

Local students log top marks

An 18-year-old Stouffville area student has received one of Sacred Heart High School's most prestigious awards.

At a Graduation Night ceremony on June 23, Andrew Corcoran was named Catholic Student Of The Year.

The presentation was made by staff Vice-Principal Chris West. Andrew, a Grade 13 graduate, has been accepted at Trent University in Peterborough.

Choosing Andrew for this honor

was based on the following: "Andrew is known throughout the school for his vibrant enthusiasm and optimism that was contagious. Andrew's personal concern for others was a quiet but characteristic aspect of his Christian commitment."

The scroll is donated by the Catholic Education Foundation of Ontario. The trophy is provided by St. John Chrysostom Parish in Newmarket.

Other awards were won by the following: The Principal's Award — Paul Coleman; Academic Student Of The Year — Theresa Rudakas; Canadian Progress Club Award — Janice Wilcox; Ontario Separate School Trustees' Association Award — Dan Judd.

Forty-four Grade 13 graduates have been recommended for Ontario Scholarships. They are:

Theresa Rudakas, (92.5 per cent); Nancy Gomes, (91.3 per cent); Steven Bosnick, (90.5 per cent); Aurelie Hartawidjojo, (89.2 per cent); Patricia Donkers, (88.8 per cent); Valerie O'Brien, (88.2 per cent); Sonia Valvasori, (87.8 per cent); Erin Dalman, (87.5 per cent); Patrick Kennedy, (87.3 per cent); Steve Gervais, (87 per cent); Nicholas MacDonald, (86.3 per cent); Belinda McWhirter, (86 per cent); Richard Banglmaier, (85.7 per cent); Laura Dinino, (85.3 per cent); Amanda Pinho, (84.7 per cent); Assunta DiPlacido, (84.5 per cent); Ann Marie Tseretopoulos, (84.2 per cent); Merrill Jeffrey, (84 per cent); Davide Petramale, (84 per cent); Heidi Lips, (83.5 per cent); Michelle Martin, (83.2 per cent); Brad Bobesich, (83 per cent); Nancy Payette, (83 per cent); Claudia Baidissera, (82 per cent); Natasha Steger, (82 per cent); Elena Perruzza, (82 per cent); Christine Grant, (81.8 per cent); Lynda Onorati, (81.7 per cent); Kelly Douris, (81.5 per cent); Michelle Zigrovic, (81.5 per cent); Jacqueline Cordone, (81.3 per cent); Paolo Chieco, (81.2 per cent); Dominic Ferris, (81.2 per cent); Judith Rivard, (81.2 per cent); Brad Boland, (81 per cent); Paul Coleman, (80.8 per cent); Andrew McAllister, (80.7 per cent); John Blommestyn, (80.5 per cent); David Unsworth, (80.5 per cent); Robert Wray, (80.3 per cent); Mark Ascione, (80.2 per cent); Christine Wrightson, (80.2 per cent); Dorothy Ireton, (80 per cent); Tony Palumbo, (80 per cent).



Slice of life

SLOW AND STEADY: He didn't win, but young Joseph Backstrom of Uxbridge made sure he enjoyed every bite of his strawberry pie. He was just one of many contestants participating in the Pie Eating Contest in the park during Whitchurch-Stouffville's Strawberry Festival. Forks, or even hands, were forbidden in the event, and kids gladly dove in face first. — Chris Garbutt

Village Box Meats

SUMMER TIME SAVINGS!

STUFFED CHICKEN BREASTS
a la Suisse (ham & cheese)
a la Kiev (dill & Butter)

\$17.99
6 x 6 oz

SCHNEIDERS OKTOBERFEST SAUSAGES

\$17.99
3 kg.
(Approx. 37 sausages)

Oven Heat

CHICKEN BREAST STRIPS
100% Chicken Breast Tenderloin
(Solid White Meat)

\$14.75
3 lb.

Oven Heat

CRISPY LITE FILET OF SOLE

\$12.75
3 lb.

BACON WRAPPED

FILET MIGNON

\$23.99
12 x 4 oz.

DOUBLE CHOCOLATE TORTE

\$9.99
for chocolate lovers only!

PEELED & DEVEINED

GULF SHRIMP

\$15.99
1 1/2 lb. BAG

OFFER EXPIRES July 19/1988 OR WHILE QUANTITIES LAST!

8555 MCCOWAN RD. MARKHAM
(1 blk. North of Hwy. 7)
Near The Bway Store
471-5260

5 GLEN CAMERON RD. THORNHILL
(Behind Red Lobster
Beside Valdi)
764-0698

HOURS
MON.-WED. 9:30-6
THURS.-FRI. 9:30-9
SAT. 9-6
SUN. 10-5

HOURS
MON.-WED. 10-6
THURS.-FRI. 10-9
SAT. 10-6
SUN. 11:30-4:30

blue heron
VILLAGE CLOTHING INC.

