

Editor's Mail

Chiropractor wrong says local colleague

Dear Sir:

A serious error concerning the risks of cigarette smoking is contained in the article "Smokers can quit" (Weekender Jan. 31) in which chiropractor John Bare is quoted as saying that an individual might live longer if he were to smoke three or four cigarettes per day.

That statement is utterly false. The health hazards of tobacco smoke are undisputed and include an increased risk of lung cancer, heart disease, emphysema, and cancers of the digestive tract.

This risk is directly related to the number of cigarettes consumed over time so even three to four cigarettes per day constitutes a health risk that would predict a shorter, rather than longer, lifespan.

No person should be deceived that any amount of tobacco consumption is beneficial to their health and without risk. The reduction of tobacco consumption should be a priority health goal for anyone who presently smokes.

Andrew Patterson MDCM

Local poses mailbox solution

Dear Sirs,
The picture of mail super mailboxes blocked off by snow thrown up by road plows, which appeared in your Feb. 7 issue, makes me wonder why on earth

the mail boxes face the road anyway.

Surely if they were facing inwards the problems would be resolved and would provide the added benefit of protecting the

victims of this lousy system from deluges of slush from passing motorists.

Or is there some complicated reason why this cannot be done?
D. Mason

Happy Valentine's Day!

From



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episode 3 of 4 performance

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CONTINUED FROM LAST WEEK... DILL'S WIFE RONNIE AND WALTER'S WIFE MILLIE ARE CHATTING ON THE PHONE...



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