

# Longo's

Where *everything* is still growing

SPECIALS EFFECTIVE MONDAY, JULY 11, 1988 THRU SATURDAY, JULY 16 1988

ENJOY THE FRESH TASTE OF ONTARIO GROWN PRODUCE at your nearest Longo's location

3085 HIGHWAY NO. 7 AT WOODBINE

OAKVILLE: HIGHWAY NO. 5 AT TRAFALGAR

BURLINGTON: 1225 FAIRVIEW STREET AT MAPLE

MALTON: 7085 GOREWAY DRIVE

## Longo's for Quality Produce You Can Rely On

 <p>fresh, sweet Thomson seedless grapes</p> <p>Product of U.S.A. Canada No. 1</p> <p>kg 2.18 lb. <b>99</b></p>	 <p>fresh, tender green beans</p> <p>Product of Ontario Canada No. 1</p> <p>kg 1.74 lb. <b>79</b></p>	 <p>snow white cauliflower</p> <p>Product of Ontario/U.S.A. Canada No. 1</p> <p>each <b>99</b></p>	 <p>fresh, sweet cantaloupes</p> <p>Product of U.S.A. Canada No. 1</p> <p>each <b>79</b></p>
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### Longo's for Quality Tender Meats

 <p>full round steaks and bottom round roasts</p> <p>Cut from Canada Grade 'A' Beef</p> <p>lb. <b>269</b> kg 5.93</p>	 <p>boneless top round steaks and boneless pump roasts</p> <p>Cut from Canada Grade 'A' Beef</p> <p>lb. <b>299</b> kg 6.59</p>	 <p>fresh Ontario Pork pork back ribs</p> <p>lb. <b>399</b> kg 8.79</p>	 <p>lean ground beef</p> <p>kg <b>199</b> kg 4.39</p>
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### Longo's and Recson suggest Cheese & Crackers for Summer Snacking

 <p>Deli Good</p>	 <p>Swedish baby swiss cheese</p> <p>lb. <b>399</b> kg 8.79</p>	 <p>Canadian old cheddar</p> <p>lb. <b>376</b> kg 8.29</p>	 <p>Maple Leaf 24 single wrap cheese slices</p> <p>500 g pkg. <b>299</b></p>
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### Longo's for Quality Brand Name Groceries, at low, low prices

 <p>extra lean freshly sliced cooked ham</p> <p>lb. <b>199</b> kg 4.39</p>	 <p>Danish cream cheese herb &amp; spice - garlic pepper - pineapple peach</p> <p>lb. <b>499</b> kg 10.99</p>	 <p>Champagne crackers</p> <p>200 g box <b>139</b></p>	 <p>Frozen Food</p>
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 <p>Fleecy fabric softener</p> <p>3.6 litre jug <b>299</b></p>	 <p>HEINZ 1 LITRE TOMATO KETCHUP KETCHUP AUX TOMATES SQUEEZABLE COMPRIMABLE</p> <p>Heinz ketchup</p> <p>Squeeze, 1 litre Bonus Pack!</p> <p><b>249</b></p>	 <p>Crush and Pure Spring soft drinks</p> <p>all flavors 750 mL bottles</p> <p><b>3.99</b> plus 40¢ deposit per bottle</p>	 <p>Blue Water haddock, sole, cod</p> <p>in light tempura batter</p> <p>350 g pkg. <b>299</b></p>
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<p>SAVE 30¢ WITH THIS COUPON</p> <p>Javex Fresh Scent bleach</p> <p>3.6 litre jug <b>149</b></p> <p>Special price without coupon \$1.79</p> <p>Only at Longo's Coupon expires July 16, 1988</p>	 <p>Lasagna and New! Cannelloni</p> <p>375 g box <b>139</b></p> <p>200 g box <b>199</b> 4 x 142 g pkgs.</p>	 <p>Viva paper towels</p> <p>2 roll package <b>89</b></p>	 <p>Cottonelle bathroom tissue</p> <p>4 roll package <b>149</b></p> <p>Scott Napkins, 120s..... \$1.49</p>
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