

**SUPER WE DO THAT LITTLE BIT MORE**

# Dominion

NEW DOMINION STORES

Save on Fine Quality  
**Dominion Brands**

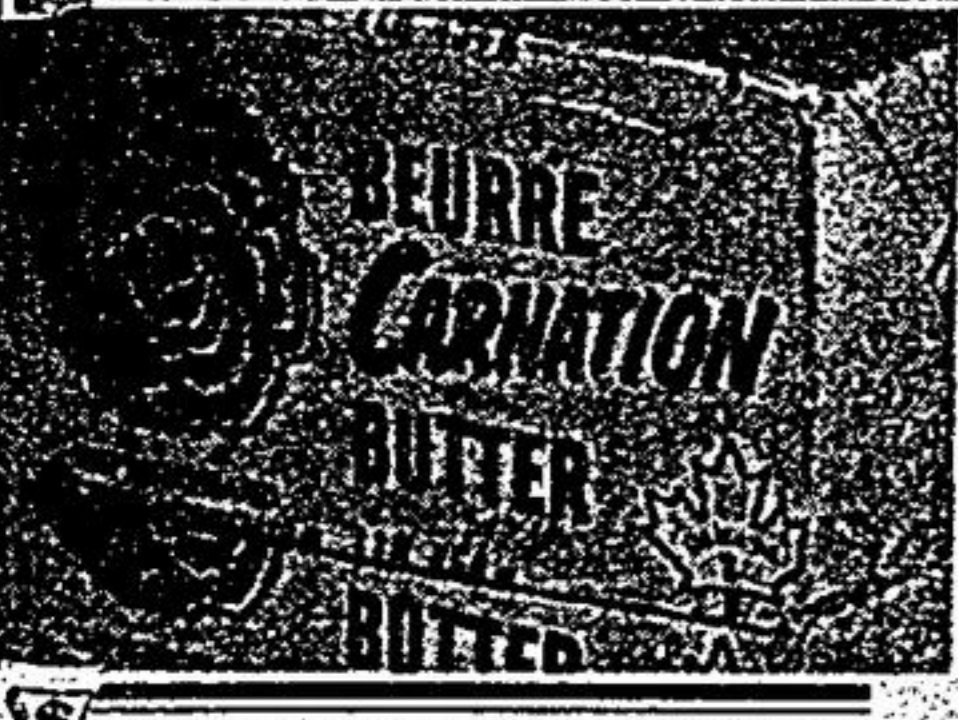
**SAVE .80**  
DOMINION ANNIVERSARY  
**Chocolate Chip Cookies**  
450 g TIN TE BAG  
**1.59**

**SUPER BUY**  
TOMATO, VEGETABLE OR MUSH-ROOM  
**Dominion Soup**  
10 FL OZ TIN  
**3/1.00**

**SUPER BUY**  
DOMINION  
**Corn Flakes Cereal**  
675 g BOX  
**1.59**

**SUPER BUY**  
JANE PARKER  
**Spanish Bar Cake**  
540 g SIZE  
**1.19**

**TUESDAY ONLY SPECIALS**



FIRST GRADE  
**Carnation Butter**  
454 g PKG  
**1.99**  
LIMIT 3 per family purchase

**SUPER BUY**  
DOMINION DINNER  
**Macaroni & Cheese**  
225 g PKG  
**3/1.00**

**SUPER BUY**  
FROZEN, CONCENTRATED, UNSWEETENED  
**Dominion Orange Juice**  
12.5 FL OZ TIN  
**.79**

**FRESH MEAT**  
CUT FROM CHICKEN BREAST OR WING, 1/2 BONE, OVER STYLE, OVEN READY  
**Prime Rib Roast**  
8.80 **3.99**

**FRESH PRODUCE**  
CANADA NO. 1, PRODUCT OF SPAIN, THE NATURAL SNACK  
**Almeria Green Grapes**  
2.18 **.99**

**Fresh from deli**  
Available at most stores  
**Cooked Ham** 66 **2.99**

**The Baker's Oven**  
Available at most stores  
FRESHLY BAKED  
**Pumpnickel Rye Bread** **.89**

**Many Stores OPEN 24 HOURS**  
Prices effective Tuesday, October 13th thru Saturday, October 17th, 1987 except as indicated  
All Super Dominion stores will be closed October 12th, 1987, THANKSGIVING DAY  
We reserve the right to limit quantities to normal family requirements. Savings shown in this ad based on our current regular retail. No sales to dealers please.  
**WE ACCEPT ALL FOOD STORE COUPONS**  
747 DON MILLS at Eglinton Ave.    URBONVILLE Hwy 7 & McCowan    WILLOWDALE 291 York Mills at Bayview    THORNHILL SQUARE 300 John St. at Bayview

