



Sandy Ramer of Stuart Street, Stouffville hands her registration form to Whitechurch-Stouffville Recreation Programmer Peter Arnott. Sandy is the first athlete to enter the Whitechurch-Stouffville Triathlon,

which is scheduled to be part of the Strawberry Festival. Although she hasn't done this event before, she trains daily in the three events that make up the course. — Chris Garbutt

## Sandy signs first for triathlon

By CHRIS GARBUTT  
A local athlete is the first to sign up for Whitechurch-Stouffville's Canada Day Triathlon.

Sandy Ramer of Stuart Street, Stouffville, showed up at the Recreation Complex Wednesday to hand in her registration.

"This is my first triathlon," she explains. "But I'm sure I'll do pretty well."

The event consists of one kilometre swimming followed by 20 km cycling and 8 km running. Sandy has not yet practised the three events in order, but she does train for them separately.

"I swim Tuesday and Thursday, and I run Monday, Wednesday and Friday," she explains.

"And I just started cycling, so I'm doing all three parts now."

"At 28, the physical education teacher will be competing in the 17-29 age category. Doing the triathlon keeps a promise Sandy made to herself.

"I said I was going to do one before I was 30, and now I am."

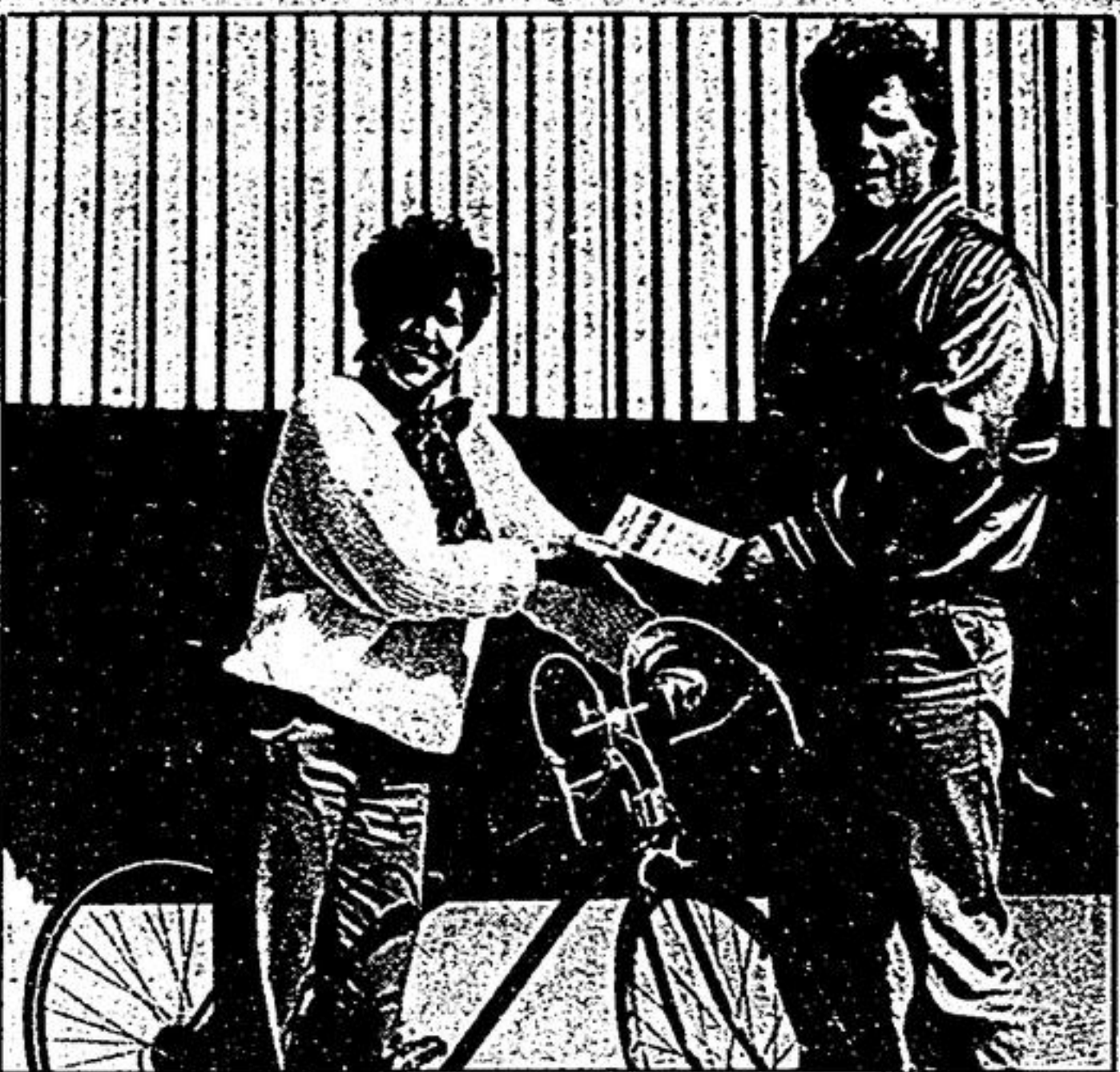
Sandy would like to finish the course in two hours.

