

Longo's

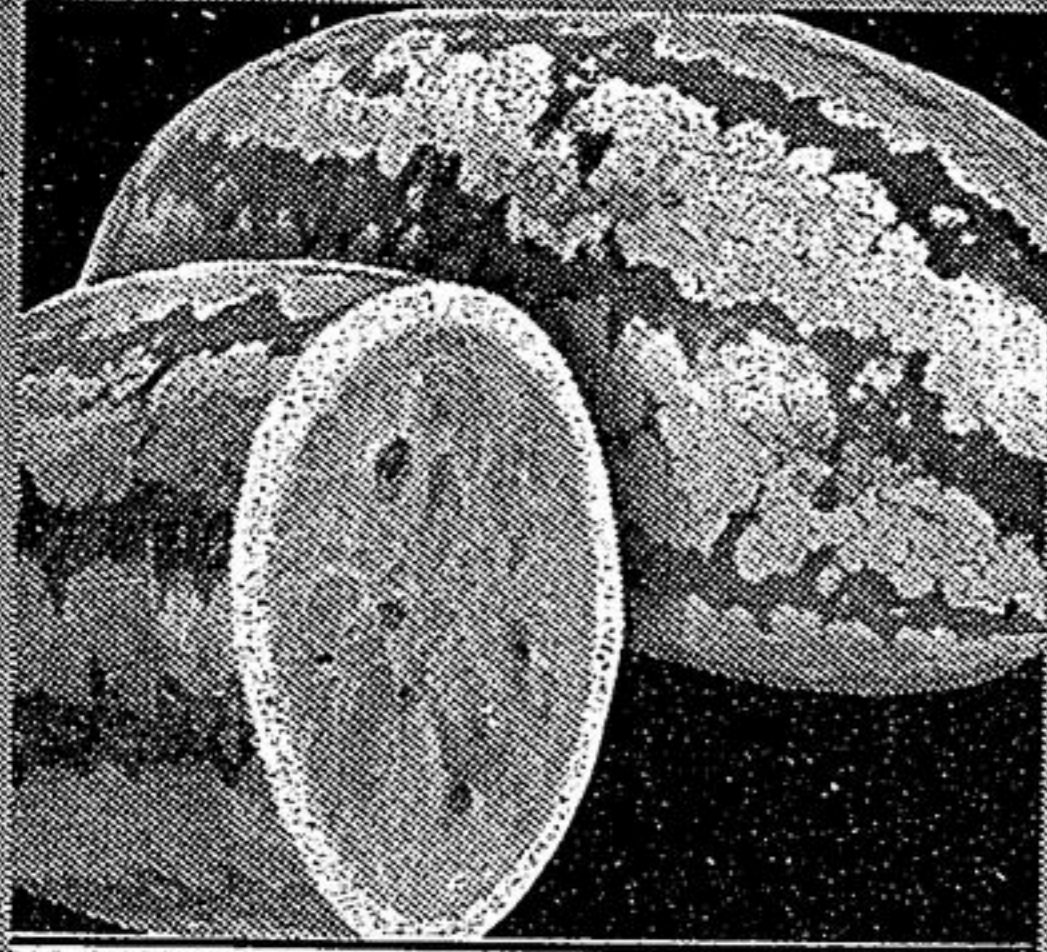
Where anything fresher is still growing

OPEN SUNDAYS
8 a.m. to 6 p.m.
For fruit, vegetables, and flowers only

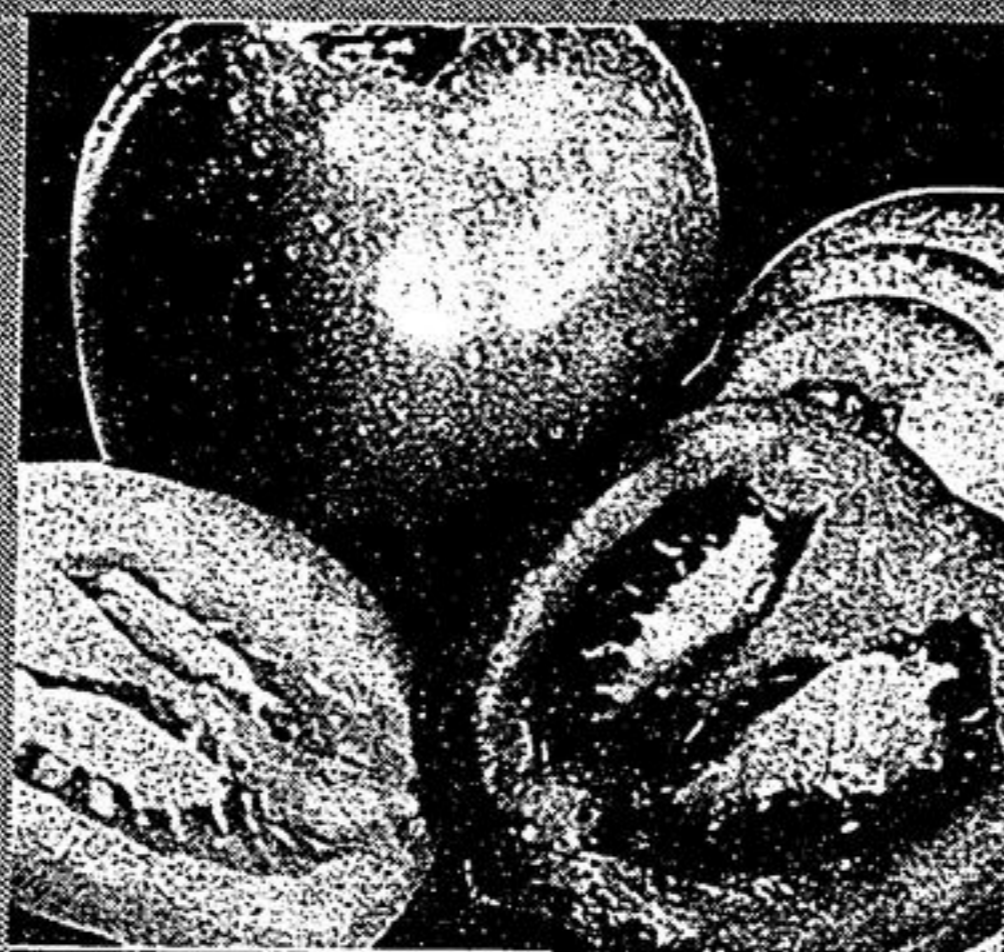
Open Monday thru Saturday, 8 a.m. to 9 p.m.; Sunday (for fruit, vegetables and flowers) 8 a.m. to 6 p.m.

3085 HIGHWAY NO. 7 AT WOODBINE
BURLINGTON: 1225 FAIRVIEW STREET AT MAPLE OAKVILLE: HIGHWAY NO. 5 AT TRAFALGAR
MALTON: 7085 GOREWAY DRIVE

