

**Education about AIDS**

**If sexually active take precautions**

By BRUCE STAPLEY  
STOUFFVILLE — At a meeting with parents of Grade 7 and 8 students, Feb. 3, officials from Summitview school and the York Region Health Unit outlined the content of the school's Family Life and Sexuality Education Program.

The instruction, part of the school's Health Education

Course, now includes a mandatory segment dealing with AIDS Awareness.

Teacher Steve Rensink, responsible for teaching the program to the senior grades, stressed the key to the Board's approach is to promote "wellness."

"The whole focus is on wellness," he said, "we're encourag-

ing social, physical, and emotional well being.

The idea of having the parents come out to the meeting was to keep them abreast of the Program, particularly the sexuality segment he would be teaching over the next two months. He stressed this should just be a beginning, however, and that it would be up to the parents to continue the dialogue with their children at home.

"The program shouldn't be a one-shot thing," he said. "It must be ongoing, and it must be augmented by parents or guardians getting involved."

He explained that meetings such as the one held Feb. 3 would let parents know how the school is dealing with the subject.

An outline passed out to parents showed that the content of the Family Life/Sexuality Education Program underscored the idea that the school was concerned with doing more than simply warning students that sex is dangerous. Areas to be dealt with include the awareness and understanding of self; the positive and negative aspects of interpersonal relationships; the understanding of personality; responsibility to family, friends and society; as well as awareness of sexuality and contraceptive approaches.

"Abstinence is what the Board is encouraging," insisted Mr. Rensink, "but, in the event that students should choose not to abstain, we want to be sure they are educated in ways to protect themselves."

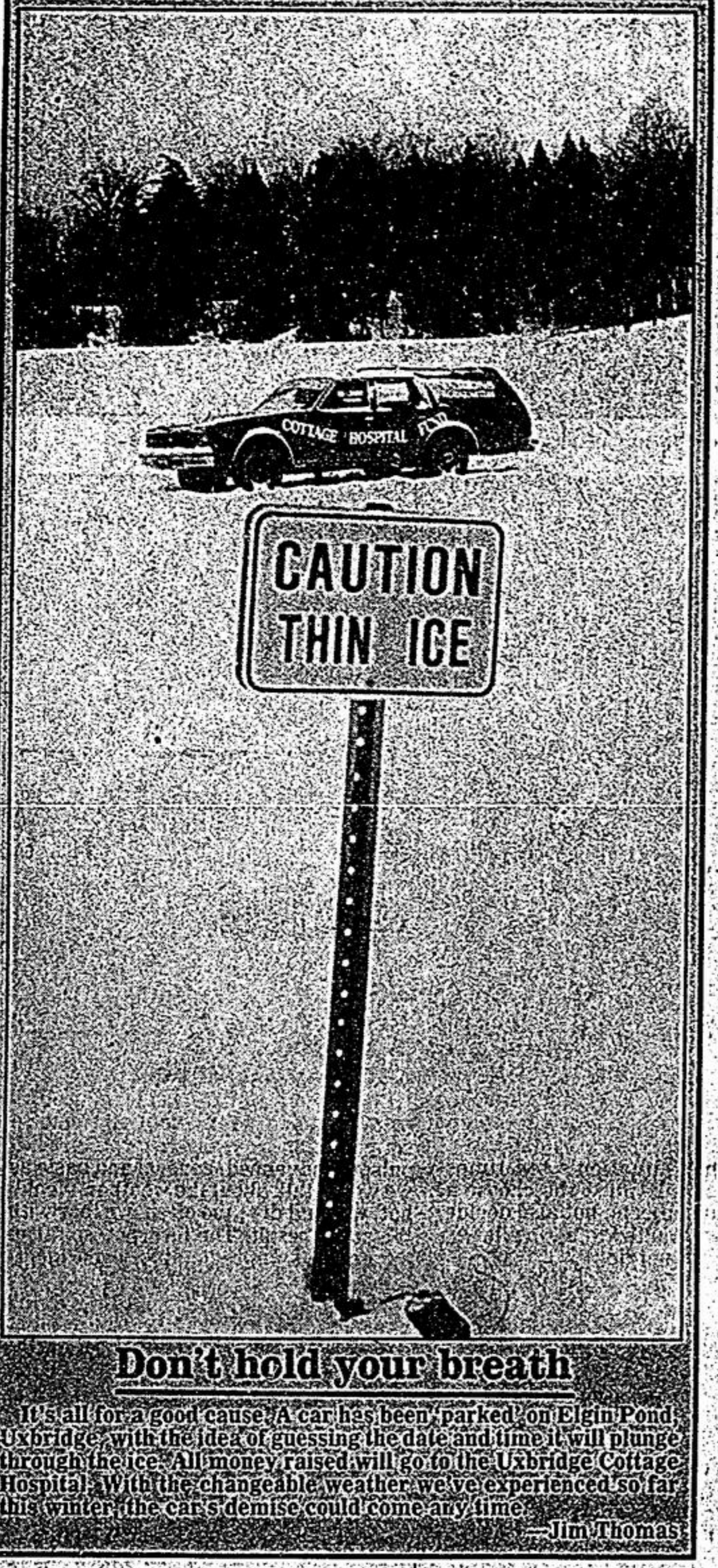
York Region Health Unit representative Mary Monteith gave a presentation on AIDS Awareness, stressing that it's vital that students properly understand what the disease is, and what it isn't.

