

Teacher recalls 'sore behinds' on trail ride

DEAR EDITOR:

In June, 1985, the question was raised in my physical education class at Stouffville District Secondary (SDSS) could we make horse-back riding a part of the following year's agenda?

In September, the question was answered and I was responsible to organize a horse-back riding field trip for two Grade 12 classes. Due to the fact that the fall of 1985-86 was too packed with events, we postponed the idea until this spring.

On Tuesday and Wednesday (May 28-29), 52 students went to Wagon Wheel Ranch in Ballantrac. The teacher in attendance was Dave Connell whose enthusiasm rose from the first day to the second.

The highlights during the two days included watching first-timers in

a saddle, listening to the roaring sound of hooves over sandy paths and grassy terrain and watching a fight between Mr. Connell's horse and that of a student's. One horse ran his rider through a tree (or so I heard) leaving impressive scars to prove his ill-fate.

Since the ride was only one hour, the ranch employees offered to take us on a hay ride. On Tuesday we were pulled by tractor and on Wednesday by two magnificent horses. Besides the sore behinds of 52 students and one teacher, everyone enjoyed themselves.

"It was a good experience and lots of fun," said one student. "Can we go again next year?" asked another. "Though riding has never been included in the SDSS learning program, I am glad to have been a part of this exciting new adventure."

Heidi Hirsch

Ladies Fun League swings into summer

Stouffville Ladies Fun League results for June 3:

Fletcher's 30 — Lee Sand & Gravel 21
Homeruns by Kathleen Ortlieb and Judy Sugai (Fletcher's) and Brenda Holland (Lee Sand).

Magna 10 — Greens 5
No highlights
McNeil Pharm. 25 — Canadian Tire 14
Homeruns by Peggy Devine (Canadian Tire) and Karen Adair, Diana Norton and Wendy Cartwright (McNeil).



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HEINZ
DARK RED KIDNEY BEANS
WITH PORK & MOLASSES
14 FL OZ TIN

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save up to .30

up to 1/3 off



CHERRY PEPSI, REGULAR OR DIET
750 mL BTL PLUS .30 DEPOSIT

.69
Unit cost 9.2¢ per 100 mL

save .20

CHERRY PEPSI, REGULAR OR DIET
CASE OF 24-280 mL TINS

6.49
Unit cost 9.7¢ per 100 mL

save 1.50

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PRODUCT OF MEXICO, SWEET, RIPE
Fresh Mangoes each **.99**

PRODUCT OF NEW ZEALAND
Fresh Kiwi Fruit **2/.99**

PRODUCT OF U.S.A.
Celery Tomatoes pint **.99**

real value

CANADA NO. 1, PRODUCT OF U.S.A., CALIFORNIA
Fresh Peaches **218/.99**
save up to 5.09

ASST VAR INCL FANCY WHOLE KERNEL CORN 12 FL OZ
Del Monte Vegetables 14 fl oz tins case of 12 **7.99**

HUMPTY DUMPTY, ASST VAR INCLUDING FRILLS 200g pkg **1.29**

KRAFT, CREAMY CUCUMBER, COLE SLAW, GOLDEN ITALIAN 250 mL btl **1.29**

KRAFT, REGULAR **B.B.Q. Sauce** 710 mL jar **2.69**

HEINZ, TOMATO **Keg'O Ketchup** 1.25 litre btl **2.69**

WITH GARLIC, NO GARLIC OR POLSKI OGORKI. **Bick's Dill Pickles** 1 litre jar **1.99**

REAL **Hellmann's Mayonnaise** 750 mL jar **2.99**

SWEET MIXED, YUM YUM, BABY DILLS **Bick's Pickles** 1 litre jar **1.99**

save .50

A PREMIUM HEARTY BLEND. CUSTOM GROUND. NOTHING BEATS THE BEAN.
Bokar Bean Coffee 1 lb bag **4.99**

GENERAL MILLS, HONEY NUT 525g OR REGULAR 575g pkg **2.49**

CHUNK LIGHT, IN WATER OR OIL **Clover Leaf Tuna** 6 1/2 oz tin **.99**

FBI **Pure Apple Juice** 1 litre btl **.89**

real value

KRAFT **Peanut Butter** 1.5 kg pail **3.99**

CANADA FANCY, PRODUCT OF ONTARIO, ALL PURPOSE 5 lb bag **2.89**

CANADA NO. 1, PRODUCT OF U.S.A., GREEN **Seedless Grapes** 4 3/4 kg **1.99**

PRODUCT OF U.S.A., CALIFORNIA **Jumbo Oranges** 5/1.99

real value

PRODUCT OF U.S.A., GREAT WITH CHEESE SAUCE
Fresh Broccoli bunch **.99**
save 2.00

ORANGE PEKOE **Tetley Tea Bags** pkg of 144 **3.99**

HEINZ, FANCY **Tomato Juice** 19 fl oz tin **.59**

IN TOMATO SAUCE, SPAGHETTI, U.F.O.'S OR **Heinz Scarios** 14 fl oz tin **.59**

FROZEN, CONCENTRATED, ORANGE, GRAPE, LEMON-LIME, FRUIT PUNCH **Honey Dew Drinks** 12 fl oz tin **.99**

save 1.10

BLACK DIAMOND, PROCESS CHEESE FOOD, SINGLE THINS **Cheese Slices** 500g pkg **2.99**

