

Milliken Mills

Keith Daunt



Tennis club ready for busy season

The Milliken Mills Tennis Club is getting ready for another busy season.

The club's annual general elections and registrations for the 1986 season are scheduled for Milliken Mills Public School, Wednesday, April 16 starting at 8 p.m.

Founded in 1980 this community tennis club is a popular activity centre for the residents of Milliken Mills. During 1985 the club had an active membership of 150 with an even split between adult and junior members.

According to Tom Barrett, who is an executive of the tennis club, there is an abundance of court time. The three tennis courts located at Highgate Park are open from sunrise to 11 p.m. Court time is available on a first come first serve basis and of course club members receive priority.

Registration fees are: \$60 per family or \$35 per individual adult; \$20 for students between the ages of 17 and 21; and \$10 for children under the ages of 17.

You don't have to know how to play tennis in order to join the club, professional coaching is available. For a \$35 fee adults will receive six one-hour lessons and children under 17 pay \$5 for six, one-hour lessons. Last year the junior boys between the ages of 12 and 16 played in the Ontario league.

The tennis club's opening games are planned for May 4. If it rains the games will begin on May

11. You can sign up at the courts on those dates between 9 a.m. to 11 p.m.

The club hopes to build a club house and add additional courts in the near future. For additional information on the Milliken Mills Tennis Club please call Tom Barrett on 475-5137.

Women's slow pitch

The Milliken Mills Women's Softball Association is all set to start another season. Practice games are planned for early May with the actual season beginning in mid May.

All games will be played at Highgate Park. With six teams all set to begin the season the ladies are in desperate need of coaches. Anyone interested can call Cheryl Johnson at 475-0595.

Green thumbs

As a result of a highly successful Lawn and Garden competition held in 1985, a group of enthusiastic gardeners met this week with a director of the Ontario Horticultural Society and discussed plans to form the Milliken Mills Garden Club.

The garden club idea is endorsed and sponsored by our Milliken Mills Community Association. There will be a general meeting for all interested residents on May 14.

The founding fathers of this group are Everard Hoo 475-1658, Hollis Baptiste 475-7165 and Sharon Russell 475-7053.



A real good deed

Brian Dillon, 6, (middle front) was the winner in the Care-a-lot-Kid contest held by Golden Griddle in Markham. He was joined for a free dinner at Golden Griddle by his friends (left to right) Lisa Dubbin, 10, Amie Dubbin, 11, Jimmy Weidmark, 8, and Bill Wells, 11. Also on hand was Care-a-lot Bear.

— Sjoerd Witteveen

Coping with depression course starts this month

The York Region Health Branch is offering a six-week course entitled 'Dealing with Depression'.

The course will cover a wide range of topics which include the differences between normal de-

pression or 'the blues' and chronic or acute depression. Also included will be practical discussions on how to get the right treatment, the importance of families as support groups for depressives, and the role that associated conditions such as alcoholism,

agoraphobia, and anxiety play in the affliction.

The course begins Friday, April 18 at 7:30 p.m. and will cost \$20 for singles and \$30 for couples. Those interested in registering should call 895-4511 or 887-5843.

