

Milliken teen wins national judo crown

By ROBERT DONNELLY

"When I was small, I always got beat up."

Cabral Wallace, 16, was six years old when he took up the sport of judo to defend himself against schoolyard bullies. "I had to set the record straight," he recalled.

Now ten years later, the Milliken athlete is the national champ, following a one-week competition sponsored by Judo Canada and held in Sydney, Nova Scotia.

Last week, the Grade 11 student from St. Robert Catholic High School paired off against challengers from Manitoba, British Columbia and Quebec in the under-74 kilograms (162.8 lbs.) weight class.

"I was the shortest in my division," he said, "...so most of the guys I fought I had to either look up at or were heavier."

Wallace, an Ikkyu (brown belt), weighs 67 kg (147 lbs.) and stands 5 ft. 7 inches tall. In his final fight for the gold medal, his rival — a fellow team member from Kenora — at 6'1" was like a towering northern spruce, and tipped the scales at almost 72 kg. (160 lbs.).

"In Judo you have to take your opponent down to the ground or throw him, or choke him out, or arm-lock him," he explained.

Literally translated from Japanese as "the gentle way", Judo was modified from the self defence techniques of Jiu-Jitsu to make it safer for competition.

Judo began in Tokyo in 1882 and came to Canada in 1924. Judo Canada, the governing body for the sport, was established in 1956. In 1964, the first Olympic competitions were held in Tokyo.

Wallace admitted that the

sport, despite efforts to make it as safe as possible, does have its inherent hazards.

For example, "choking out", if taken too far or if the referees are not alert, can end in suffocation or even death, he said.

Also, he pointed out that two years ago at an invitational tournament sponsored by the United States Judo Association (USJA) in Decatur, Illinois, an overexuberant arm lock broke his left elbow.

In great pain, Wallace somehow not only finished the fight, but also won it. He was then sidelined from competition for almost two

months.

Wallace trains in his basement with weights and downtown with the University of Toronto Judo Club to prepare for next year's competition in Prince Albert, Saskatchewan.

Meanwhile, he's concentrating on acquiring his black belt and dealing with sibling rivalry. Like her older brother, twelve-year-old Cline — a blue belt — also partakes in the sport.

When asked if she will ever be tossing him around someday, Cabral laughed and said, "No, I'll make sure that won't happen for a long time."

Markham Tennis

MIXED B INTERCOUNTY vs NEWMARKET

Jason Adamson & Kevin Thompson lost 4-6, 4-6, 3-6. Brian Brewer & John Chippendall won 6-4, 7-5. John Priestman & Hugh Scott won 6-2, 7-5. Christina Hoover & Edgar Reich won 6-4, 6-3. Betty Catricala & Dennis Yool won 6-4, 6-1. Marg Falcoa & Karen Smiley lost 6-2, 6-7, 2-6.

LADIES MAJORS vs AURORA

Sue Quinn & Marg Falcoa lost 4-6, 1-6. Betty Catricala & Sandra Gibson won 7-6, 2-6, 6-1. Christina Hoover & Caroline Zank lost 6-7, 3-6. Joanna Meharg & Lorraine McDonald lost 2-6, 3-6.

LADIES A vs GERMAN MILLS

Christa Collins & Marlene Peralta won by

default. Joan Henry & Lyn Brewer lost 6-3, 4-6, 4-6. Grace D'Angelo & Diane Smiley lost 4-6, 3-6. Virginia Northcott & Kim Moore lost 3-6, 4-6.

LADIES B vs BANBURY

Linda Payzant & Pat Maybury won 6-3, 6-3. Kim Lowes & Gail Closs lost 3-6, 1-6. Mary Anne McLeod & Marlene Gillies won 6-4, 6-3. Betty Miller & Stephanie Richardson won 6-7, 6-2, 7-6.

LADIES INDEPENDENT vs RICHMOND HILL

Pat Regent & Maureen Jervis won 6-3, 6-4. Donna Wega & Betty Taylor lost 5-7, 5-7. Bette Harris & Jackie Bennet won 6-4, 4-6. 6-2. Shirley Teel & Isobel Bell lost 6-7, 3-6.

Markham Fun League

TEAM	W	L	T	P	Harvey's	2	11	1	5
Toni Sullivan	9	5	2	20	Susan Moon 11 — Barry's Auto 3				
Susan Moon	9	5	2	20	Rep Sports 18 — Service Tire 16				
Mr. Transmission	9	6	1	19	Markham Convenience 11 — Sylvia				
Hogan Chev-Olds	8	5	3	19	Houghton 8				
Carson & Weeks	7	3	5	19	Susan Moon 17 — Toni Sullivan 5				
Rep Sports	8	6	1	17	Mr. Transmission 6 — Service Tire 4				
Northtown Texaco	7	3	3	17	Hogan's Chev-Olds 13 — The Weedeater 8				
Markham Knights	6	5	3	15	Carson & Weeks 20 — Markham Convenience 5				
Service Tire	6	7	3	15	Susan Moon 15 — Service Tire 10				
Eithier/Cribari	5	4	5	15	Hogan's Chev-Olds — Markham Convenience 5				
Barry's Auto	6	6	2	14	Toni Sullivan 8 — Unionville Motors 0				
Unionville Motors	4	6	4	12	Knights 15 — Mr. Transmission 8				
Markham Convenience	5	10	0	10					
Sylvia Houghton	3	7	3	9					
The Weedeater	3	9	3	9					

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CABRAL WALLACE
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