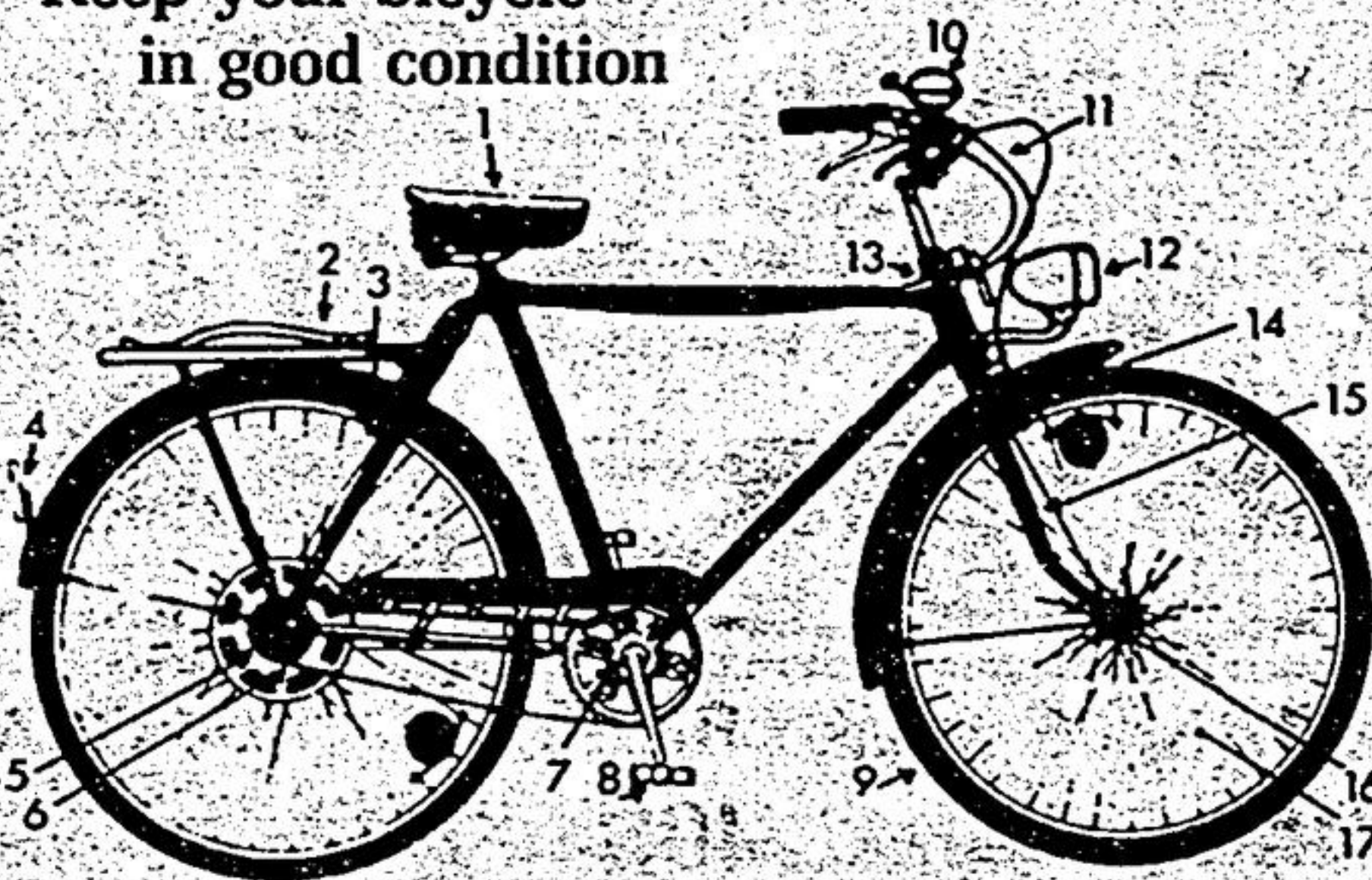


McDonald's to host Markham bike rodeo

1. **SADDLE.** The front of the saddle should be tilted very slightly upward.
2. **LUGGAGE CARRIER.** It is unwise to carry objects in the hand; fit a rear carrier or large bag to saddle.
3. **BRAKE SHOES AND BLOCKS.** Brakes must be fitted which will stop each wheel independently. Check and replace brake blocks when necessary.
4. **RED REFLECTOR.** To be 1 1/2" in diameter and point squarely to the rear. Keep clean.
5. **REAR HUB.** Adjust cone to avoid shake. Keep wheelnuts tight.
6. **CHAIN AND CHAIN ADJUSTERS.** Do not allow more than 3/4" up-and-down play midway. Tighten chain by means of adjusters or by loosening nuts and pulling hub and wheel back slightly. Adjust rear brake at same time.
7. **DOWELS/PINS.** Keep tight.
8. **PEDALS.** Keep adjusted so as to rotate freely.
9. **TIRES.** Keep pumped board-hard.

Keep your bicycle in good condition



Have your bicycle safety-checked twice a year by a reliable bicycle service dealer.

- If tread is badly worn or if canvas shows fit new tire.
10. **BELL.** Keep fitted so that you can apply your brakes and control your cycle.
 11. **HANDLEBARS.** Adjust to right height. Grips should be about level with peak of saddle.
 12. **FRONT LAMP.** Must show white light. Keep clean.
 13. **STEERING HEAD.** Locking ring to adjust play in steering. Nut to raise and lower handlebar in other types of cycle.
