

Religion Page

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Need vitamin therapy? Here's a prescription

By DAVE PETRESCUE

Are you anxious? Take Vitamin A: "All things work together for good to them that love God" (Romans 8:28).

Are you brokenhearted? Take Vitamin B: "Blessed are those who mourn, for they will be comforted" (Matthew 5:4).

Are you confused? Take Vitamin C: "Cast all your anxiety on Him because He cares for you" (I Peter 5:7).

Are you depressed? Take Vitamin D: "Delight yourself in the Lord, and He will give you the desires of your heart" (Psalm 37:3,4).

Are you empty? Take Vitamin E: "Enter into (the Lord's gates with thanksgiving and into His courts with praise" (Psalms 100:4).

Are you facing failure? Take Vitamin F: God "Grant you, according to the riches of His glory, to be strengthened with might by His spirit in the inner man" (Ephesians 3:16).

Are you hurting? Take Vitamin H: "Happy are you; for the Spirit of Glory and of God rests on you" (I Peter 4:14).

Are you insulted? Take Vitamin I: "Increase and abound in love one toward another" (I Thessalonians 3:12).

Are you jealous? Take Vitamin J: "Judge not that you be not judged" (Matthew 7:1).

Are you kicked around? Take Vitamin K: "Keep yourselves in love of God" (Jude 21).

Are you lonely? Take Vitamin L: "Lo I AM with you always" (Matthew 28:20).

Are you mortgaged more than your means? Take Vitamin M: "My God will meet all your needs according to His glorious riches in Christ Jesus" (Philippians 4:19).

Are you neglected? Take Vitamin N: "Never" promised Jesus Christ "will I leave you or forsake you" (Hebrews 13:5).

Are you oppressed? Take Vitamin O: "Overcome" urged John because "the one who is in you is greater than the one that is in the world" (I John 4:4).

Are you persecuted? Take Vitamin P: Paul assured: "Persecuted, but not abandoned" (II Corinthians 4:9).

Are you about to quit? Take Vitamin Q: "Quit you like men, be strong" (I Corinthians 16:13).

Are you resentful? Take Vitamin R: "Receive one another then, just as Christ received you" (Romans 15:7).

Are you sad? Take Vitamin S: "Set your heart on things above, where Christ is seated at the right hand of God" (Colossians 3:1).

Are you upset? Take Vitamin U: "Understand what the Lord's will is" (Ephesians 5:17).

Are you victimized? Take Vitamin V: "Vindicate me, O God, and plead my cause. Rescue me from deceitful and wicked men" (Psalms 43:1).

Are you weary? Take Vitamin W: "Weary not in doing good for at the proper time we will reap a harvest if we do not give up" (Galatians 6:9).

Are you exasperated? Take Vitamin X: "Exercise yourself to be godly" (I Timothy 4:7).

Are you yearning? Take Vitamin Y: "Yield yourselves to God as those who have been brought from death to life" (Romans 6:13).

Are you Zapped? Take Vitamin Z: "Zealous of good works" (Titus 2:14).

That's Christ's prescription!
EDITOR'S NOTE: Dave Petrescue is the senior pastor at Unionville Alliance Church.

A short story Journey of life comes to an end

By MARGUERITE PARENT

As he pricked her arm and the beautiful, precious red blood flowed into the syringe, he told her of his flight from Palestine and his eventual emigration to Canada.

He spoke warmly of his parents left behind in occupied territory — this young, curly-haired, rather handsome Arab Christian technician.

Later the same day she arrived in a downtown Catholic hospital. Staring dully at the crucifix on the wall, she worried also as to what the blood test had revealed.

She prayed that she would accept His will.

He arrived in the emergency room obviously tired, probably at the end of a 24-hour shift. His examination was very thorough and very tough on them both.

To make conversation, she asked him what his plans were when he finished residency. He was returning to his homeland, Israel. She studied the beautiful design on his skull cap as he wearily told her that which she did not want to hear. This chosen person of God was very kind.

Looking again at the suffering Christ she sought strength in her own suffering.

The admitting nurse was the most beautiful young woman she had ever seen — tall, dark clear skin, gorgeous soft eyes, shining black hair and a warm, loving smile.

She helped her into a 'johnny' shirt and proceeded to ask the usual hospital admission questions and they chatted freely. This noble care-giver was a registered nurse who was studying to be a pediatric nursing instructor.

It wasn't easy for her in Canada. The winter was bitterly cold and sometimes the people too were cold towards this Egyptian Moslem so far from home.

She glanced at the cross and asked forgiveness for the prejudice this nurse was suffering.

She introduced herself to her roommate whose proud Hindu markings were clearly visible. This woman's arranged marriage had taken place when she was a 15-year-old.

It was her boast in life that she had raised seven children without the use of one 'Pamper'. She cried a lot of the time because she missed her family left behind in India while she sought the medical attention available only in Canada.

Wearily closing her eyes, she asked Him to relieve the homesickness.

She was awakened much to her surprise in a recovery room. The priest was gently completing the last rites. Green-robed figures were surrounding her stretcher.

"I know you," came a voice from a pair of slanted eyes. "You taught me English at St. Mary's after I fled Viet Nam."


She thanked Him for His giving her the opportunity to ease the transition of a fellow human being.

Jew, Christian, Catholic, Moslem, Hindu, Palestinian, Israelite, Egyptian and Vietnamese, all with the same red blood, all differences put aside, all bound together with one purpose — to save her, the Catholic Canadian who was spilling her own red blood far too fast.

Gradually their faces all came together and blurred and the face of our Maker emerged. The One who loves us all equally had taken one home.

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10:30 a.m. Sunday
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Affiliation: Canadian
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UNIONVILLE ALLIANCE CHURCH
477 1104

Pastor Dave Petrescue

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11:00 a.m. Worship Service
6:30 p.m. Evening Service
Dobson Film: A
Father Looks Back
All Services at
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300 Main Street

All Services at
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