

OPEN CIVIC HOLIDAY MONDAY
8:00 A.M. TO 6:00 P.M.

Where everything is still green!

Longo's

SPECIALS EFFECTIVE MONDAY, JULY 25, 1988 THRU SATURDAY, JULY 30, 1988

SUPPORT THE SICK CHILDREN'S HOSPITAL

DURING OUR BARBECUE ON CIVIC HOLIDAY MONDAY, AUGUST 1st, 11:30 A.M. TO 3:00 P.M. Enjoy a hot dog, corn-on-the-cob and a soft drink for a minimum \$1.00 donation. Be generous, as all proceeds will be donated to the Sick Children's Hospital.

3085 HIGHWAY NO. 7 AT WOODBINE
OAKVILLE: HIGHWAY NO. 5 AT TRAFALGAR

BURLINGTON: 1225 FAIRVIEW STREET AT MAPLE

MALTON: 7085 GOREWAY DRIVE

Longo's for Quality Produce You Can Rely On



fresh, field tomatoes
kg 1.30
lb. **59**

Product of Ontario
Canada No. 1



fresh, new white potatoes
kg 2.18
lb. **99**

Product of U.S.A.
Canada No. 1



fresh, sweet red, seedless grapes
kg 2.18
lb. **99**

Product of U.S.A.
Canada No. 1



fresh, new crop bartlett pears
kg 1.30
lb. **59**

Product of U.S.A.
Canada No. 1



blade steaks and roasts
kg 3.72
lb. **169**

Cut from Canada Grade 'A' Beef



cross rib steaks and roasts
kg 4.39
lb. **199**

Cut from Canada Grade 'A' Beef



boneless stewing beef
kg 4.39
lb. **199**

Cut from Canada Grade 'A' Beef



pork back ribs
kg 8:13
lb. **369**

Fresh Ontario Pork



Deli Good waxed bologna
kg 3.50
lb. **159**

Maple Leaf freshly sliced



hot dog and hamburger buns
package of 8
lb. **69**

Fresh Daily! Sunshine



Maple Leaf wieners
450 g pkg.
lb. **199**

regular, all-beef, barbecue

Maple Leaf beef burgers
750 g box
lb. **359**



Dairy Fresh sealtest sour cream
500 mL tub
lb. **149**



McCain's Orange Juice
3 x 250 mL
lb. **99**

plus four new unique Treehouse Blends!



Pepsi & 7-Up
750 mL bottles
case of 24 x 280 mL tins
lb. **699**

Regular & Diet




Fleecy fabric softener
5 litres
lb. **399**

Electrasol automatic dishwashing detergent



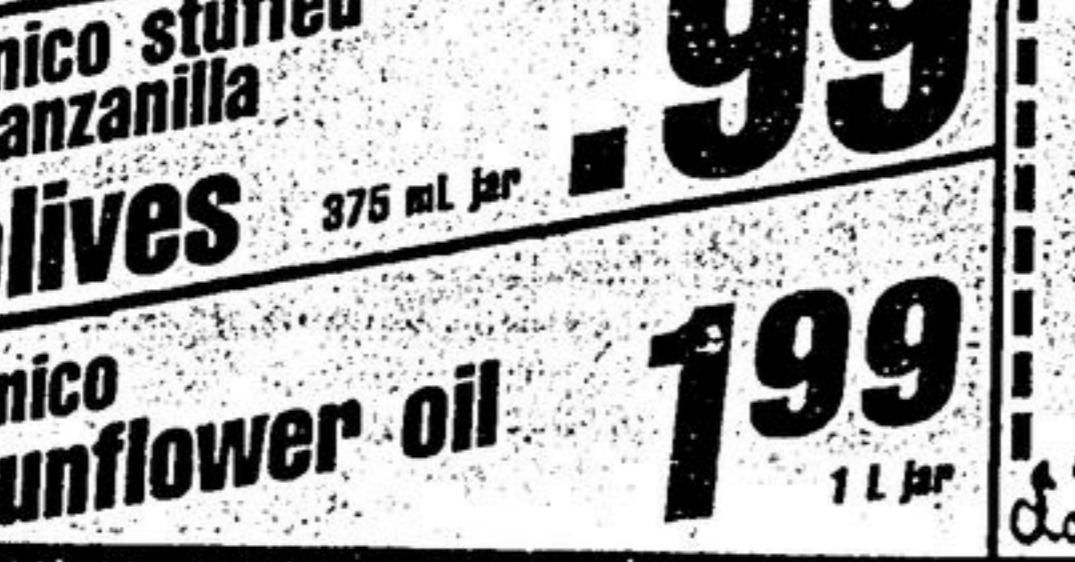
Chapman's ice cream
Jumbo 4 L pan
334 mL 2.49
lb. **349**

Snickers' ice cream topping



Unico beans
19 oz. tin
lb. **59**

chick peas • red kidney • white kidney • romano & lentils




Unico stuffed manzanilla olives
375 mL jar
lb. **99**

Unico sunflower oil
1 L jar
lb. **199**



Kellogg's corn flakes
875 g box
with this coupon
Special price without coupon: \$2.49
Limit one per coupon.
Coupon expires July 30, 1988
lb. **199**

Only at Longo's



Mr. Juicy frozen fruit juice bars
box of 6 x 66 mL
lb. **149**

McCain's **super fries**
1 kg bag
lb. **129**