

FIT & FIRM FOR SPRING & SUMMER

Markham Village Women's Club offers these exclusive features:
 Exclusive aerobic circuit training. A fully equipped universal gym. Double sprung aerobic floor. Exercise bicycles. A children's nursery. Year-round suntanning facilities. Private showers & change rooms in a **beautiful environment**. After your work-out, relax in our sauna & our fantastic glass-fronted whirlpool overlooking the gym.

- ★ OVER ALL BODY TONE ★ TRIM WAIST
- ★ LEAN ABDOMINALS ★ SLENDER HIPS
- ★ FIRM THIGHS ★ WE TAKE THE TIME TO GIVE YOU A THOROUGH FITNESS TEST AND A **PERSONALIZED PROGRAM**.

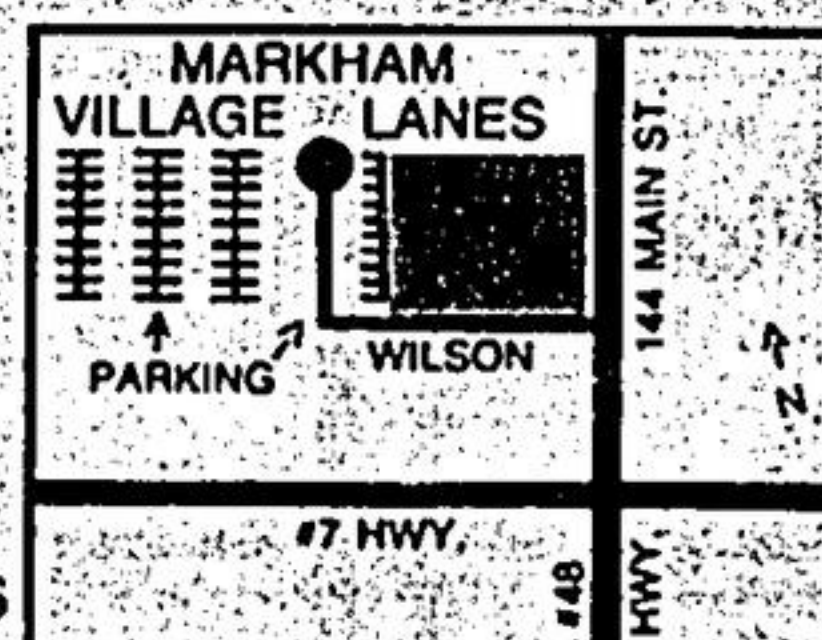
JOIN NOW
PAY ONLY \$20⁰⁰
A MONTH*

*with a specially priced initiation fee of only \$159.00

ACT NOW! OFFER EXPIRES APRIL 30th/86



The Markham Village Lanes



Markham Village Womens Club
 (Enter at lower level)
 144 Main Street North
 Markham Village Lanes
 Markham, Ontario
 Telephone 294-7764
 Mon.-Fri. 9:00-9:00
 Sat.-Sun. 10:00-3:00



*A Fitness Club
 Exclusively for
 Women of
 All Ages*

NEWLY OPEN