the beliefs we had as women made it difficult for us to even look at our real feelings."

The course, she explains, showed her how to be aware of her own feelings and how to express them effectively without anger.

She also realized it was impossible for her to do everything alone. "The next stage was realizing that it was okay to delegate," she observes. "It has been a learning experience for the whole family."

Although family members have had to adjust, she says it has been good for her relation-

ship with her husband, Bob, and the two children.

"I have begun to be very aware of the pressure on both men and women to conform to stereotypes," she says.

Discussions with Ms. Berger on future plans and expansion of the centre led Kathy to offer to help out at The Humanitas Centre.

The result was a new position "full of challenges," which involves Kathy in program co-ordination, public relations and program expansion.

She started working at the Centre in July and one of her major projects was to organize the Breakfast Meeting, which she is excited about.

"I think Stouffville's ready for something like this," she comments, adding that she hopes they will be able to organize four such meetings per year in York Region.

"It's important for all of us women to realize our potential, whether we are at home or in the work force," she notes. She believes Ms. Berger can help a lot of other women to rethink their lives.

"Janice is a very exciting person," she says. "It's fascinating to see how she works an audience and how they respond."

The meeting will address women's needs and wants in the 1980s and assist them in realizing

their goals. It will also give them an opportunity to share their feelings with other women and help them recognize their own potential.

For further information call 841-1474 or 773-6228. The cost is \$15 per person.

HAVE YOUR SAY:

Should Stouffville's Santa Claus Parade be switched from Saturday to Sunday?



Doug Friesen
 I think Sunday is a family-oriented day, so you would get more people out to the parade if it was on Sunday — as long as it wasn't on the same day as the Toronto parade.



Moira Kerr
 Looking at all the churches in Stouffville, I think a lot of people would like to keep Sunday for worshipping, so I think it should be left where it is.



Winnie Tsapollis
 It would be a good idea to move it to Sunday. It's a relaxing thing to do, so people might watch the parade instead of working. Sunday should be a day of relaxation.

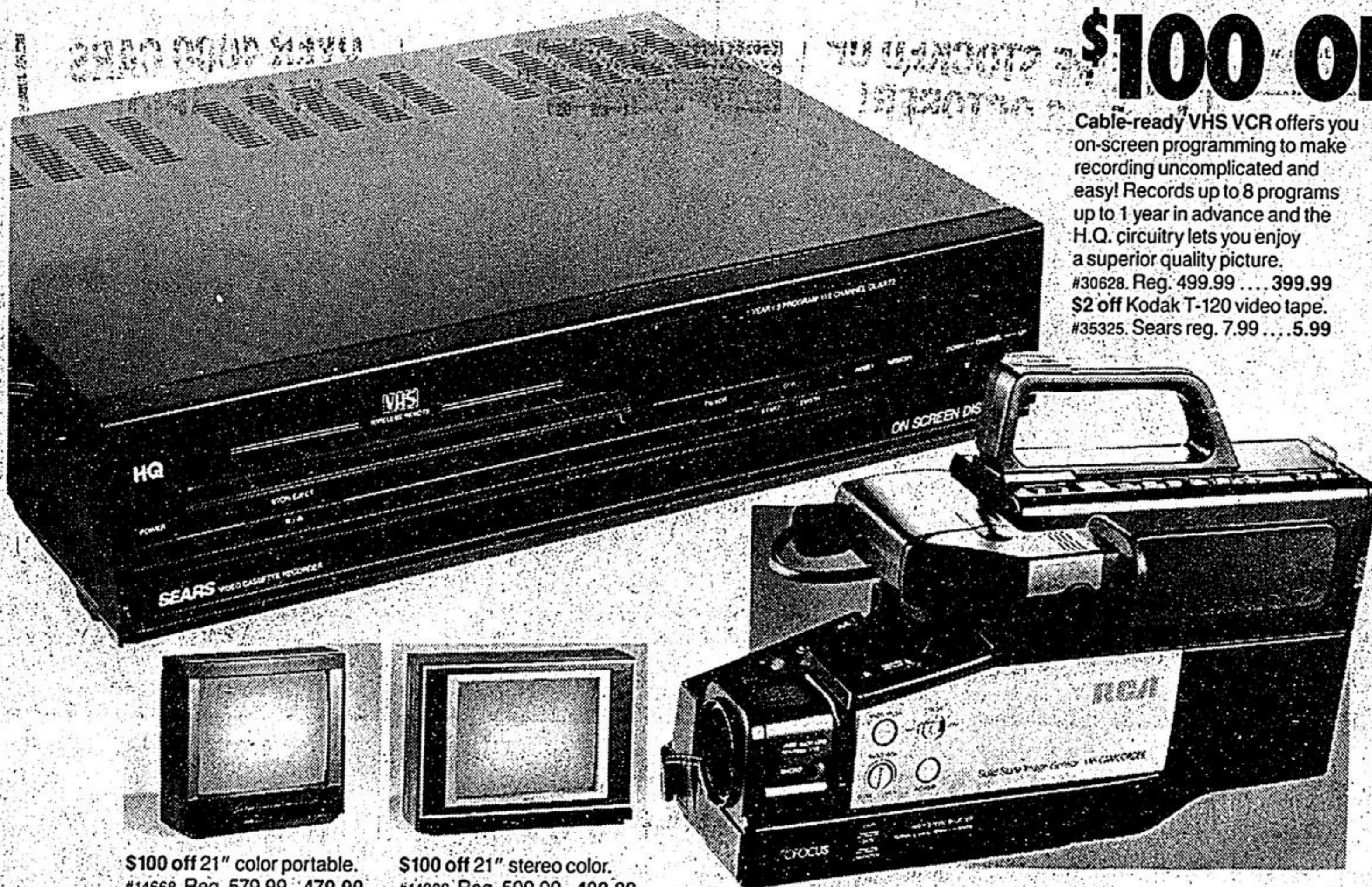


Gary Gornik
 I don't think it should be changed. I still think it's a pretty religious community. The churches like to enter their floats, so if you had it on Sunday, the turnout of churches and church people might not be good.

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