

# Have your say:

Question: What are you looking forward to this summer?



**JASON BROWN**  
I'm going down to Nova Scotia to visit my relatives. We're going swimming, fishing and boating.



**MIKE HARNETT**  
I'm just looking forward to getting out of school and doing a lot of swimming.



**MICHELLE MONGRAIN**  
Going fishing with my dad. I'm also looking forward to going up north to see my grandfather.



**SABRINA DENOMME**  
Going to the cottage and swimming.

## SDSS news

### Grade 13 students depressed

By JEFF CARNEY  
SDSS Reporter  
Throughout these past two years, I have, as SDSS reporter, tried to bring you all the news and important events and prevailing sentiments at Stouffville's high school.

This past week at SDSS saw a relatively large number of significant events, such as Student Council Elections, the Last Dance of the Year which was for the most part alcohol-free, and a visit by the military band H.M.S. Stadacona from Halifax, Nova Scotia.

But I am not going to talk about any of these things this week. Rather, I am going to focus my energies on a topic which is rapidly becoming a major issue for senior students at SDSS.

This topic is depression. Our Grade 13 year has been many different things to many different people. Some felt they received a superior education, while others felt they just "put in hours."

But no matter how SDSS's Grade 13s felt about their senior year, we are all becoming more and more depressed as our high school careers draw to a close.

It is not too difficult to locate the source of this depression. It lies in the fact that we will undoubtedly lose contact with so many of the people we have spent the last five years with.

Letters may or may not be exchanged between close friends over the years, but the majority of friends we have made will eventually become strangers in the crowd as our horizons expand and our lives unfold. And this fact is quite simply depressing.

I would make a few suggestions to alleviate the problem, but I can think of very few good ones. It is hard to be objective about something when you are emotionally involved. And I am.

I will miss my buddies and the fun we have had. But, as strange as this may sound, it is as if I have always known the fun would not last forever. It is as limited as the days of our high school careers, and it is soon over.

The depression and anxiety we feel now is real. Don't try to hide it. Rather, share it with others who are in the same situation.

After all, we have shared so much with our close friends this year, it is only natural to share this, the final challenge, with them as well.

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