

SDSS wins Spartan Fitness Challenge

For the third year in a row Stouffville District Secondary School (SDSS) has won the Spartan Fitness Challenge.

The challenge is an event in which school teams represented by three male students, three girls and two teachers compete in a number of fitness tests such as the mile run, sit ups in a minute, rope climb, straddle jumps and so on.

Obviously, the team with the most points wins, but there are also individual awards to the representatives of each group which had the highest score.

SDSS has been hosting the challenge against other York Region schools for three years now, and this year they had their biggest turnout and most competitive meet yet.

There were seven schools vying for top spot this year, and the competition was fierce. Students

and teachers from Thornhill, Sutton, Aurora, Richmond Hill, Woodbridge, Thornlea and SDSS were running, jumping, climbing and putting their bodies through other assorted punishments on the gym floor last week.

And when the dust had finally cleared, SDSS once again came out on top by winning the overall team trophy.

Also, the girls team took top spot and Rob McConnell won the individual award for best male athlete.

Linda Hachey was second in the individual girls competition, while teacher Scott Croucher was third in the battle of the head masters.

Members of the SDSS team were Brenda and Linda Hachey, Leslie Snooks, Rob McConnell, Chris Winn, Craig Thompson and teachers Scott Croucher and Mary Frances Juk.



Stouffville slo-pitch off to fast start

Action got underway in the York-Durham Mens Slo-pitch league last week with the Ballantrae Blazers knocking off Claremont 10-0.

Ballantrae pitcher Kevin Keogh was named the league's player of the week for leading his team to the shut out win.

Runners-up for player of the week honors were Mike Lunau, Rick Norton, Randy Lee and Pete Evans.

In other action, Stouffville Greens Restaurant beat the Haulers 27-2. The Trappers blanked the Villagers 12-0; Stouffville Buttermakers beat A & S Raiders 13-7 and the Saints edged Goodwood 12-9.

Vandorf Juniors open fastball play tonight

The Vandorf Juniors fastball team starts its season tonight at 8:30 p.m. with a home game against the Newmarket Merchants.

Manager Carl Myers is predicting a good year, and the team's ultimate goal is a shot at this year's Canadian Junior Championships in British Columbia.

"With some of the pitchers we've got this season, we're looking good," he said.

Pitching will be Vandorf's strength this year as they have three top quality hurlers in Stouffville's Dave Chilvers, Mike Stokes of Mount Albert and Richmond Hill's Don Webster.

For the most part, last season's pitching staff consisted entirely of Dave Chilvers.

Vandorf swimmer wins gold at Masters

Vandorf's Yvonne Cattrall of the Swim Gym won two races last week at the Canadian Masters National Swimming Championships in Etobicoke.

