

Gourmet Corner

By STEVE TREADWELL

This week we feature Escalope Beef with Glazed Creamed Mushrooms & Tarragon.

Ingredients

2 x 4 oz. Beef Escalopes
4 oz. sliced white mushrooms
1/2 tsp freshly chopped tarragon
1 tbs freshly chopped parsley
1 small onion finely chopped
1 tsp chopped garlic
1 oz each brandy and white wine
1 cup whipping cream (reserve a little to finish the sauce)
2 tbs Hollandaise sauce
2 tbs whipped cream
Pound beef between plastic wrap. Heat frying pan, add vegetable oil. Season beef

with little salt and black pepper. Seal in pan for 30 seconds on each side, set on serving plate. Keep warm. Pour off fat, add onion and garlic, cook until transparent, approximately 1 minute.

Add brandy and flame over open flame, add tarragon, mushrooms and white wine. Cook covered for another minute.

Remove mushrooms. Reduce remaining liquid to a syrup consistency. Add cream, reduce until mixture coats the back of a spoon. Return mushrooms to sauce. Cool, fold in Hollandaise, whipped cream and parsley.

Cover escalopes with sauce and glaze under grill until golden. Serve immediately.

Melba's

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3 Modern Girl

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4 Crocodile Dundee

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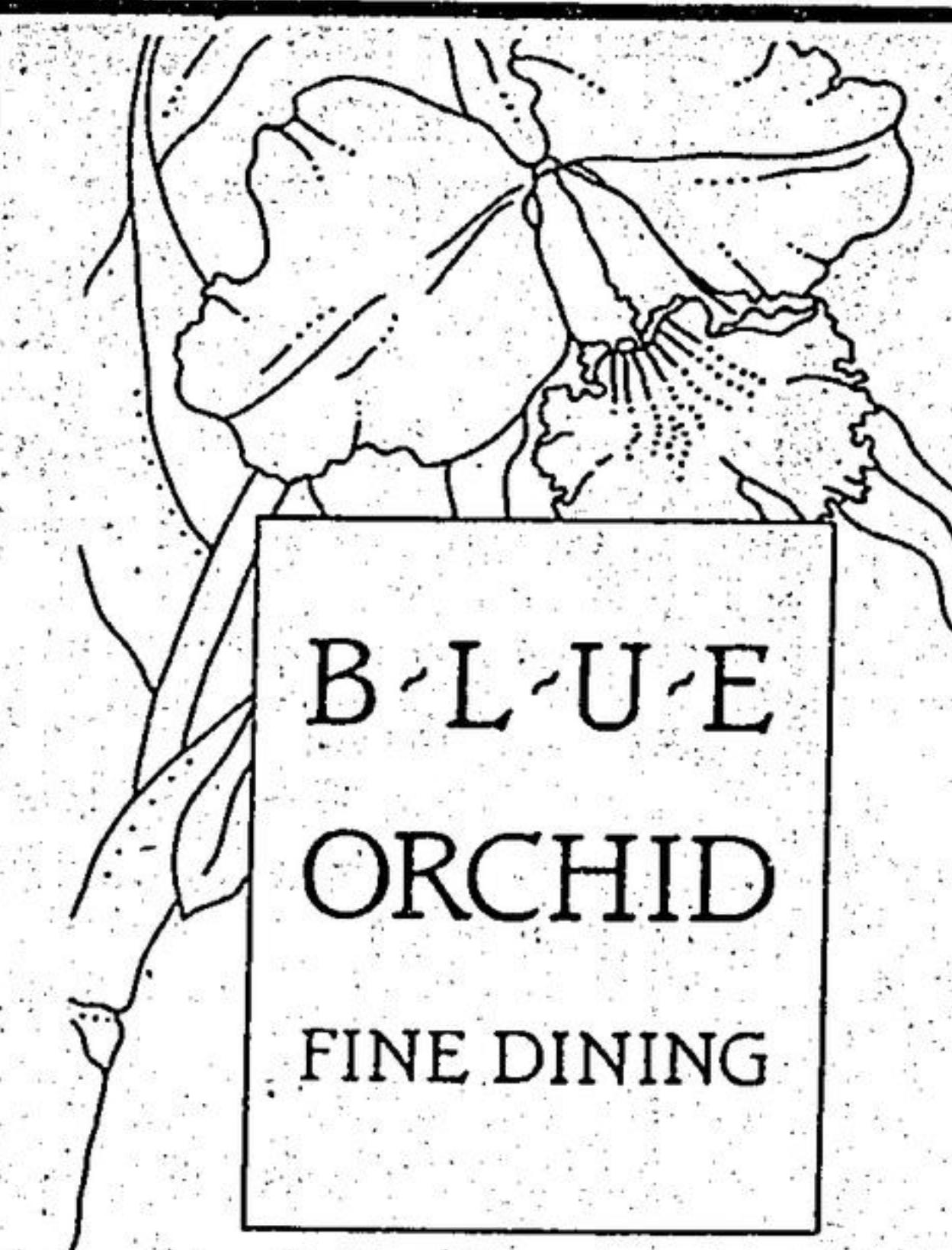
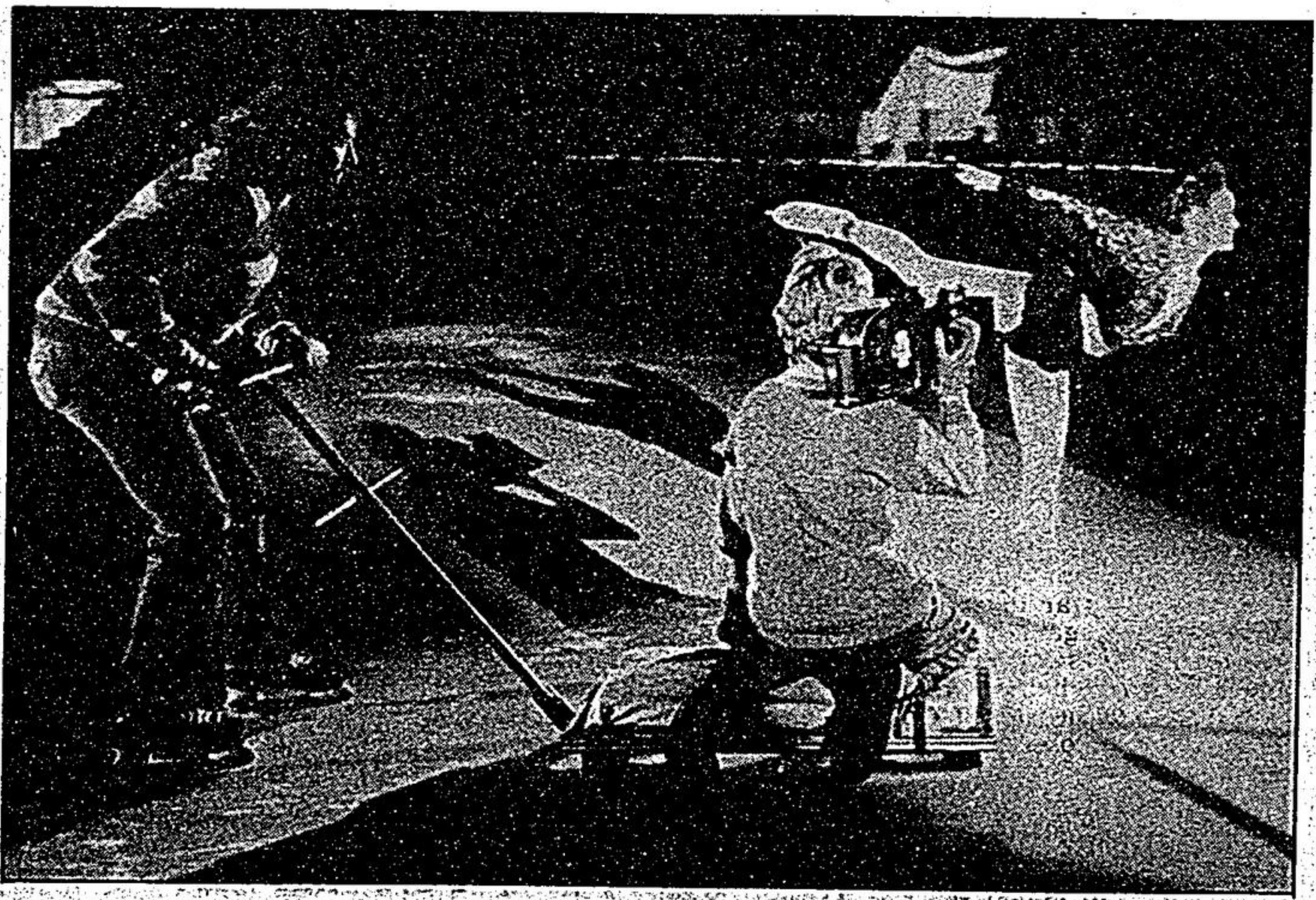
ALL SEATS EVERY
TUESDAY \$3.00



Filming figures

CBC film crews were on hand at Centennial arena in Markham this week to film sequences for an upcoming television movie entitled *Skate*. Above, actress Christianne Hirt (Lori Laroche) glides effortlessly by the camera in one of the scenes during shooting. Below, a hearty group of about 300 Markham District High School students brave the chilly arena temperatures while

hamming it up as extras in the movie. The students spent the day there for the film's crowd sequences. MDHS drama students were also on hand for the event, observing first hand the in and outs (and monotony) that accompany professional filming. In between takes, the crowd met with the movie's young stars for autographs and handshakes. —Sjoerd Witteveen photos



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