



***Diabetes
can be
beaten***

More than one million Canadians suffer from diabetes. While there is no cure for the disease, it can be treated with insulin and changes in diet. For information on diabetes, its symptoms or the Markham/Stouffville Diabetes Association, call 477-2146 or 471-4155.

**SUPPORT
OUR DIABETES ASSOCIATION
Markham/Stouffville Branch**

Crothers I-D-A Pharmacy Ltd.

100 Wellington St. W.
Markham, Ontario
Markham Centre

294-2800

477-2800

Economist & Sun
Serving Markham, Unionville, Milliken & Thornhill

A METROLAND COMMUNITY NEWSPAPER ESTABLISHED 1856

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Diabetes can be cured!



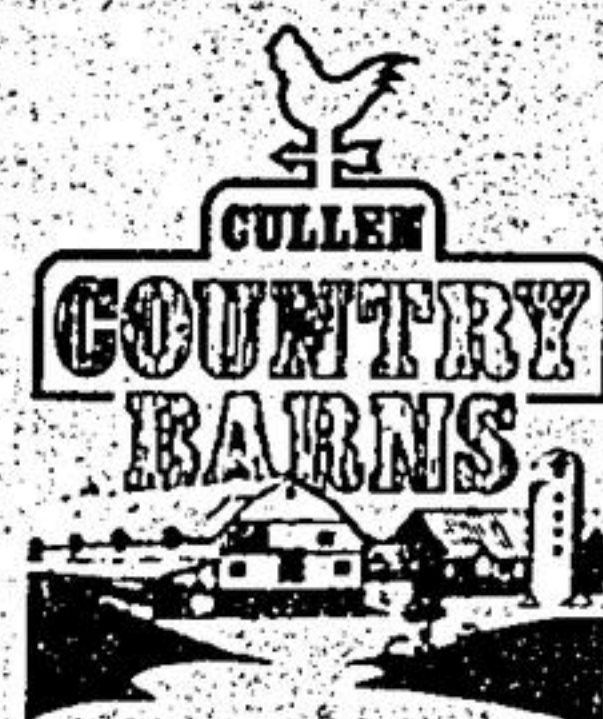
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*Happy Holidays from
McDonald's, Markham*

**IT'S A GOOD TIME FOR THE
GREAT TASTE** 



HELP FIGHT

DIABETES

Christmas
Store Hours
Mon-Wed 9 am - 9 pm
Thurs-Sat 9 am - 9:30 pm
Sun 10 am - 6 pm

Cullen Country Bams
4300 Steeles Ave., East
Markham, Ontario L0H 1K0
477-4475

PROCLAMATION

THAT the month of November, 1986 be proclaimed as

"National Diabetes Month"

in the Town of Markham
Carole Bell, Mayor

MARKHAM



**SHOPPERS
DRUG MART**

MARKVILLE

*Working together
to cure
Diabetes*

477-6320
5000 Hwy. #7