

Track star

Michelle's mind set on winning track

(From B-1)
day and Thursday nights at York University.
"I find the discipline part of training difficult," she says. "It's easier with a group or with the Mazda organization."
Her 1988 season got underway with the regional indoor meet in early April, which saw her finish

third in hurdles, fourth in long jump and second in relay.
The outdoor competitions got underway in early May, and will lead up to the Ontario (OFSAA) meets, for which Michelle has again qualified.
She will then have June and July to prepare for the Peace Games in Indianapolis in early August, where she will be competing beside the rest of the Mazda Optimist team.
Her ultimate goal is to study physical education after high school, "preferably in an American college, because they have better facilities." She then hopes

to teach physical education in either a high school or post-secondary setting.
To that end, she has taken a job as sports director at Tanglewood Day Camp in Kettleby this summer.
She was a member of the Markham Gymnast Club until last November, but she decided to zero in on track.
"Everybody has always encouraged me at track. That's kept me going."
It has been that encouragement that has spurred her on, along with her will to win and love of competing.

"I love to run and do hurdles," she says. "But it takes a lot of training. Mr. and Mrs. Croucher, Mrs. LeRoy and Mr. Fletcher (teachers at SDSS) have encouraged me. Sometimes when I'm scared or when I have a negative attitude towards my performance, they assure me I'm going to do fine."
Michelle insists that even though she has winning on her mind every time out, she has great respect for her competitors. Her involvement in track, especially at the regional level, has introduced her to many new friends.

"I know so many people from other schools," she says. "That's what's so great about York and Durham Region. It's always friendly competition. People congratulate each other and wish the others good luck."
At her own school, Michelle claims that SDSS spirit couldn't be better, and the sports program benefits from it.
"Everybody participates in the intramurals and the teachers have great school spirit too."
She would like to see the installation of a proper running track on school property. Michelle feels this would encourage bet-

ter, safer performances for school athletes, while at the same time offering townspeople a place to run.
"We have to run on grass now," she explains. "That can be dangerous. You can twist an ankle. That's why I like to go down to York. You're not afraid to run your fastest on a real track."
She hopes that the school board will see fit to install even a stone track, and suggests the town could help with the funding.
"There's nothing to train on now. People have to run on the streets. The property is there—it's just a matter of doing it."

Stouffville's Tracey Garbutt captures gold

Stouffville's Tracey Garbutt had good day at the track Saturday.

The 19-year-old Manitoba Street resident had three first-place finishes and one second in the Ontario Special Olympics Region 6 Track Meet held at Twin Lakes Secondary School in Orillia.

Tracey won the 200- and 400-metre sprints as well as the long jump. She came a close second in the 100-metre dash.

Tracey would normally qualify for the Ontario meet, but no meets at the provincial level are being held this year.

Follow the Jays with Kinsmen

By BRUCE STAPLEY
The Stouffville Kinsmen will be heading down to Exhibition Stadium in Toronto for the second in a series of five Blue Jay junkets this Tuesday.
Tickets are \$30 each, including transportation to and from the game by bus and snacks at La Villella prior to departure.
All proceeds are going to the Canadian Cystic Fibrosis Foundation and Kinsmen spokesman Stan Szymkow hopes the fund raiser is a big success.
"We just about broke even on the first outing April 13," he says. "We hope to make money this time."
The group will also attend games on June 22, July 4 and September 14.
Everyone who goes will be eligible for an assortment of prizes which are won by draw on the way to the game. The Kinsmen have obtained autographed home run bats from Blue Jays Jesse Barfield and Ernie Whitt, which will be raffled off in the summer. Tickets will be sold on the bus at each outing.
Anyone interested in going down to see the Jays with the Kinsmen should phone Bruce Gribbon at 640-4000, Sandy MacKenzie at 640-4546 or Ken Nastor at 640-6875.

Bob McKinnon steps down as SAHL president

Bob McKinnon is handing over the leadership of the Stouffville Amateur Hockey League.
McKinnon has been president of the league for two years. Henry Stevens now takes over for a two-year term.
"I wish him good luck," McKinnon said Monday. He said the new president will get plenty of assistance from sponsors and executives.
"They were a great help over the past two seasons," he noted.
McKinnon also announced the addition of two more teams to the 40-and-over category. There are now six teams in the division. There are also six in the 30-and-over category.
"We got some extra ice-time, so that's why we were able to add the new teams," he explained.

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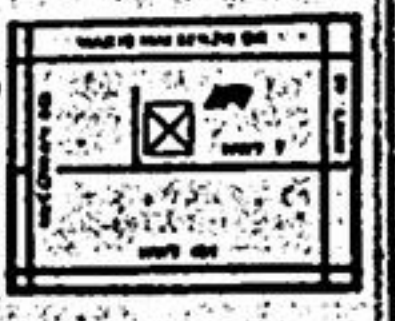
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