"I'd be happy with that," she says. "I haven't done the actual course yet, but I can cycle to Markham in 40 minutes, and if I run a seven-minute mile, I'll be okay. There's no way I'm not going to finish it."

The event is open to anyone 17 and over. The age categories are 17-29, 30-39, 40-49 and over 49. The top three in each division are

awarded prizes. The event will be part of this year's Strawberry Festival. The course begins at the town pool at 7:30 a.m. July 1, and ends in the park.

Entrants may register at the Recreation Centre in Stouffville. There will be a pre-race meeting at Latham Hall June 22 at 7 p.m. for competitors and last-minute registrations.



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## Heavy hitting set the scene in opening softball league action

The first week of house league softball action saw some heavy hitting. Results follow:

### PEEWEE BOYS

Triples by Sean Murray and David Marshman paved the way as Ballantrae Lions edged by B.J. Variety 11-9. Mike Maxwell and Aaron Brock each hit triples for B.J.

### MITE BOYS

Pitcher Jason McClure led Country Stop Burgers to a 15-3 drubbing of Goodwood with nine strikeouts and a home run. Daniel Tardella added a homer and Jesse Gray had a triple for Country

Stop. Goodwood's Summitt Rouss hit a double.

Four home runs highlighted the Stouffville Kinsmen's 14-9 win over Giles Chev-Olds. Jason Wood, Michael Masci, Chris Weatherill and Norm Davis

pounded the four-baggers for Kinsmen, and Doug Frew added a triple. Christopher Hurst's triple led the Giles attack.

In a closely contested game, Claremont beat Floyd Preston 10-7.

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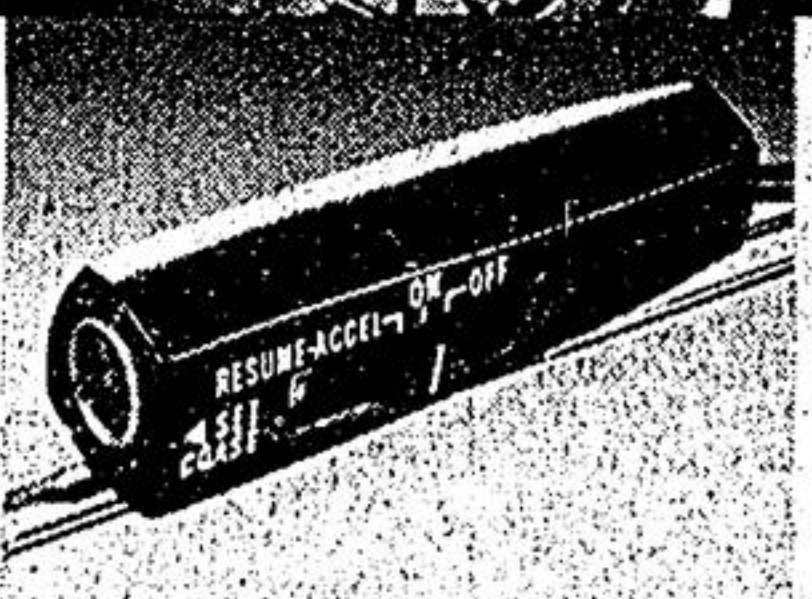
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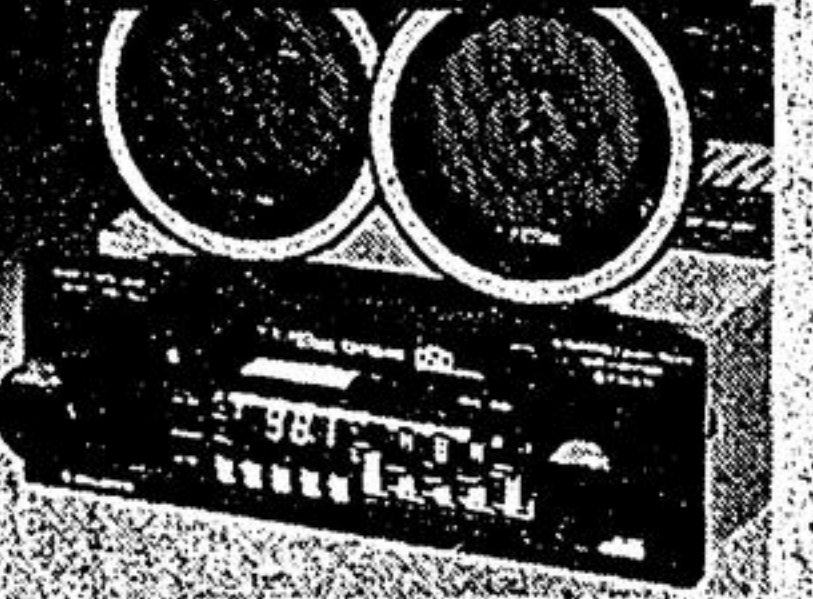
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