

# HARD TO WIN YOU OVER

WE REDEEM ALL FOOD COMPETITORS COUPONS

## PRIME RIB ROASTS

# 2.59 LB.

## BANANAS

# 25¢ LB.



WITH THIS **Iga** COUPON  
FROZEN, 3-PACK  
**Gainsborough Pie Shells**  
15-OZ. PKG. **1.74**

**SAVE 25¢**

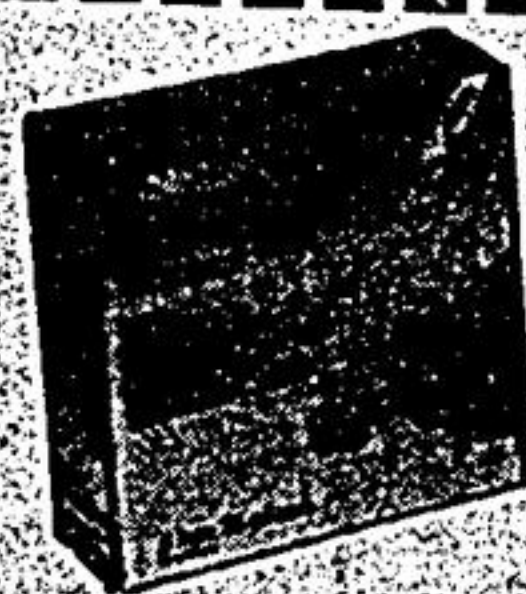
LIMIT 1 COUPON PER FAMILY  
ONE PKG. PER COUPON  
COUPON VALID AT IGA UNTIL  
CLOSING SAT., FEB. 14TH, 1987

A.C. NIELSEN  
BOX 3000  
ST. JOHN, N.B. E2L 4L3

1259127H

PLU 008

FEATURE PRICE WITHOUT COUPON \$1.99



WITH THIS **Iga** COUPON  
ASSORTED VARIETIES,  
NELSON NOVELTIES

**Ice Cream Bars**  
PKG. OF 8 **2.34**

**SAVE 25¢**

LIMIT 1 COUPON PER FAMILY  
ONE PKG. PER COUPON  
COUPON VALID AT IGA UNTIL  
CLOSING SAT., FEB. 14TH, 1987

A.C. NIELSEN  
BOX 3000  
ST. JOHN, N.B. E2L 4L3

1337973H

PLU 007

FEATURE PRICE WITHOUT COUPON \$2.59



FROZEN, NUGGETS, BURGERS  
OR STRIPS

**Captain High Liner Chicken**  
300 g PKG. **2.99**

WITH THIS **Iga** COUPON  
**SAVE 30¢**

LIMIT 1 COUPON PER FAMILY  
ONE PKG. PER COUPON  
COUPON VALID AT IGA UNTIL  
CLOSING SAT., FEB. 14TH, 1987

A.C. NIELSEN  
BOX 3000  
ST. JOHN, N.B. E2L 4L3

1263839H

PLU 009

FEATURE PRICE WITHOUT COUPON \$3.29



WITH THIS **Iga** COUPON  
**Save 40¢**

LIMIT 1 COUPON PER FAMILY  
ONE PKG. PER COUPON  
COUPON VALID AT IGA UNTIL  
CLOSING SAT., FEB. 14TH, 1987

H.A. WATTS  
BOX 3246, STN. 'A'  
TORONTO, ONTARIO M5W 1H1

PLU 016

FROZEN, ASPARAGUS & MUSHROOM,  
MUSHROOM OR BROCCOLI IN WINE  
SAUCE OR CAULIFLOWER WITH  
CHEESE

**Vegetables In Pastry**  
206 g PKG. **1.09**

FEATURE PRICE WITHOUT COUPON \$1.49

PF579



WITH THIS **Iga** COUPON  
FROZEN, PEPPERONI OR DELUXE

**Superfast Pizza**  
210 g PKG. **1.59**

**Save 20¢**

LIMIT 1 COUPON PER FAMILY  
ONE PKG. PER COUPON  
COUPON VALID AT IGA UNTIL  
CLOSING SAT., FEB. 14TH, 1987

A.C. NIELSEN  
BOX 3000  
ST. JOHN, N.B. E2L 4L3

0465374H

PLU 018

FEATURE PRICE WITHOUT COUPON \$1.79



WITH THIS **Iga** COUPON  
SEALTEST

**Oh Henry Ice Cream Bars**  
PKG. OF 8 **2.74**

**SAVE 25¢**

LIMIT 1 COUPON PER FAMILY  
ONE PKG. PER COUPON  
COUPON VALID AT IGA UNTIL  
CLOSING SAT., FEB. 14TH, 1987

A.C. NIELSEN  
BOX 3000  
ST. JOHN, N.B. E2L 4L3

0184978H

PLU 006

FEATURE PRICE WITHOUT COUPON \$2.99



FROZEN, FILLET OF SOLE OR  
BEEF SIRLOIN TIPS

**Le Menu Dinners**  
285-325 g PKG. **3.89**

WITH THIS **Iga** COUPON  
**SAVE 50¢**

LIMIT 1 COUPON PER FAMILY  
ONE PKG. PER COUPON  
COUPON VALID AT IGA UNTIL  
CLOSING SAT., FEB. 14TH, 1987

H.A. WATTS  
BOX 3246, STN. 'A'  
TORONTO, ONTARIO M5W 1H1

LM 05H

PLU 010

FEATURE PRICE WITHOUT COUPON \$4.39



FROZEN, CHICKEN ORIENTAL, BEEF  
CONTINENTAL OR BEEF TERIYAKI

**McCain Lite Delite Dinners**  
285-325 g PKG. **2.49**

**Save 50¢**

LIMIT 1 COUPON PER FAMILY  
ONE PKG. PER COUPON  
COUPON VALID AT IGA UNTIL  
CLOSING SAT., FEB. 14TH, 1987

A.C. NIELSEN  
BOX 3000  
ST. JOHN, N.B. E2L 4L3

0465409H

PLU 012

FEATURE PRICE WITHOUT COUPON \$2.99