**Honey Jo BEAR**  
Everybody loves 'em  
**\$14.99** When your purchase totals \$25.00 in a single day  
\$24.99 without purchase  
20" tall comes in dark brown or tan with a red bow tie

## Needlework

# Tips on custom designs

### Craftnotes

*Karen Grimes and Linda Conde*

Have you ever thought about designing your own needlework? Whether it be needlepoint, cross stitch, or some form of embroidery, your idea can be easily graphed and stitched, happily satisfying your need for self-expression.

Here are some "how-to" suggestions for creating your own individual pieces. The satisfaction of "making your own" rather than executing a ready made design is well worth the extra time and effort required.

For those of you who are talented in drawing, you will have no problem creating your own piece. But, even if you feel you have absolutely no creative talent, almost anything can become your inspiration.

A coat of arms, a favorite picture or flower, your pet, a hobby, or a wallpaper design can be made into your "masterpiece". You can change the size of your design. Enlarge it for boldness or shrink it for a repeat all over pattern. Then add your own decorator colors with ink, magic mar-

kers or oil paints.

Once your design is drawn it then must be transferred onto your canvas. There are three basic methods of achieving this goal. One way is to graph your design, each square of which represents one stitch, with symbols indicating color. Another way is to work from a pattern drawn on to your canvas, outlines in your chosen colors. Thirdly, oil paint the picture right onto the fabric with colors corresponding to your thread colors.

To make a graph or chart, you need to draw your design on a piece of graph paper, keeping a scale in mind. For example, 10 squares to the inch of paper represents 10 mesh to the inch of canvas, each square being one stitch.

Then fill in your colors.

Another method is to rule lines representing the exact threads and size of your finished piece. Next, place the heavily outlined design under the canvas and trace the lines that show through. Plan your placement of stitches as you work.

If you are using a small meshed canvas, your design can be transferred directly on to it. Secure the canvas to a flat surface and cover it with dressmakers' tracing paper. Place your design over top and copy the outline with a blunt point.

You are now ready to stitch something created by you.

#### Craft-Tips

1. In deciding what size canvas to buy, always allow a margin of one and one-half inches around your stitched work, for blocking and framing.

2. In making a hand bag or other item where there are two or more pieces, do not sew all layers at the same time. Trim the margin to one-half inch and whip stitch the back. Then needlepoint or slip stitch front pieces together, matching stitch by stitch.

**YES!**  
THE BRAND-NEW BAY IN FAIRVIEW MALL  
**NOW OPEN!**

**PADDINGTON'S**  
IS COMING TO MARKVILLE SHOPPING CENTRE SOON

**Krown Rust Control Center**  
7605 WOODBINE AVE. UNIT 16 MARKHAM  
Now...an even lower price for you.  
**\$10.00 Off**  
\$10 off the regular \$89.95\* price at the Krown Rust Control Center in your neighbourhood.

Now is the time to get Canada's Breakthrough Rust Protection treatment only at your Krown Dealer. Now you can get ahead of rust damage. Virtually eliminate rust as a destructive force.

**KrownControl proven formula**  
The Breakthrough rust protection formula does it all: dispels moisture and creeps into the tiniest seams and cracks no matter how hard to reach. When KrownControl meets moisture on wood, metal, plastic or fiberglass, it establishes a rust resistant barrier on the treated surface. Add this rust protection to your car's regular maintenance.

**Your Protection**  
Simply the best warranties around. For new vehicles, protection for the life of your vehicle with unlimited mileage. For used vehicles, unlimited mileage too, but renewable for five years. Subject to our initial inspection and OK. You can count on Krown... absolutely.

**Ask About the Total Package KrownGuard**  
The invisible layer of interior protection for upholstery, leather, vinyl and carpet.

7605 WOODBINE NOW PRESENTS  
**APPLE POLISHING SYSTEMS.**  
An acrylic Teflon coating for BOATS, CARS and PLANES.

**\$10.00 VALUE**  
This offer valid only until Nov. 15/87 at participating dealers.

**Krown Rust Control Center**  
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\*one coupon per purchase