

Longo's

Where anything fresher
is still growing

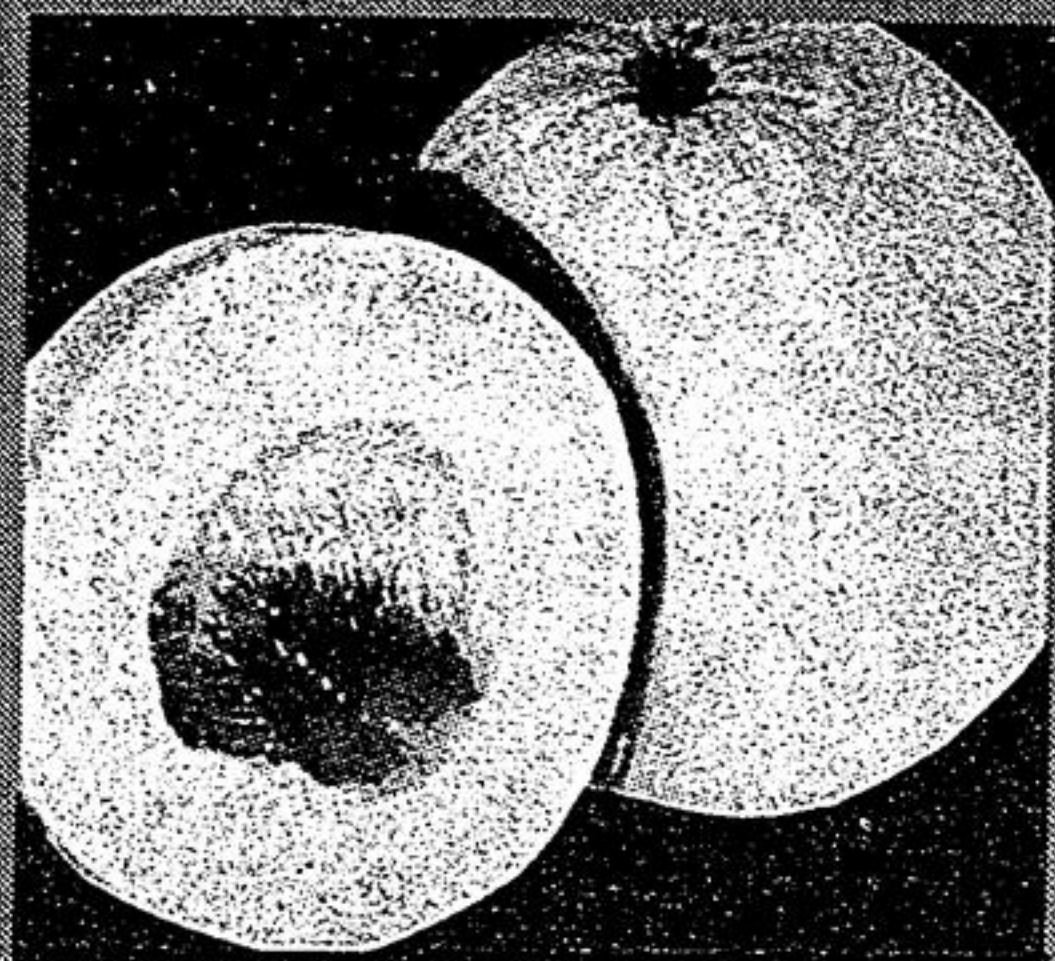
OPEN SUNDAYS
8 a.m. to 6 p.m.
For fruit, vegetables,
and flowers only

Open Monday thru Saturday,
8 a.m. to 9 p.m.; Sunday (for
fruit, vegetables and flowers)
8 a.m. to 6 p.m.

