



Prices effective May 4 & 5th, 1987. We reserve the right to limit quantities to normal family requirements. Savings shown in this ad based on metropolitan Toronto A&P regular retail. We redeem all food store coupons. Some illustrations in this ad are for design only and do not necessarily represent items on sale.

# SUMMER PREVIEW

WILDMERE BUTTER BEURRE

CANADA FIRST GRADE Wildmere Butter 1 LB PKG **1.99**

MONDAY & TUESDAY ONLY

WITH THIS COUPON CANADA FIRST GRADE Wildmere Butter 1 lb PKG **1.99**

LIMIT: 2 coupons per family purchase. Valid May 4th & 5th, 1987. (Without coupons pay A&P's regular price.) S.C. #644

WITH THIS COUPON CANADA FIRST GRADE Wildmere Butter 1 lb PKG **1.99**

LIMIT: 2 coupons per family purchase. Valid May 4th & 5th, 1987. (Without coupons pay A&P's regular price.) S.C. #644

JANE PARKER (made with 100% pure vegetable shortening) Apple Pie 6 1/2" SIZE **.99**

1/2 PRICE

MONDAY & TUESDAY ONLY

JANE PARKER Bran Bread 6 1/2" LOAF **.59**

LOWEST PRICE THIS YEAR

MONDAY & TUESDAY ONLY

REGULAR OR DIET Coca-Cola or Sprite 750 mL BTL **2/.99**

(Plus 40 per litre deposit) (Unit cost 66¢ per 100 mL)

WITH THIS COUPON REGULAR OR DIET Coca-Cola or Sprite cse of 24 200 mL BTL **5.99**

LIMIT: 2 coupons per family purchase. Valid May 4th & 5th, 1987. S.C. #640

WITH THIS COUPON REGULAR OR DIET Coca-Cola or Sprite cse of 24 200 mL BTL **5.99**

LIMIT: 2 coupons per family purchase. Valid May 4th & 5th, 1987. S.C. #640

FROZEN, BEEF, CHICKEN OR TURKEY Banquet Meat Pies 8 OZ PKG **2/.99**

OVER 1/3 OFF

LAYER, ASSORTED FLAVOURS Duncan Hines Cake Mixes 50 g PKG **.99**

OVER 1/3 OFF

CANADA NO. 1, PRODUCT OF ONTARIO, DELICIOUS IN SALADS Seedless Cucumbers each **.99**

MAPLE LEAF, HALVES Country Kitchen Hams 6.59 **2.99**

PRODUCT OF U.S.A., DELICIOUS WITH CHEESE SAUCE Fresh Broccoli bunch **.99**

SLICED, REGULAR, THICK, MAPLE OR SALT REDUCED Maple Leaf Side Bacon 500 g VAC PAC **2.99**

WITH THIS COUPON POWDERED ABC Laundry Detergent 12 lbs BOX **5.49**

SAVE 60

LIMIT: 1 coupon per family purchase. Valid May 4th & 5th, 1987. (Feature price without coupon \$5.99) VC #

WITH THIS COUPON REGULAR, FINE OR EXTRA FINE GRIND Nabob Tradition or Summit Coffee 300 g VAC PAC **2.59**

SAVE 40

LIMIT: one coupon per family purchase. Valid May 4th & 5th, 1987. (Feature price without coupon \$2.99) VC #



Markham resident Maria Josol knows the value of care the Victorian Order of Nurses provide. A VON nurse visits Mrs. Josol, paralyzed from the waist down in a car accident, twice a week to provide care and counselling. VON is celebrating its 30th anniversary in York Region. — Bruce Etheridge

## VON comforts the ailing

By BRUCE ETHERIDGE

After a crisis, it's nice to be able to come home. VON often makes that possible.

The Victorian Order of Nurses (VON), celebrating its 30th year in York Region, provides in-house nursing care for residents like Maria Josol.

Mrs. Josol, left paralyzed from the waist down after a car accident, has a VON nurse come in twice a week.

Aside from assisting with basic personal care, such as washing and dressing, VON nurses monitor a patient's health and provide emotional and psychological counselling.

Nurse Diane Butcher says VON helps "keep people in their homes instead of hospitals for as long as possible."

Anne Litkovich, nursing supervisor of VON York, says nursing

care provided by VON encompasses a wide range of services.

A typical VON work week could include post-operative care, administering kidney dialysis treatment, assisting quadriplegics and paraplegics, teaching insulin injection and diet control to new diabetics and offering prenatal and post-natal care.

Mrs. Josol has had a VON nurse since 1981. "The VON nurses have been a very big help to me," the 42-year-old mother of two says. "They not only work with me as a nurse but also as a friend. They make life much easier."

Aside from attending the physical needs of patients, VON nurses are specially trained to give emotional and psychological counselling to people and their families.

They provide care for terminally ill patients who have chosen to

live their last days at home as well. Currently, the VON York branch visits 90 homes of terminally ill cancer patients, Mrs. Litkovich said.

Regular visits from a VON nurse can spot potential medical problems of chronic patients before they become severe. Bed sores and pressure sores, for example, are a common affliction affecting paralysis patients.

The VON nurses work hand-in-hand with physicians, other community health workers and hospital staff to provide the best care possible.

It also has an emergency 24 hour service for patients. All VON workers are registered nurses with hospital work experience.

Mrs. Josol says the VON nurses often become a part of the family. "Sometimes they seem a part of me too," Mrs. Josol says. "The nurse is someone I can talk to freely and comfortably about any problem I have to face."

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