"We want to teach understanding and compassion, as well as awareness," she said.

The speaker distributed a booklet outlining the Region's goals for the AIDS Education Program. The strategies, according to the booklet, "Will help students understand that sexual abstinence is the most effective means of preventing the spread of AIDS for single people, and that monogamous relationships between uninfected partners are the most effective means of preventing the spread of the disease..."

Mr. Rensink explained that classes would identify behavioral options and alternatives related to treating their bodies well, and that high and low risk situations would be discussed.

Principal Bob Elliot concluded the meeting by explaining the importance of school's presenting a healthy alternative to what the students are being constantly exposed to by such television programs as 'Loveboat'.



**Don't hold your breath**

It's all for a good cause. A car has been parked on Elgin Pond, Oxbridge, with the idea of guessing the date and time it will plunge through the ice. All money raised will go to the Oxbridge Cottage Hospital. With the changeable weather we've experienced so far this winter, the car's demise could come any time.

—Jim Thomas

**'Spring Fling' planned**

STOUFFVILLE — The Stouffville Business Improvement Area board will sponsor a 'Spring Fling' Sat., April 9, at The Maples of Ballantrae.

The fund-raising event will include a dinner, a dance and a fashion show.

Tickets will go on sale soon at

\$25 per person. Further details will follow as the date nears.

The event was one of several items discussed at a meeting Feb. 10.

Other matters on the agenda included a proposed 1988 BIA budget; a presentation to the committee by Bruce Averill con-

cerning a letter package with area merchants, and arranging the General Meeting, March 2, at the Public Library.

Alan Dickson stressed the importance of an identify for Stouffville. Members plan to discuss this further, possibly at the General Meeting March 2.

**Chamber annual meeting**

STOUFFVILLE — The annual meeting of the Whitchurch-Stouffville Chamber of Commerce will be held Wed., April 13 at the Deer Park Inn.

The executive for 1988-89 will be

electd at this time.

Present officers are: Ken Sandford, president; Graydon Card and Gary Bouwmeister, vice-presidents; Doug Weddell, treasurer; Donna Toms, secretary;

Brian Meharg, Sue Meyers, Francis Cairo, Ed Lundman, Larry Rogalski and Jim Mason, directors.

Chamber membership now stands at 157.



Mary-Lou Reesor of R.R. 2, Markham, didn't know what she was missing until her boyfriend coaxed her into a date aboard his Cessna 150. Mary-Lou's been on 'Cloud Nine' ever since. She now has 11 flying hours to her credit and will soon have a plane of her own. Some day, she hopes to have a plane of her own. —Bruce Stapley

**Nothing like it**

**Wild blue yonder beckons Mary-Lou**

By BRUCE STAPLEY

For 25 years, Mary-Lou Reesor, 18th Avenue, R.R. 2, Markham, watched planes fly over her parents' house, taking off from Markham Airport near Dickson's Hill. However, it wasn't until a new boyfriend took her out on a date in his Cessna 150 that she decided to take to the skies herself.

"I'd been watching the planes ever since I was a kid," Mary-Lou explains, "but I never gave flying a thought until my boyfriend took me up. It was the first time we'd even gone out together."

That first date back in April resulted in Mary-Lou signing up for lessons in July. She now has 11 flying hours to her credit. She needs 24 hours in total to qualify for a private pilot's license.

"I'm close to soloing now," she states excitedly.

Mary-Lou tries to make it to the Airport every Monday for lessons, supplementing her air time with ground school. Wednesdays, there, she learns all about engines, air frames, navigation and meteorology. She's the first to admit, however, it takes both money and time.