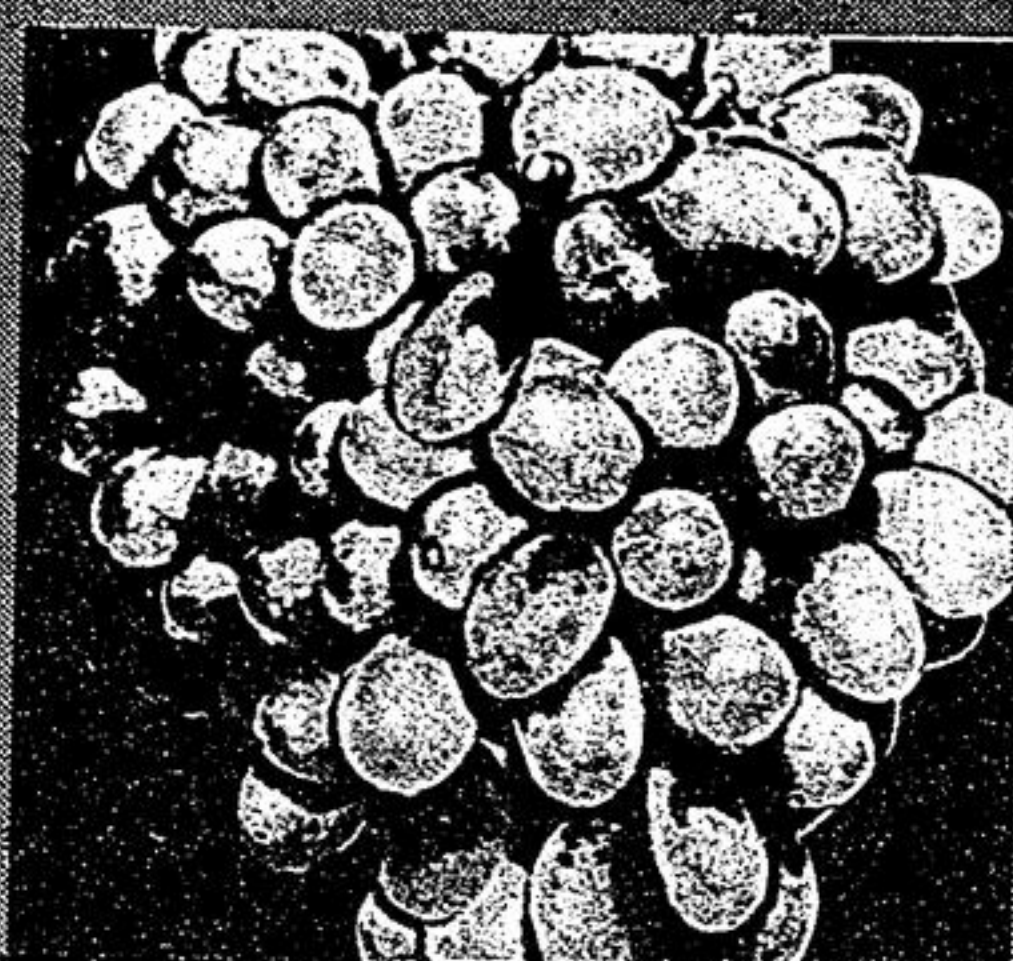
3085 HIGHWAY NO. 7 AT WOODBINE

BURLINGTON: 1225 FAIRVIEW STREET AT MAPLE OAKVILLE: HIGHWAY NO. 5 AT TRAFALGAR
MALTON: 7085 GOREWAY DRIVE

Specials effective
Wednesday, July 15,
1987 thru Tuesday,
July 21, 1987



Product of U.S.A.
Canada No. 1
fresh, large
honeydew melons
each **.99**



Product of U.S.A.
Canada No. 1
fresh, green
seedless grapes
lb. **.69** kg 1.52



Product of U.S.A.
Canada No. 1
fresh
peaches
lb. **.59** kg 1.30



Product of U.S.A.
Canada No. 1
fresh, new
white potatoes
10 lb. bag **1.99**

Product of U.S.A. Canada No. 1
fresh, sweet
green peppers
lb. **.69** kg 1.52

Product of Ontario
fresh zucchini
lb. **.59** kg 1.30

Fresh Daily!
Weston's
angel food cake
1.79
300 g

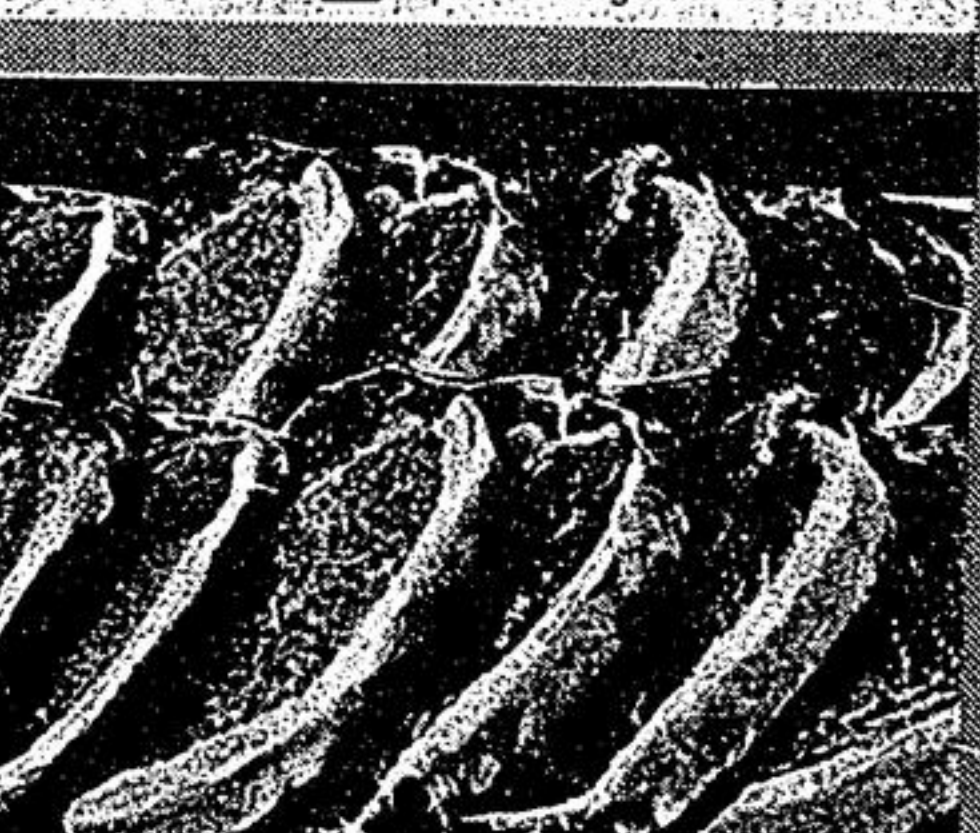
Large 10" assorted
tropical
floor plants
1.99



Nescafe
Rich Blend
instant coffee
Viva and Colombian
4.69 8 oz. jar



regular and diet
Pepsi & 7-Up
.39 plus 40c deposit
750 mL bottle
2 litre 1.89 no deposit



Ontario fresh pork
combination family pack
pork chops
lb. **2.49** kg 5.49



Cut from Canada
Grade 'A' Beef
T-Bone steaks
