

SUPER A Super Fresh way of shopping
Dominion
 NEW DOMINION STORES

The following stores are **OPEN SUNDAY** 8 a.m. to 5 p.m.

WILLOWDALE
 291 York Mills at Bayview
 747 DON MILLS
 at Eglinton Ave.

THORNHILL SQUARE
 300 John St. at Bayview
 UNIONVILLE
 Hwy 7 & McCowan

SUPER BUY

Regular (Decaffeinated Coffee 7 oz Jar)
Maxwell House Instant Coffee

4.99 LIMIT 3 per family purchase
 8 oz jar
(Sanka Coffee 7 oz jar 5.99-Save 1.00)

SUPER BUY

All Popular Brands, Regular or King Size
 pkgs of 20's or 25's
Canadian Cigarettes

16.99 LIMIT 2 per family purchase
 ctn of 200
WARNING: Health & Welfare Canada advises that danger to health increases with amount smoked - avoid inhaling.

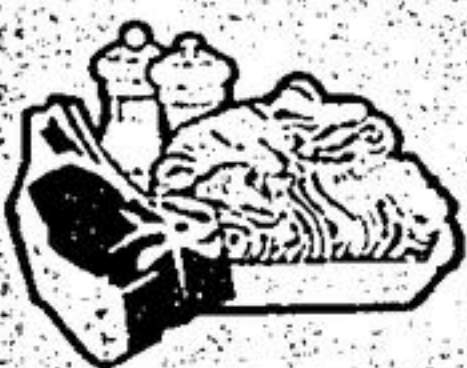
SUPER BUY

Grade 'A'
Large Size Eggs

.99 dozen
LIMIT: 2 dozen per family purchase

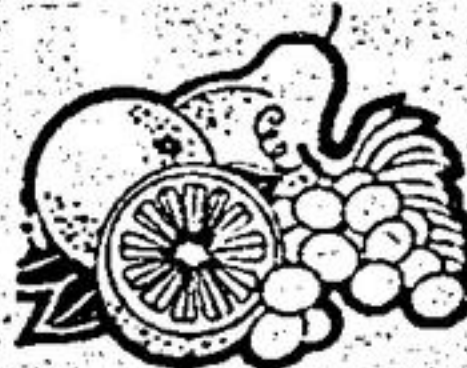
Ready-To-Serve, Assorted Varieties
Habitant Soups

.99 28 fl oz tin
 SAVE .66



Fresh Quality Meats

SAVE 1.33/kg-.60 lb



Fresh Fruits & Vegetables

SUPER BUY

Frozen, Eviscerated, Grade 'A'
 6 to 24 lb Average
MIRACLE BASTE, BUTTERBALL OR Dominion's Own Deluxe Turkeys

3.06/kg **1.39** lb

SUPER BUY

Red Hot, Skinless, All Beef Dinner Franks, All Beef Dinner Franks, Dutch Treat, B.B.Q., Big Reds, 1/4 lb Beef Franks

Schneider's Wieners

1.99 450 g vac pac

Product of U.S.A., Thanksgiving Favourite
Fresh Cranberries

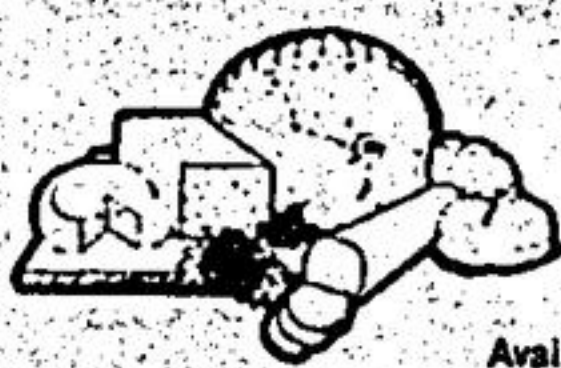
.99 12 oz pkg

SUPER BUY

Canada No. 1, Product of Italy, The Natural Snack

Muscat Grapes

2.18/kg **.99** lb



Fresh from deli
Available at most stores

Deli Roast Beef

1.32 1100 g **5.99** lb



The Baker's Oven
Freshly Baked
Available at most stores

Lemon Meringue Pie

1.99 675 g size

Prices effective Sunday, September 28th, thru Saturday, October 4th, 1986 at Super Dominion Stores only.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO NORMAL FAMILY REQUIREMENTS. SAVINGS SHOWN IN THIS AD BASED ON CURRENT REGULAR RETAIL. WE REDEEM ALL FOOD STORE COUPONS. NO DEALERS PLEASE.

Unionville

OPEN 24 HOURS

Assorted Varieties
Canada Dry Beverages

case of 24-280 mL tins 750 mL 60 plus .30 per 60 deposit
6.99 / .59
(unit cost 1.01 per 100 mL) (unit cost 7.91 per 100 mL)

Fall Break

Calling York Region women

By PAULA CROWELL
 Staff Reporter

A rousing speaker, seminars on self improvement and an enjoyable luncheon with women who share common interests highlights the Women's Fall Break.

This day of lectures and a guest speaker focusses on the particular interests of women in York Region.

The York Region Women's Committee was formed 10 years ago by Seneca College to provide the sort of forum normally only available downtown.

The committee has since broken ties with the college, but its objectives remain the same.

Each spring and fall a Saturday is set aside for a guest speaker and a choice of several workshops.

On Saturday, Nov. 1 the Fall Break will feature Jane Pepino as keynote speaker.

Ms. Pepino is a lawyer who chairs the Canadian Advisory Council on the Status of Women and was the first woman member of the Metro Toronto Police Commission.

She has also sat on the Ontario Human Rights Commission and in 1984 was elected president of the Metro Action Committee on Violence against Women and Children.

The day begins at 8:45 a.m. with registration and coffee and muffins. At 9 a.m. Ms. Pepino will give her lecture followed by a seminar-workshop at 10:30 a.m.

A luncheon will be held at 12:30 p.m. after which the second workshop will take place. Activities will conclude at 3:30 p.m.

There are seven seminars and workshops to choose from, although only two may be attended.

They include; Stress and Surviving a Crisis, Introduction to French Cooking, Today's Etiquette, Interior Decorating with Flair, Control your Finances, The Winning Woman and The Potential Within You-A Self Assessment.

Each seminar is led by a qualified instructor who specializes in her topic.

The committee is a non-profit group with members from throughout York Region. Although it relies on local businesses for sponsorship, a fee of \$30 is charged to participants.

For more information contact Sharon Miller at 727-8117 or Heather McKenzie at 727-4918.

CATCH OUR BIGGEST SALE OF THE YEAR
 CANADA'S FIRST ANNUAL NATIONAL FURNITURE SALE
 SEPT. 25 - OCT. 6, 1986

10 ONLY 12 DAYS

SEPT. 25th - OCT. 6th

"Mr. Discount" & "Mr. Toromark"

takes part in the NATIONAL FURNITURE SALE. Sales must be made between Sept. 25/86 & Oct. 6/86.

(no orders on hand included)

NO ... 7% Sales tax for these 12 days, Toromark will pay your 7%

NO ... interest on 6 monthly payments till 1987

NO ... delivery charge up to 50 miles in Ontario

YES ... the lowest prices anywhere

YES ... We beat any other "Sale" Price

YES ... We carry most all Canadian-made furniture & bedding.

Since 1950 in Markham ... We are Markham's oldest discount store.

TOROMARK FURNITURE HOUSE LTD.

In the IGA Plaza
 Highway #7 (just west of Highway #48)
 MARKHAM

477-2055
 294-2581

Open 9 to 9