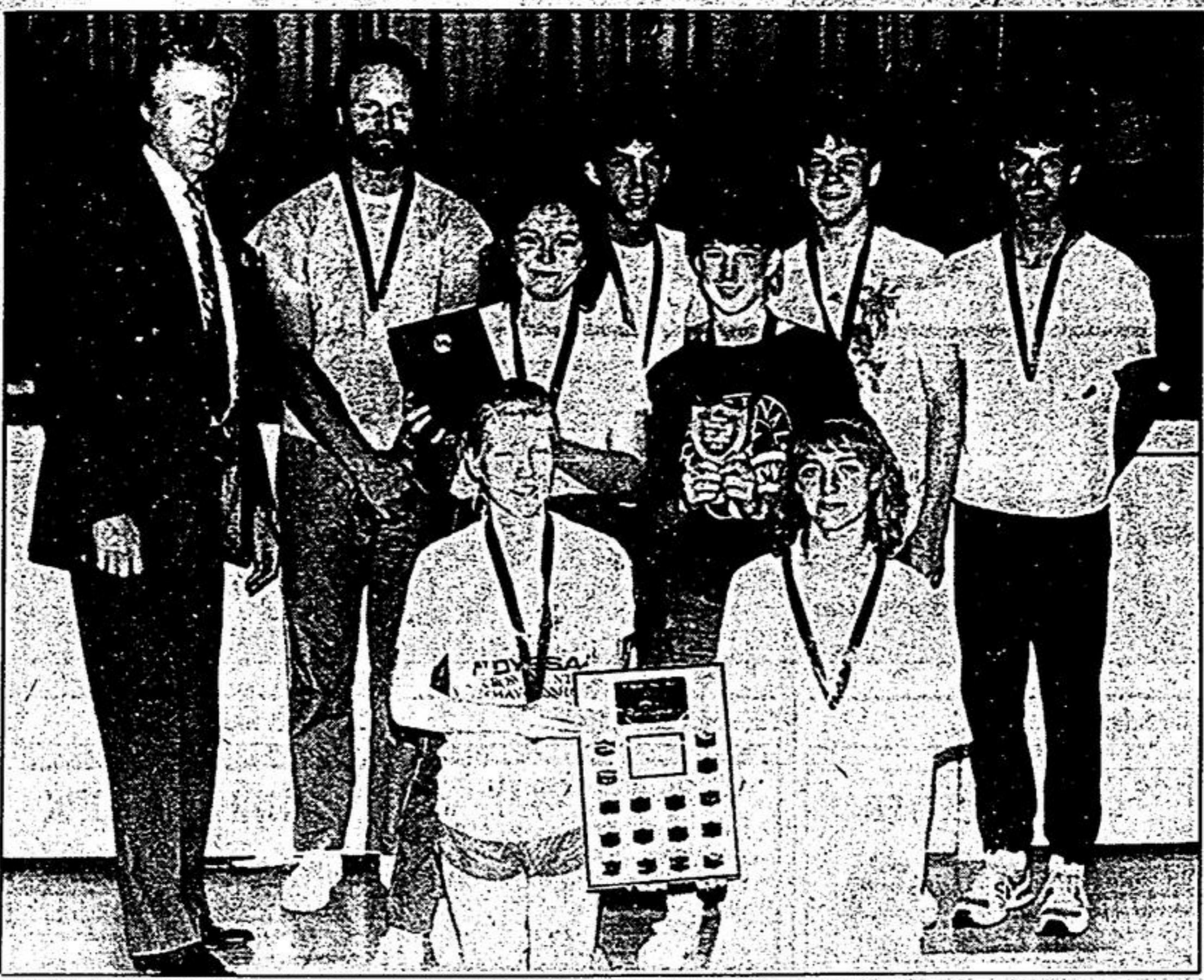
In the 35-39-year-old category, Cattrall collected gold medals in the 100-metre breaststroke and the 50-metre breaststroke along with also winning a silver in the 200-metre breaststroke.

Cattrall did not swim a personal best time in either of the events she won, but the fact she's four months pregnant may have slowed her down a bit.

Last weekend, Cattrall was in San Francisco, California, competing in the U.S. Masters Championships at Stanford University.



YVONNE CATTRALL
Masters champion



The Winners

York Region Board of Education Director Robert Cressman (left) was on hand to present the Fitness Challenge award team to the victorious Stouffville District Secondary School (SDSS) squad. Front row: (left to right) Linda Hachey, Brenda Hachey,

middle row: teacher Mary Frances Juk, Leslie Snooks; back row: Robert Cressman, teacher Scott Croucher, Craig Thompson, Chris Winn and Rob McConnell.

Alan Shackleton

Quick way down!
Leslie Snooks of SDSS takes the fast way down onto the mat after completing the rope climb portion of the Fitness Challenge last week. Teacher Scott Croucher (far right) looks on.
— Alan Shackleton

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MARKVILLE TOYOTA'S ATHLETE OF THE WEEK



GREG WILLIAMS
Greg, a Markham resident, won a motorcycle hillclimb contest in Indiana last weekend.

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P185/80R-13	83.88	58
P185/75R-14	89.88	62
P195/75R-14	93.88	65
P205/75R-14	96.88	67
P205/75R-15	99.88	69
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