"I look at my schedule and then at my bank book and decide if I can afford to go that week," she says with a smile.

Mary-Lou's schedule is extremely busy. A professional photographer, she graduated from the Photographic Arts Program at Conestoga College and later joined the staff of George Ross Photography, Main Street, Stouffville, where she's been the past four years. In addition, she's a director on the staff of Glenbrook Day Camp, McCowan Road.

But her activities don't stop there. Mary-Lou's a member of the Pax Christi Choir, associated with the Mennonite Church. She's also active in her own church, (Wideman Mennonite), where she's served as a Sunday School teacher.

Mary-Lou lives with her parents and sister in a beautiful century-old farm home east of Hwy. 48.

By her own admission, Mary-Lou's a practical type of person. She claims her hobby turns in-

terest in flying stems from a determination to try new things.

"I don't see myself as aggressive," she says, "but I do see myself as adventuresome. Some day I hope to have a plane of my own."

Mary-Lou claims she's developed a real love for flying.

"It's exciting being up where very few people are. It's a thrill. I'm glad I was inspired to try it."

Training runs usually take her over Lake Simcoe or other uninhabited regions. She's learned never to become too casual at the controls.

She recalls one unforgettable incident. "My instructor was teaching me how to come out of stalls. I was getting the hang of it when my foot suddenly hit the rudder. We began spinning towards the ground. I tried to pull out but couldn't. My instructor took over and soon we were okay."

Mary-Lou insists she can do spins now, but that first time, it was a blur.

Mary-Lou hopes to have her license by the end of the year. She still goes aloft with her boyfriend, touching down at Lindsay and Peterborough for cups of coffee.

Mary-Lou says she enjoys the atmosphere around the Airport. Through association with other pilots, she picks up many helpful pointers.

"It's a friendly place," she says. "It's steadily growing but still maintains the same atmosphere."

Mary-Lou insists the fact she's probably the only female pilot in training hasn't presented a problem. "The men seem to think it's interesting. They never give me a hard time. They treat me like one of the guys."

This sense of camaraderie contributes to her love of all enjoyment. "We all talk about the same things. It's a lot of fun."

Mary-Lou admits she's been bitten by the flying bug.

"It's a different dimension up there, different from anything I've ever known," she says.

For Mary-Lou Reesor, happiness is riding Cloud Nine. She hopes her new hobby never returns to earth.



**Stouffville entries in weekend Talent Contest**

Jim Cadieux, (left), and Wayne Keeler, (right), were entries in a very successful Talent Contest, Friday and Sunday evenings at La Valletta and The Greens Restaurants, Stouffville. The show was held in conjunction with the annual Sno-Pitch Carnival. While neither gentleman

advanced to the finals, their presentations were well received. The talent champion was ten-year-old Lawnie Wallace of Ballantrae. —Jim Thomas

**Editor's Mail**

**Another forty?**

Dear Jim: Sincere congratulations on your recent well-deserved roast. What an honor to be selected. I readily accepted the request to 'roast' you, Jim, until I realized I had an unavoidable conflict that necessitated my being out of town that evening. For that, Jim, I apologize. However, with your stamina

and unflagging determination, I trust I'll have the pleasure of being asked to roast you on your second 40th anniversary. Sincere best wishes on the continuation of a successful career.

Sincerely,  
Graydon Card,  
O'Brien Avenue,  
Stouffville.

**Ron Herrema**

**Outstanding Junior Farmer**

UXBRIDGE — Ron Herrema, son of Durham Regional Chairman Gary Herrema, has been named 'Outstanding Junior Farmer' of 1987, by Durham West Junior Farmers.

Ron was selected on the basis of his active leadership in Club programs and events throughout the year.

Others honored were — Roseanne Cryderman, Sunderland; Jamie Lambert, Beaverton; Anne Vandervent, Uxbridge; Anne Vandervent, is the Club's 1988 president. The executive also includes — Suzie Hills-Stanley of

Norwood, provincial director; Roseanne Cryderman, 1st assistant provincial director; Jane Teefy, Sunderland, 2nd assistant provincial director; and Mike Risebrough, Uxbridge, vice president.

Other officers include — Debbie Rams and events throughout the year. Marie Nicholls, Lindsay, treasurer; Sharon Annand and Anna Harrison, Uxbridge, newsletter editors; John Vandervent, Uxbridge, agriculture contact; Ed Cryderman, Sunderland; and Jamie Wetherall, Cannington, farm safety representatives.