

Swim instructor didn't train still wins three gold medals

Vandorf swim instructor Yvonne Catrall didn't train for the competition and still managed to capture three gold medals at the Ontario Championships in Etobicoke April 26-27.

The 37-year-old mother of two children came first in the 50, 100 and 200-metre breast stroke (35-39 age group).

Although Catrall's times didn't come close to matching her two world records in the 100-metre (1:22) and 200-metre (3:12) breast stroke, she paced her competitors by a good two or three seconds.

"I really am very pleased considering I haven't trained at all since the Masters Games," she remarked. Last summer, Catrall won two silvers and a gold medal at the inaugural adult Masters Games in Toronto.



YVONNE CATRALL no training

Catrall, who is the owner and operator of the eight-month old Swim Gym program at the renovated Vandorf pool, admits she can't compete in every swim

meet and usually sets her sights on a select few.

"I can't train continuously throughout the year because I'm so busy running the pool (in Vandorf) now," she explained. Nevertheless, Catrall has booked a flight to Florida to compete in the U.S. National Championships, May 14-17. It will be her only meet this summer.

Catrall, who spends 14 hours a day at the pool as a swim instructor, will do all her training for the American competition this week. She hopes to place in the top three.

The native of England has also set a long-term goal — to compete in the 1988 International Masters meet in Australia.

Rick Wood, Swim Gym manager, set five personal best times at the Ontario Championships two weekends ago.

Keith Acton says Cup up for grabs

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equal. I think the main factor to get there is going to be desire and dedication and sacrifice in the right areas. You don't sacrifice your family or your education, but maybe you sacrifice social things in your teens. Instead of going to the high school dance, you find somewhere to play hockey.

TRIBUNE—Don Cherry says all the best teams are out and the Stanley Cup is up for grabs. Who's going to win it?

ACTON—I think Montreal's got a good chance and Calgary will probably beat the Blues. It's pretty hard to pick a winner right now. I wish our team was playing because we'd have a pretty good chance at winning it.

TRIBUNE—You swept the Blues last year in the first round. Would you rather have played someone other than the Blues this time around?

ACTON—You can't choose who you would like to play. Any team that tries to pattern or position themselves so they play somebody usually comes back to haunt them.



KEITH ACTON penalty-killer

Six Pak, Brew Jays win bowling titles

MEN'S LEAGUE

Monday night men's bowling tally, April 28:

PLAYOFF FINALS—Doug Stuart 879 (355, 237, 287), Bill White 765, Donte Bennicass 718, Glen Jackson 705, Don Barker 701, Graham Fretz 697, Bill Dart 682, Bill Grove 668, Jim McVicar 666, Gary Morley 665, Al Piette 657, Art Grove 639, Bob Bundy 638, Steve Ireland 636, Doug Gilbert 628.

TEAM WINNERS—"Six Pak" won the 'A' division averaging 1,396 pins per game for 12 games. Team members include Jim Ringwood, Randy Lee, Tom Gottschalk, Ron Gottschalk, Bill White and Doug Stuart. "Brew Jays" won the 'B' division title averaging 1,365 pins per game. Team members include Steve Spang, Graham Fretz, Glen Hammond, Art Smith, Dan Brown and Kent Davidge.

The new officers for next season are Kent Davidge (president), Bob Bundy (1st vice-president), Steve Ireland

(2nd vice-president), Bill Petri (treasurer) and Cliff Dunkeld (secretary).

MIXED LEAGUE

Tuesday night mixed results, April 22:

Lionel Duperron 812 (291, 306, 215), Bud Feaver 721 (274, 265), George Sabo 694 (279, 205, 210), Brian Good 686 (261, 252), Lloyd Kerswill 665 (272, 215), Grietje Gray 641 (280), Randy Hathaway 623 (222, 235), Tracy Laperriere 619 (251), Garth Good 610 (238), Sheila Kerswill 604 (228), Bruce Grove 238, Carl Johnston 256, Cheryl Lee 204, 210, Joan Kenny 216, Mike Peden 219, Marlene Grove 205, Warren Foster 220, 220.

April 29—George Sabo 691 (248, 262), Paul Ramer 673 (207, 221, 245), Lionel Duperron 667 (231, 266), Elwood Patenden 662 (266, 228), Marlene Grove 659 (221, 200, 238), Bud Feaver 639 (222, 245), Warren Foster 605 (217), Larry

Grove 604 (221, 215), Cheryl Lee 603 (240), Garth Good 602 (221), Joan MacVarish 213, Gayle Evans 207, Rodney Lee 200, Lloyd Kerswill 204, Pat Vandervoort 203, Eric Blundon 203, Sharon Angliss 232, Darlene Johnston 209, Tracy Laperriere 218, Brian Good 251.

LADIES LEAGUE

Legion ladies league scores, April 29 (9 p.m.):

Janet Senour 609 (224), Linda Van Leeuwen 244, Sylvia Bishop 227, Norma Tranter 220, Chuck Valleau 217, Linda Arbour 215, Lori Assineck 208, Anne Gottschalk 207, 210, Barb Thomas 206, Barb Siddall 204, Sandy Vallee 200.

BOWLERS' NAMES ARE SUBMITTED TO THE TRIBUNE ON A WEEKLY BASIS. WE PRINT THEM AS THEY ARE WRITTEN. HOWEVER, MISTAKES DO OCCUR AND WE APOLOGIZE FOR THE ERRORS.

Light truck show at Ex

For off-road race enthusiasts, a Light Truck Show is at the Automotive Building, Exhibition Place Thursday to Sunday.

Pick-up trucks, van and van conversions, panel trucks, 4-wheel drive vehicles and club wagons will be on display. Truck tops and camper tops, slide-on campers, tires, audio equipment, repair and do-it-yourself equipment, power adaptations, winches, trailer hitches, boots

and suspension equipment will also be exhibited.

Anyone interested in joining the York Region Off-Road Association or wanting to know more about it can talk to Gary McArthur, salesman and chairman of the new association, at the Markville Toyota booth.

A 4X4 off-road jamboree is scheduled for the Markham Fairgrounds, June 20-22. All 4X4's and pick-ups are welcome.

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MARKVILLE TOYOTA'S ATHLETE OF THE WEEK

JENNIFER LYNES Jennifer Lynes, 12 of the Town of Markham Aquatic Club, broke a club record while finishing fourth in the consolation finals of the 200m freestyle event at a recent Senior Swim meet held at Brock University.

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