

Where everything is still growing

Longo's

SPECIALS EFFECTIVE MONDAY, AUGUST 22, 1988 THRU SATURDAY, AUGUST 27, 1988




1c romaine lettuce

See coupon below for details.

3085 HIGHWAY NO. 7 AT WOODBINE
 OAKVILLE: HIGHWAY NO. 5 AT TRAFALGAR
 BURLINGTON: 1225 FAIRVIEW STREET AT MAPLE
 MALTON: 7085 GOREWAY DRIVE

Longo's for Quality Produce You Can Rely On



free-stone
prune plums

kg 1.08
lb. **49**

Product of U.S.A.
Canada No. 1



fresh
bartlett pears

kg 1.08
lb. **49**

Product of U.S.A.
or Ontario grown
Canada No. 1



extra large
green peppers

kg 1.08
lb. **49**

Ontario grown
Canada No. 1



fresh, extra large
celery stalks

Ontario grown
Canada No. 1

each **49**



inside
round steaks
and boneless
rump roasts

kg 6.59
lb. **299**

Cut from Canada Grade 'A' Beef



full cut
round steaks
and bottom
round roasts

kg 5.93
lb. **269**

Cut from Canada Grade 'A' beef



Ontario fresh
pork back ribs

kg 8.14
lb. **369**



Ontario Grade 'A'
fresh whole chickens

kg 2.84
lb. **129**



Biltner's cooked corned beef and pastrami
(eye and bottom)

kg 8.79
lb. **399**

"Shop at Longo's for Tender, Lean, Grade 'A' beef"



tenderized
sandwich steaks

kg 8.79
lb. **399**

Cut from Canada Grade 'A' beef



t-bone and wing steaks

kg 9.89
lb. **449**

Cut from Canada Grade 'A' beef



Barbecue Favorites
12 Beef Burgers

Maple Leaf

Maple Leaf beef burgers

750 g box
359



Royal Crest soft drinks

Cola • Ale • Orange • Tonic • Soda • Diet Cola • Diet Ale

Case of 24 x 280 ml. tins

750 ml. bottle

3.99



Fresh Daily!
Dempster's spring white and sliced 100% whole wheat bread

675 g loaf

.89



Hunt's thick 'n' rich spaghetti sauce

28 oz. tin

.99



Minute Maid
fruit drinks and lemonade

.59

Alcan
aluminum foil

12" x 50' box

249



Laura Secord pudding cups or Del Monte fruit cups

package of 4

199



Renee's Caesar dressing

375 g unit/200 g box

1.19

CLIP THIS COUPON AND SAVE



romaine lettuce

with this coupon and the purchase of one 375 ml. bottle of Renee's Salad Dressing on sale at

Only at Longo's

1c

219

Limit one per coupon per customer
Coupon expires August 27, 1988

LON/08/28/88