



MARKHAM VILLAGE WOMEN'S CLUB



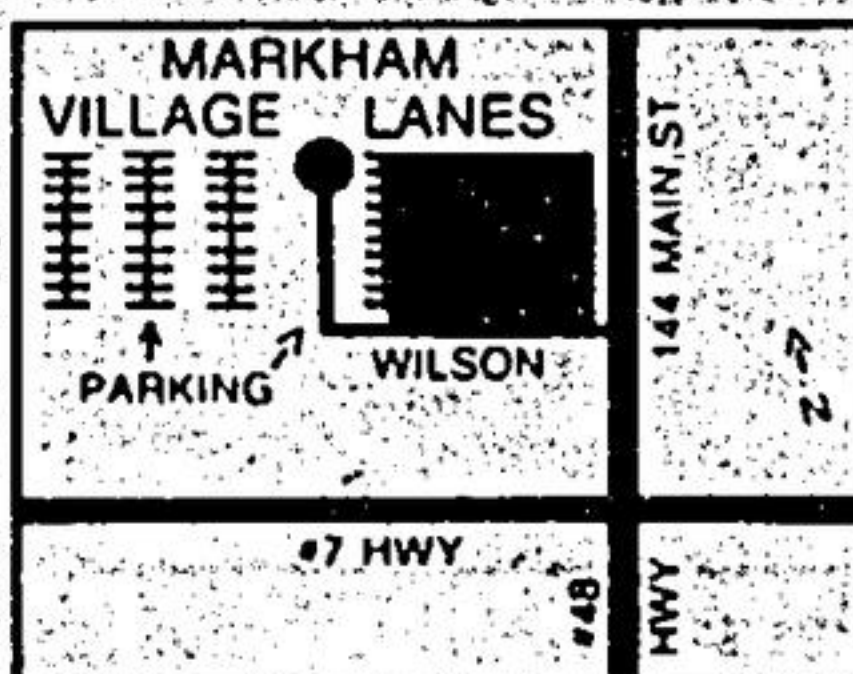
Markham Village Women's Club offers these exclusive features: Exclusive aerobic circuit training. A fully equipped universal gym. Double sprung aerobic floor. Exercise bicycles. A children's nursery. Year round sun-tanning facilities. Private showers & change rooms in a beautiful environment. After your work-out, relax in our sauna & our fantastic glass-fronted whirlpool overlooking the gym. We take the time to give you a thorough Fitness Test and a personalized program.

Free 1 WEEK PASS
 ENJOY AEROBICS, WEIGHT TRAINING & SPA
 Call for an appointment 294-7764
 Offer expires **JULY 31, 86**

Markham Village Lanes Shopping Centre



Early Bird Work-Out 7:30-9 a.m.



Markham Village Womens Club
 (Enter at lower level)
 144 Main Street North
 Markham Village Lanes
 Markham, Ontario
 Telephone 294-7764

Mon.-Fri. 7:30 a.m.-9:00 p.m.
 Sat.-Sun. 10:00 a.m.-3:00 p.m.