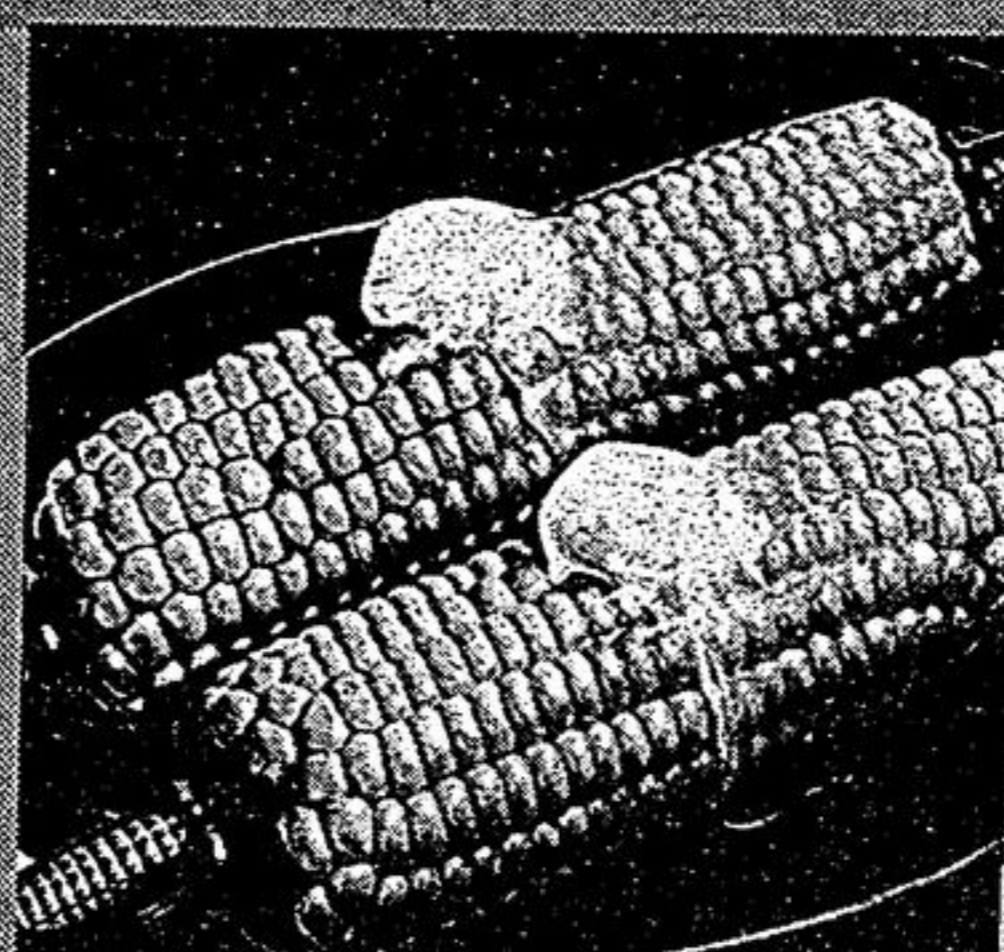
Specials effective Wednesday, July 22, 1987 thru Tuesday, July 28, 1987



