

Course on aging

A local course to help families cope with aging parents has been delayed one week to allow for further enrolment.

"The Family and the Aging Parent" is a one-month course that looks at the process of aging, the need for a dependable routine, role reversals and choosing alternatives to a nursing home.

The revised schedule for group discussions at Markham's Participation House is from Feb. 2 until March 9.

Cost for the course, led by Don McLeod, is \$40 per person or \$60 per family.

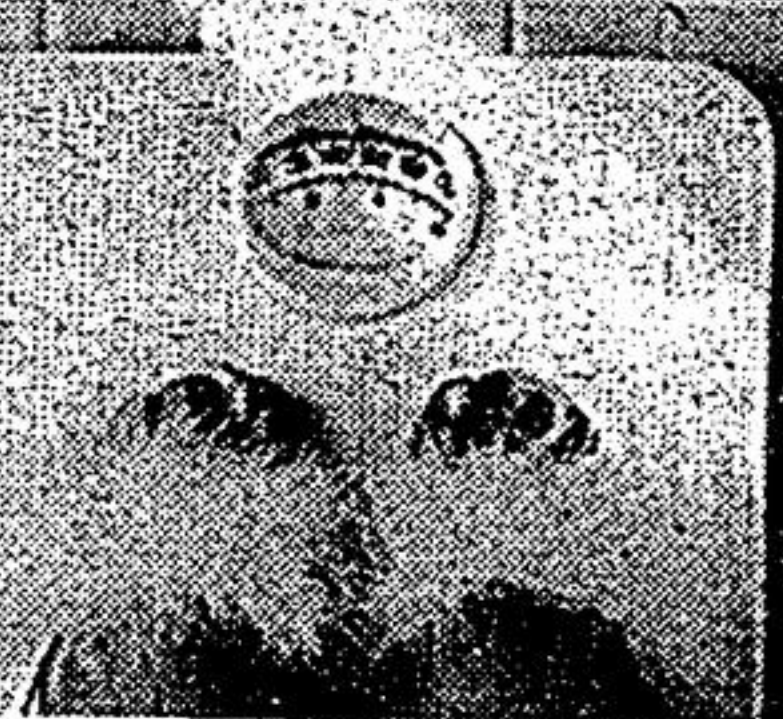
For more information on the course, contact Education Coordinator Marilyn Ashby at 475-0433.

Jewelry taken in local theft

A large quantity of jewelry and a Sony VCR valued at \$5,000 were stolen from a Westside Dr. home in Markham on Monday morning.

Police said entry was gained through a basement window and the house was ransacked.

The holidays are over. Are you?



NEW YEAR SPECIAL!

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Diet Center



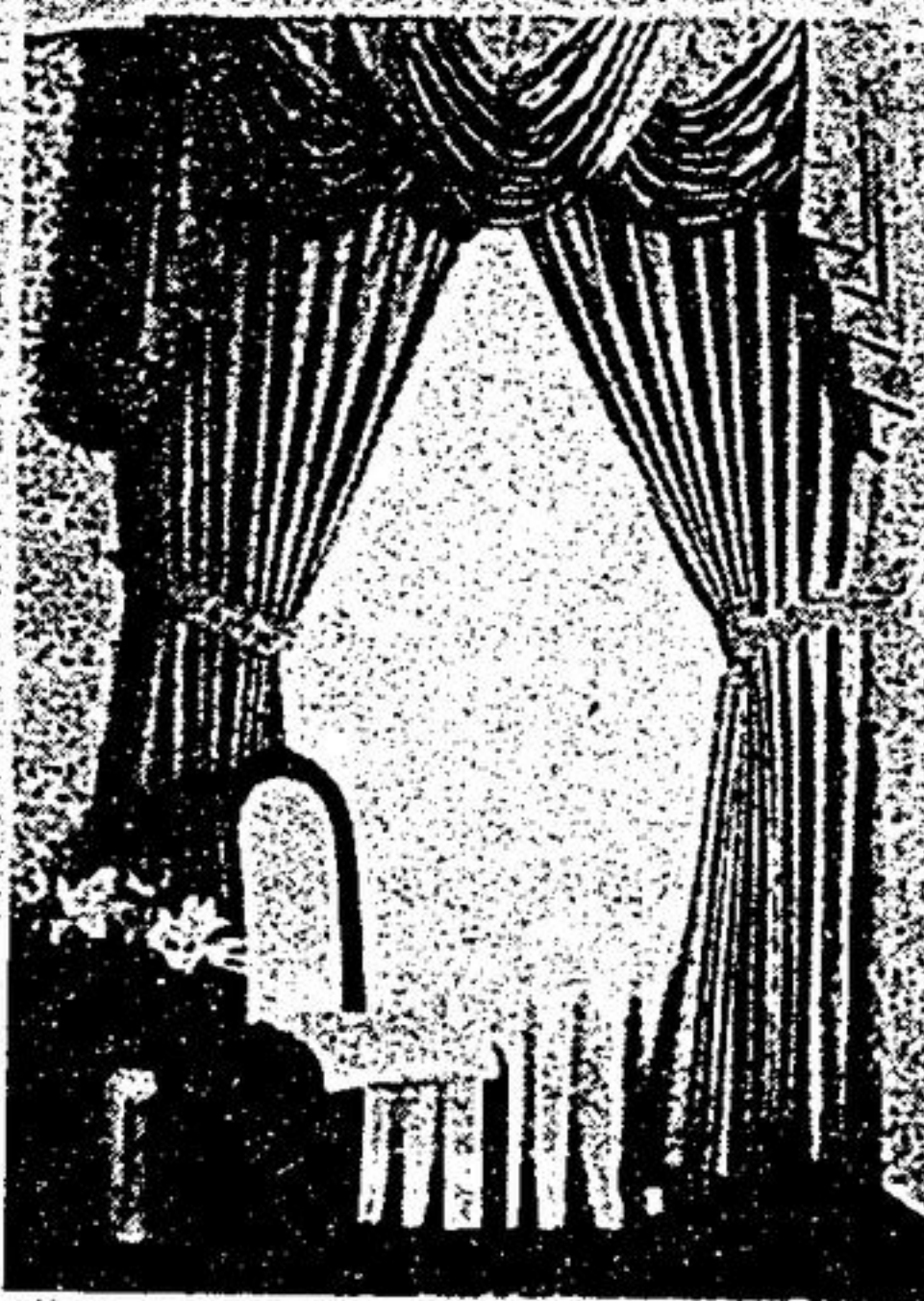
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COUNTRY PRINTS-54"	\$18 ⁰⁰ YD.
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\$7.50 SQ. FT. LABOUR