FROZEN, CHICKEN CACCIATORE, CHICKEN AL'ORANGE, GLAZED CHICKEN **Lean Cuisine Entrees** 228g pkg **3.69**

GAY LEA, REFRIGERATED **Sour Cream** 500 mL ctn **1.69**

MERIT, 100% VEGETABLE OIL **Soft Margarine** 8 lb cont **6.99**

SWISS STYLE, PLAIN OR ASSORTED FLAVOURS **Yoplait Yogourt** 125g lubs pack of 4 **1.69**

half price

BETTY CROCKER, ASSORTED VARIETIES **Snackin' Cake Mixes** 400g pkg **.99**

save 4.00

POWDERED LAUNDRY **Sunlight Detergent** 12 litre box **7.99**

real value

CANADA NO. 1, PRODUCT OF U.S.A., VINE RIPE

Jumbo Cantaloupe each **.99**

CANADA NO. 1, PRODUCT OF ONTARIO, TENDER, GREEN SPEARS **Fresh Asparagus** 3 7/8 kg/169 lb

PRODUCT OF ONTARIO **Bunch Radishes** **2/.99**

PRODUCT OF U.S.A., FLORIDA, LARGE, JUICY **Seedless Limes** **3/1.00**

real value

PRODUCT OF U.S.A., TENDER, STRINGLESS **Green Beans** **218/.99**
save 1.60

2-PLY BATHROOM, WHITE, ALMOND OR YELLOW **Royale Tissue** pkg of 8 rolls **2.99**

LAURA SECOND ASST VARIETIES OF PUDDINGS & YOGOURTS INCLUDING LIGHT TOUCH PUDDINGS 125g lubs pkg of 4 **1.99**

GRAPE DRINK (PACK OF 3-250 mL TETRA PACKS. 99-SAVE .50) 48 fl oz tin **.99**

PURE GRAPE JAM OR **Welch's Jelly** 500 mL jar **2.39**

save .70

ASSORTED VARIETIES INCLUDING CUBITS & HOT DOG **Bick's Relishes** 375 mL jar **.99**

STUART HOUSE **Foil Wrap** 18" x 25' roll **1.79**

BELMONT, STRAWBERRY BELMONT, GOLDEN CARAMEL, MIDNIGHT MINT, PETER PAN **Dare Cookies** 300g tin tie bag **1.99**

CHRISTIE, BETTER SWISS CHEESE, BETTER BLUE CHEESE, BETTER MAGNO OR **Better Cheddars** 250g pkg **1.69**

HEINZ, CONDENSED SOUP **Cream of Mushroom** 10 fl oz tin **.39**

half price

PURE VEGETABLE **Liberty Oil** 3 litre cont **2.99**

CLIP & SAVE 40% WITH THIS COUPON
Kal Kan Cat Food CASE SALE **14.99**
(Single 369g tin-.79-Our regular price 1.09)
LIMIT: one per coupon.
VALID UNTIL JUNE 14th, 1986
(Feature price 16.99 without coupon) V.C.

CANADA NO. 1, PRODUCT OF U.S.A. 12 oz pkg **Mini Carrots** **.69**

PRODUCT OF U.S.A., DELICIOUS IN SALADS **Escarole or Endive** each **.99**

PRODUCT OF ONTARIO, DELICIOUS IN SALADS **Zucchini Squash** 1 7/8 kg/lb **.79**

real value

CANADA NO. 1, PRODUCT OF ONTARIO **Seedless Cucumbers** each **.99**
action priced

PRONTO, WHITE, YELLOW OR ALMOND **Paper Towels** pkg of 2 rolls **.89**

2-PLY FACIAL, WHITE OR ALMOND **Florelle Tissue** box of 200 sheets **.89**

A&P, PLAIN OR SALTED **Soda Crackers** 450g pkg **.99**

TOOTH PASTE **Aqua-Fresh** 100 mL pump tube **1.99**

SCOPE MOUTHWASH 1 litre **5.49**

JULIA, GRATED **Parmesan Cheese** 125g cont **.99**

HUNT'S **Tomato Paste** 5 1/2 fl oz tin **.59**

HUNT'S, THICK & RICH **Spaghetti Sauce** 28 fl oz tin **.99**

save .50

ASSORTED VARIETIES **Lancia Pastas** 900g pkg **.99**

BRAVO, PLAIN **Spaghetti Sauce** 28 fl oz tin **.99**

STUFFED MANZANILLA OR SALAD **Unico Olives** 375 mL jar **.99**

LANCIA SAUCES, WITH EXTRA TOMATOES & MUSHROOMS OR PEPPERS **Garden Recipe** 375 mL jar **.99**

CLIP & SAVE 35% WITH THIS COUPON
Pal Dog Food CASE SALE **14.99**
(Single 369g tin-.79-Our regular price .99)
LIMIT: one per coupon.
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