Summer Flight Sale

2 for 1

30% off single items
except Tilley

205b Main St. Unionville 477-8659

OVER 250,000 GRADUATES RECOMMEND

Young Drivers of Canada

TRAINING CENTRES FROM COAST TO COAST

CRUISE ... CONTROL

UPCOMING COURSE DATES
4 Day Vacation Course
Monday, July 11
Tuesday, July 19

AGINCOURT/SCARBOROUGH/WEST HILL

470-0225

KENNEDY/SHEPPARD

WEEKDAYS DOORS OPEN 6:30 SATURDAY & SUNDAY CONTINUOUS FROM 1:10 FREE PARKING Directly in front of cinema entrance on NORTH parking lot.

markville cinema 4

FAMOUS PLAYERS IN THE MARKVILLE SHOPPING CENTRE HWY. 7 & MCCOWAN RD. Telephone 927-SHOW

NOW PLAYING!

1 Coming To America

Mon.-Fri.: 7:00, 9:30
Sat. & Sun.: 1:30, 4:00, 7:00, 9:30

2 Crocodile Dundee II

Mon.-Fri.: 6:50, 9:05
Sat. & Sun.: 2:20, 4:30, 6:50, 9:05

3 Red Heat

Mon.-Fri.: 7:20, 9:25
Sat. & Sun.: 1:35, 3:55, 7:20, 9:25

4 Who Framed Roger Rabbit?

4300 Steeles Ave. E. at Kennedy Rd. Markham

Licensed by L.L.B.O.

Mystery...Intrigue...Excitement

MURDER

at CULLEN

COUNTRY BARN

Presented by EDDIE MAY MYSTERIES

Starts Friday, July 8, 7:30 p.m.

An Evening's Entertainment & Full Course Dinner

ONLY \$39.95 per person

incl. Tax & Gratuities

477-4475

Reservations Required ext. 214

ADVERTISEMENT

68 LB. WEIGHT LOSS TAKES WOMAN FROM 'HIDING' TO FASHION MAGAZINE

By Don Davis
Special Writer

At 188 lbs. Sue Holden walks into a room and hides behind her husband. She would never be able to tell you the colour of a person's eyes but she could certainly describe their shoes in great detail.

"I just couldn't bear people looking at my husband and I and asking the question, 'What's a good looking guy like that doing with a girl like her?'" says Sue.

"As a child, I was always chubby, but the problem got worse when I started living on my own. Being in a strange city, I was very lonely and used food as a pacifier. I weighed approximately 165 lbs. when I got married and with an active social life during our first year of marriage I quickly gained another 25 lbs."

"I tried every fad diet on the market. I was very impatient and wanted to lose all the weight by 'yesterday!' As an incentive I bought clothes that were a size too small and ended up giving them away to my girl friends. I had become housebound out of embarrassment. At 188 lbs. I felt very lethargic and would fake illness or use my long hours at work as an excuse to avoid social commitments."

"I decided to join the Nutri/System program to improve my health and appearance."

Thousands of satisfied clients, just like Sue, have made Nutri/System Weight Loss Centres one of North America's largest chains of weight reducing centres.

It's a sound, comprehensive program based on common sense and the most advanced nutritional knowledge. It is a professionally supervised program that uses no drugs, pills or injections. It includes personalized counselling, its own food program, behaviour education classes, light, optional exercise and a long range maintenance program that makes sure the weight stays off.

Throughout the program, the Centre's professional staff closely checks and monitors the client's progress.

With the help of Nutri/System's Weight-minder computer, a weight goal is set for each client. The computer also sets a target date for achieving the goal.

Nutri/System guarantees that the client will achieve this goal in the predicted number of days or the client stays on the

extremely important component of the total program. Maintaining proper weight after it is lost is the ultimate challenge of any weight loss program.

Nutri/System's aggressive maintenance program offers a full year of support and guidance to the dieter who has achieved his/her proper weight. Sue continues her classes and regular check-ups.

She continues to look and feel great. She found the counselling at Nutri/System very valuable. "The professionals at Nutri/System are not only there to give encouragement and support but to pass on the nutritional information needed during the maintenance program to enable you to keep the weight off permanently."

"Nutri/System made it easy. Being featured in an article for the January issue of Chatelaine made me feel like a million. Today I hold my head up high as I walk into a room on the arm of my handsome husband. I'm far more outgoing, love going out or entertaining friends at home. I laugh all the time, my life is wonderful and I'm having a ball!"

"Thanks to Nutri/System, my only problem is finding a wide enough variety of clothes in a size 5!"

SUE BEFORE NUTRI/SYSTEM
Mrs. Sue Holden goes from size 20 to size 5

SUE AFTER NUTRI/SYSTEM
Seen here as featured in the January 1987 issue of Chatelaine magazine.

to believe that she could eat rich puddings and cupcakes for dessert and still be on a diet.

Sue states that "an important factor is not to feel deprived on a diet. My husband and I especially enjoyed our Sunday breakfast together — pancakes and syrup for both of us."

"Nutri/System made it easy for me with delicious, well balanced meals. Preparing meals for your family is not a chore or a temptation when you know that in a few short minutes you can sit down and eat a meal which is equally as appealing. Chili with Beans, Lasagna, Spaghetti and Meatballs and Chicken a la King were just a few of my favourites."

Every week Sue attended Nutri/System Behaviour Education classes, an ex-

IMPORTANT NOTE TO READERS

nutri/system

weight loss centres

There are Nutri/System Weight Loss Centres located throughout the area. To arrange for a free, no obligation consultation, phone the following location.

Serving MARKHAM, UNIONVILLE, STOUFFVILLE, UXBRIDGE

470-6767

Over 900 centres in North America