 14. **BRAKE MECHANISM.** Keep adjusted so that blocks are close to rim when brake is off. Replace frayed cables.
 15. **FRONT FORKS.** If these become bent back have fork stem straightened; if this is not possible, replace forks. Bent forks are dangerous.
 16. **FRONT HUB.** Adjust cone to avoid shake. Keep wheelnuts tight.
 17. **SPOKES.** Have tightened if slack, or replaced if broken.

McDonald's Restaurant, in cooperation with the Markham Neighborhood Watch and the York Regional Police, will be hosting a bike rodeo and engraving session tomorrow from 10 a.m. to 4 p.m.

The rodeo will stress bicycle safety and rules of the road. The bicycle engraving session is designed to aid police in returning recovered bicycles to their owners.

More than 200 young bikers between 4 and 14 are expected to attend, said McDonald's manager Wanda James.

"We like to support any worthwhile activity we can get involved in," said Mrs. James.

Children also have a chance to win a BMX style bike donated by Bikers Bicycle Emporium. Ballots for the draw are available at McDonald's.

Mrs. James pointed out that in case of rain another date would be posted in the restaurant.



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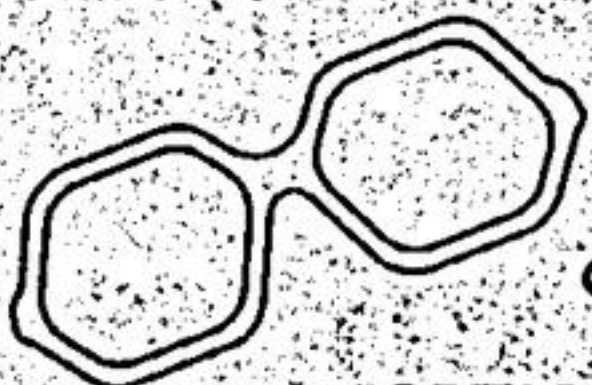
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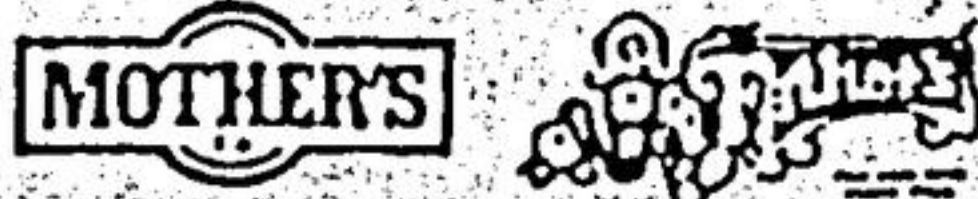
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