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22"	x45"	\$14 ⁵⁰
23"	x45"	\$15 ⁰⁰
27"	x45"	\$18 ⁰⁰
31"	x45"	\$25 ⁵⁰
33"	x45"	\$22 ⁰⁰
36"	x45"	\$24 ⁰⁰

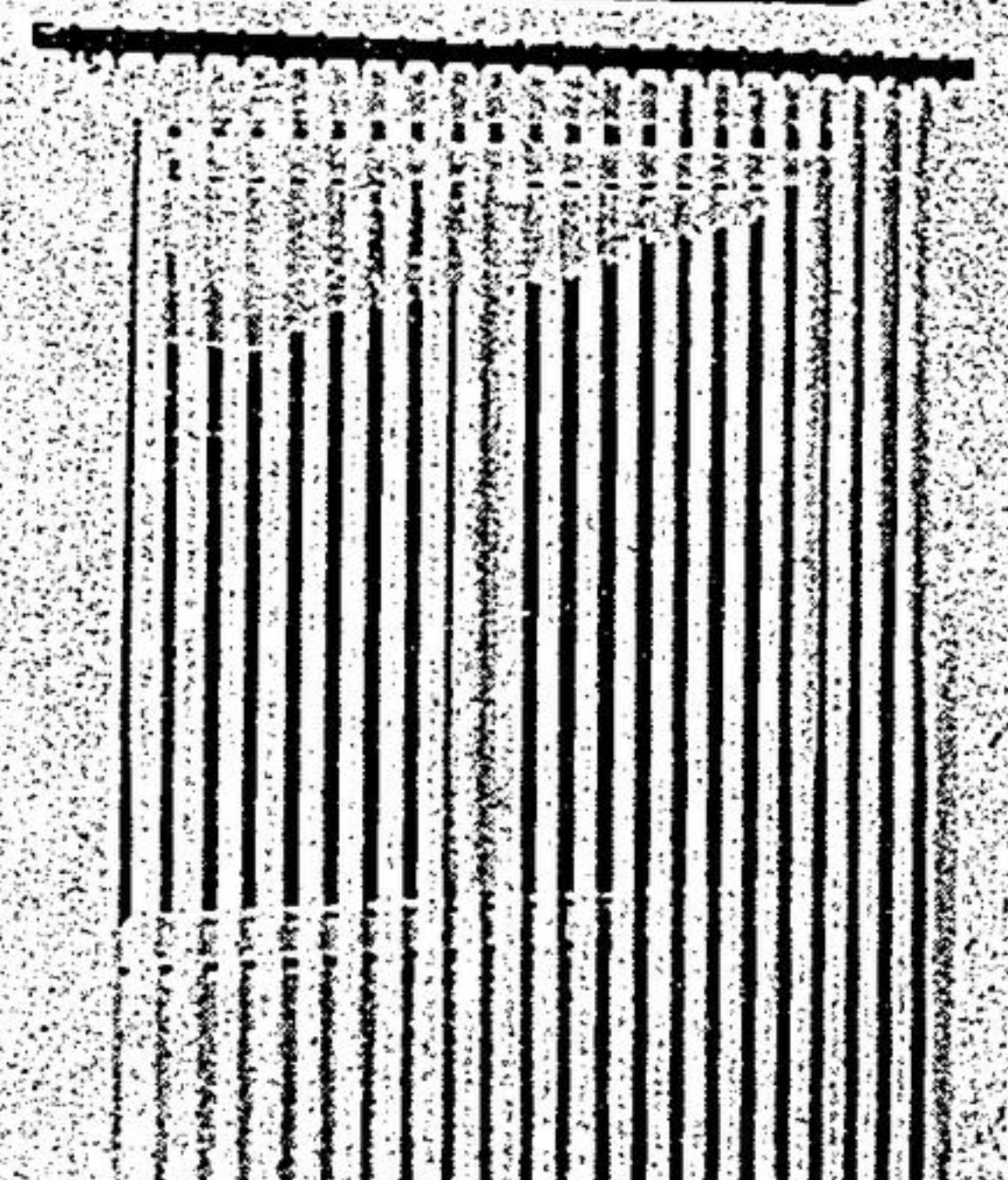
White & Ivory Only

ROLLER SHADES 100% SUNOUT

	37%	43%	49%	55%	64%	73%
PLAIN HEM	21 ⁰⁰	25 ⁰⁰	31 ⁰⁰	38 ⁰⁰	49 ⁰⁰	53 ⁰⁰
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 - Aluminum insulating centre
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 - Flame Resistant
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72"x84"	\$252 ⁰⁰	\$126 ⁰⁰
(FABRIC) 84"x84"	\$290 ⁰⁰	\$145 ⁰⁰

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