Product of U.S.A. Canada No. 1
fresh watermelon
each **2.99** 18 lb. average



Product of U.S.A./Ontario Canada No. 1
fresh, tasty
tomatoes
lb. **.59** kg 1.30



Product of Ontario Canada No. 1
fresh
corn on the cob
10/100



Product of U.S.A. Canada No. 1
fresh
cantaloupes
each **.69**

Product of Ontario Canada No. 1
fresh
blueberries
pint **1.49**

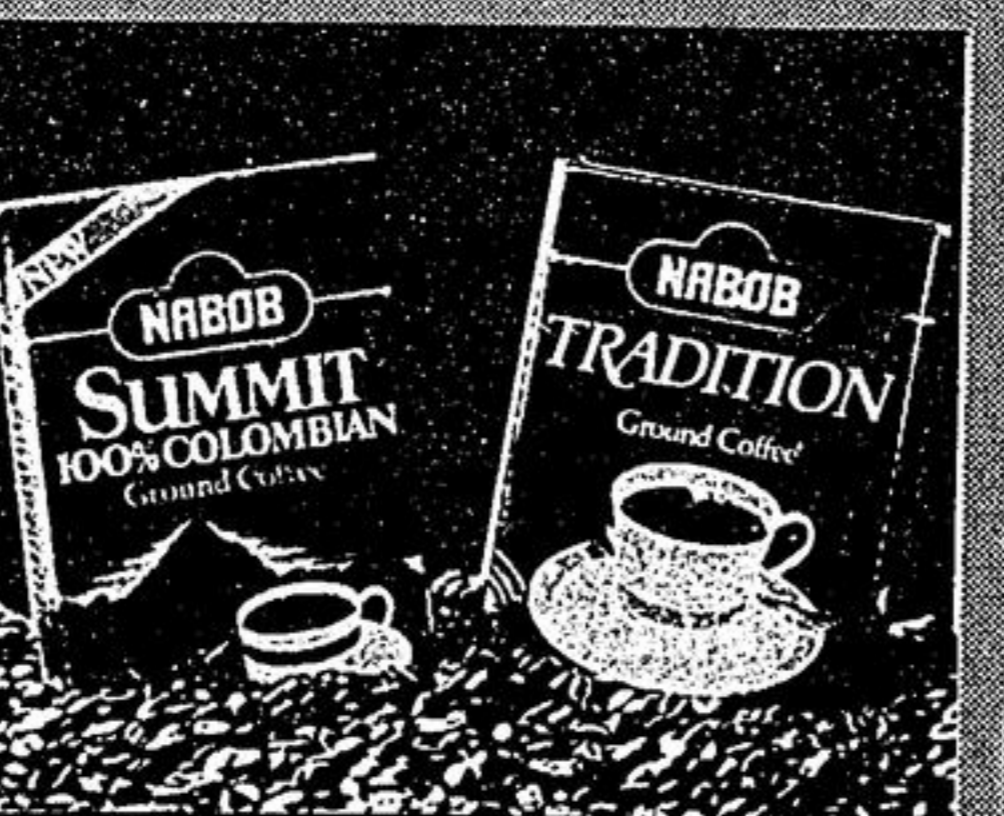
Product of Ontario
fresh
field cucumbers
3/.99

jumbo
pistachios
red and natural
lb. **2.99** kg 6.59

fresh, blanched
peanuts
salted and non-salted
lb. **.99** kg 2.18



Hi-Dri
paper towels
2-roll package
.79
Limit 4 packages per family purchase, please



NABOB Tradition and Summit
ground coffee
2.99 369 g package



Brandt's
black forest ham
lb. **3.49** kg 7.89



Cut from Canada Grade 'A' beef
top round steaks
lb. **2.99** kg 6.59

Delsey
bathroom tissue **1.39**
4-roll package

Wonder
hog dog and
hamburger buns package of 8 **.79**

Mastro
genoa salami lb. **3.76** kg 8.29

Cut From Canada Grade 'A' Beef
top round roasts lb. **2.79** kg 6.15

Kleenex
facial tissue **.99**
box of 200

Schwepes
and A&W soft drinks **.49**
750 mL bottle plus 40¢ deposit

Lesters
all beef salami **2.49**
500 gram

Smoked
turkey breast lb. **4.99** kg 10.99

Pride Of The Sea
flake white albacore
tuna 6.5 oz. tin **1.79**

"Put Us On Ice"
Welchs
grape juice 1 litre jar **1.99**

Sealtest
Lite N' Lively
yogurt 175 g cup **.49**

Bittner's
cooked corned beef lb. **3.99** kg 8.78

Hunts
tomato paste **.99**
13 oz. tin

Ocean Spray
cocktails **2.39**
cranapple and cranberry 40 oz. jar

Swedish
baby swiss lb. **3.99** kg 8.78

Bittner's
bottom round
pastrami lb. **3.99** kg 8.78

SAVE 25¢ WITH THIS COUPON

Hunts
tomato sauce
21 oz. combi block
.74
with this coupon
Special Price Without Coupon .99

Only At Longo's
Limit one per coupon
Coupon expires July 28, 1987
0852748

Motts
clamato juice
regular and extra spicy
1.79
1 litre

SAVE 30¢ WITH THIS COUPON

OREO and OREO
DOUBLE STUFF
1.49
with this coupon
Special Price Without Coupon 1.79

Only At Longo's
Limit one per coupon
Coupon expires July 28, 1987
0117306

Fresh
Longo's own
homemade sausage
hot & mild
2.26
lb. **kg 4.89**