

WE BUILT A PROUD NEW FEELING

A&P In Step with Today's Shopper

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WINTERFEST OF SAVINGS

LESS THAN 1/2 PRICE

SCHNEIDER'S, HALVES
Olde Fashioned Hams



ASSORTED VARIETIES
Canada Dry Beverages

5.99 .59
(Unit cost 8.9¢ per 100 ml) (Unit cost 7.9¢ per 100 ml)

WITH COUPON BELOW

CANADA GRADE 'A'

Large Eggs

DOZEN
.99

(Without coupon pay A&P's regular price)

(Made with 100% pure vegetable shortening)
Jane Parker Raisin Pie

1/2 PRICE
.99 625 g size

TOMATO BONUS PACK (1 litre plus 25% FREE)
Heinz Ketchup

2.49 1.25 litre bot

SCHNEIDER'S, REGULAR OR HONEY
Bucket Chicken

4.99 900 g pkg

PRODUCT OF U.S.A., DELICIOUS IN SALADS
Fresh Spinach

.79 10 oz cello pkg

WITH THIS COUPON SAVE 1.25
CANADA GRADE 'A' Large Eggs **.99**
LIMIT: one coupon per family purchase. VALID JAN 26-JAN 31, 1987. (Without coupon pay A&P's regular price)

WITH THIS COUPON SAVE 1.25
POWDERED LAUNDRY, SCENTED OR UNSCENTED Tide Detergent **7.99**
LIMIT: one coupon per family purchase. VALID JAN 26-JAN 31, 1987. (Without coupon pay A&P's regular price)

Stouffville 399 Main St. W.

Open 'til 9 p.m. Monday, Tuesday, Wednesday & Saturday Now Open Thurs. & Fri. 8 a.m.-10 p.m.

8190 Bayview Avenue, Thornhill now open 24 hours Monday 9 A.M.-Saturday 9 P.M.



Drug abuse expert Norman Panzica shoots straight from the hip when it comes to talking drugs. Here, he gives the lowdown to a group of Grades 7 and 8 students at E.T. Crowle Public School. A parents talk was given in the evening. — Roberta Di Maio

Students get dope on dope

BY EDO VAN BELKOM
You're never too young to start learning about drugs, says Norman Panzica, senior consultant to the Council on Drug Abuse.

Mr. Panzica was in Markham Wednesday giving informal talks about the dangers of drug abuse to students at E.T. Crowle and Reesor's Park Public Schools (there was also an evening talk for parents at E.T. Crowle).

Educate before they start

Mr. Panzica says students are more likely to be exposed to drugs in high school, but the best way to stop drug abuse is to educate young people before they start.

"You don't wait for the pregnancy to teach sex education," he said after a morning session with Grade 5 to Grade 8 students at E.T. Crowle.

"The purpose of these talks is to provide preventative education. We hope that the teaching does not ease up in high school but continues," he said.

Humor captures attention

Mr. Panzica's style is part lecture, part entertainment. He captures children's attention with a balanced mixture of humor and fact. He eases into

sensitive subjects and states facts bluntly.

But regardless of how it was said, the message was clear — drug use leads to trouble.

No drug problems, only people problems

"There is no drug problem anyway," he told students, "there are only people problems."

He said drug problems result from teenagers not knowing enough about the harm drugs can do.

How drugs work

He pointed out that while alcohol can be passed out of the body in 12 hours, THC (the active ingredient in marijuana) of one marijuana cigarette remains in the body for two months after it's smoked because it builds up in the body's fat.

Marijuana and hashish chemicals can also be stored in the six glands increasing the chances for deformed child-birth.

And smoking marijuana is 15 to 20 times worse for the lungs than regular tobacco and significantly increase the chances of getting emphysema later in life, he added.

"There is only one dangerous drug in this world," he

said, "and that's the one you're going to try."

After the talk there was a question and answer period. Students' questions ranged from second hand smoke to crack, a highly potent form of cocaine.

Mr. Panzica said he could tell there wasn't a drug problem at the school from the questions asked. He said the students didn't ask "doper" questions, meaning they weren't street-wise about drugs.

Staff comments

However, there have been two incidents involving drugs at the two-year-old school according to guidance counsellor Richard Coleman.

He recalled kids smoking marijuana on the school grounds last summer and said half of a marijuana "joint" was once found in a school locker.

E.T. Crowle Principal Doug Winger said the discussion "addressed an issue of extreme concern for children of this age. I'm sure they benefitted from it quite sincerely."

The talks were suggested and sponsored in part by the Parent Teacher Liaison Groups of E.T. Crowle and Reesor's Park Public Schools.



Grade 7 students Bernie Wong, 12, and Danny Perrier, 12, give a listen as Mr. Panzica gives his talk. He blends humor and fact so young teens can relate to what he says about drug abuse. — Roberta Di Maio

Domestic fight leads to charge

A 36-year-old Markham man was charged with assaulting his wife during a domestic dispute, said police.

A second charge of threatening was also laid in connection with the incident.