lb. **4.49** kg 9.89

Fresh Dempster's
white sliced
bread 675 g loaf **.89**

Snoopy
fruit drinks **.99**
with real fruit juice! 3 x 250 mL

Ontario fresh pork
centre cut
pork chops lb. **2.99** kg 6.59

Cut from Canada
Grade 'A' Beef
sirloin steaks lb. **3.99** kg 8.79

Champagne
snack crackers **1.39**
200 g box

Leaver
pieces & stems
mushrooms 10 oz. tins **2/1.00**

Brandt's
polish sausage lb. **1.49** kg 3.28

Ontario Grade 'A'
fresh
chicken drumsticks lb. **.89** kg 1.96

Crystal Springs
spring water **2.49**
10 litre jug

CONAD
premium quality 250 g package
espresso coffee **2.99**

Delisle
fruit yogourt **.59**
175 g cup

Brandt's
cold cuts lb. **3.49** kg 7.69

Viva
shrimp cocktail **1.49**
4 oz. tin

Unico
tomato paste **3/.99**
5 oz. tin

Beatrice
regular, 2% and new light
cottage cheese **1.39**
500 g tub

Maple Leaf
honey hams lb. **3.78** kg 8.29

Viva
chunk light
tuna **.89**
in water 147 g tin

Del Verde
imported
Italian pasta **.79**
500 g pkg.
Limit 6 packages per family purchase, please

Schneiders
beef burgers **3.79**
700 g box

hot & sweet
by the piece
Mastro capicollo **2.26**
lb. kg 4.99