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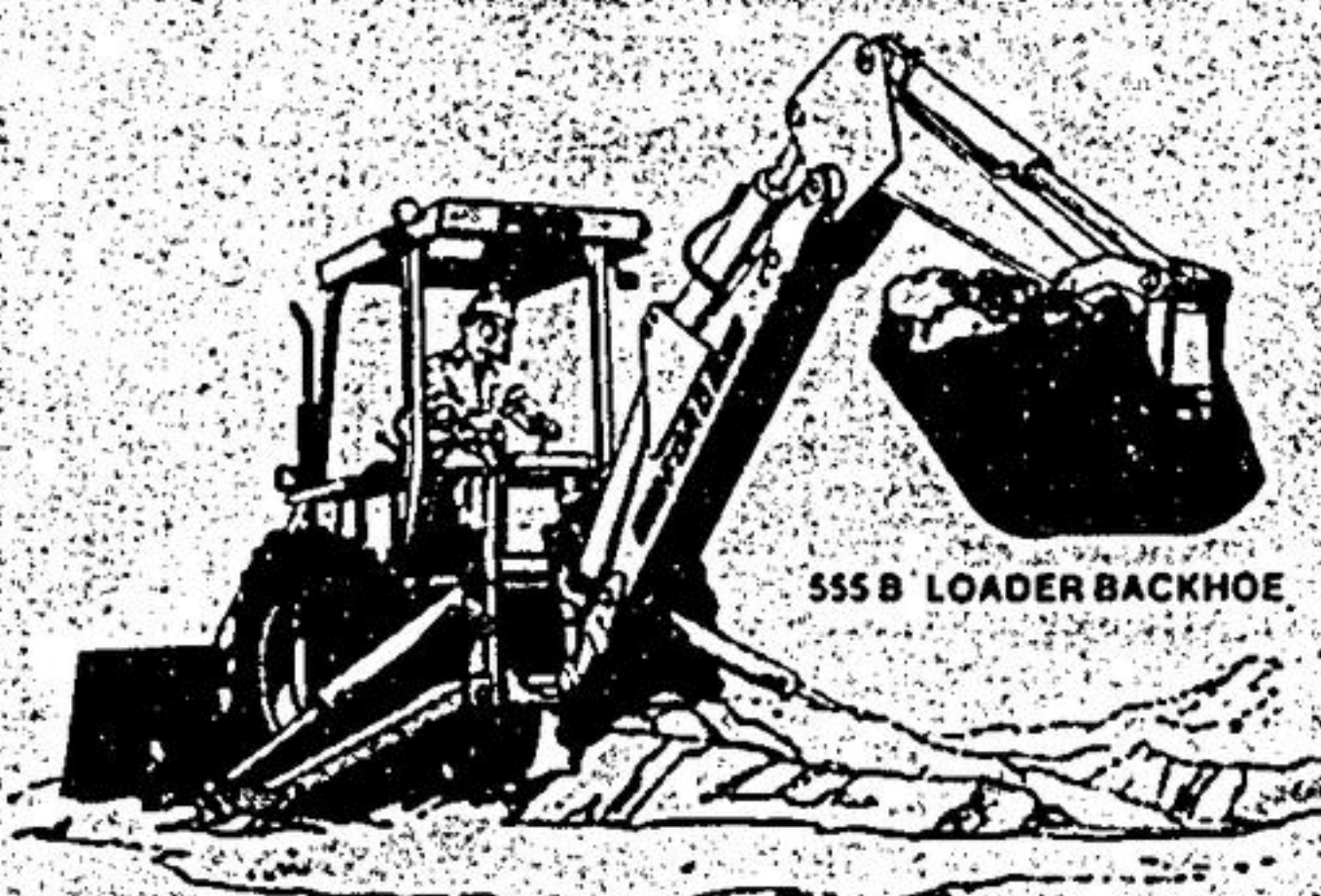
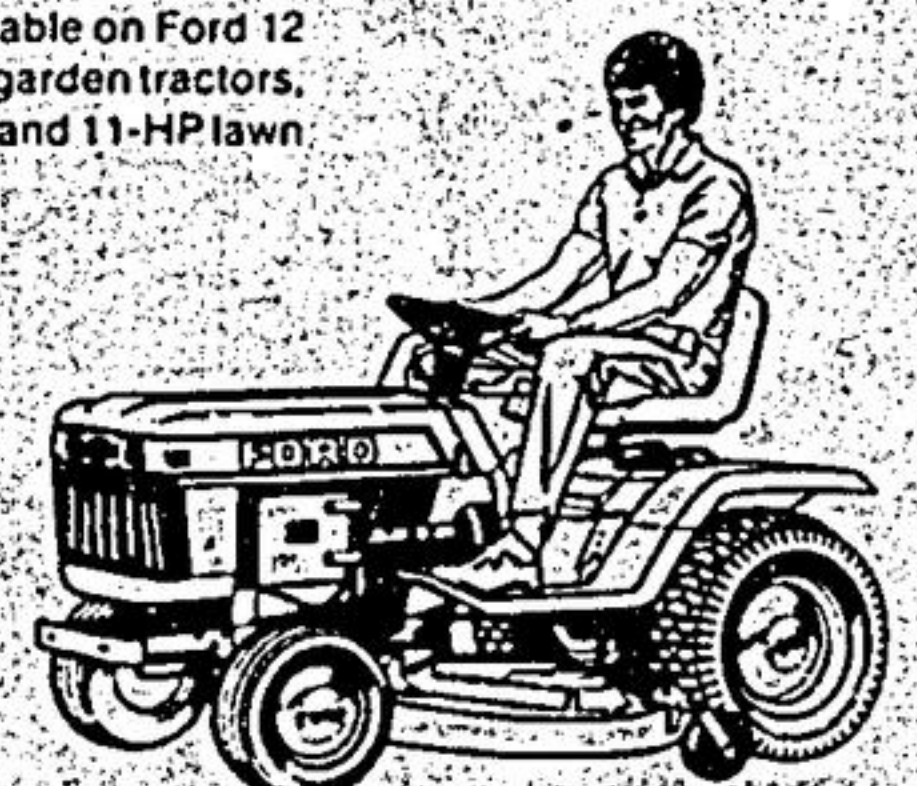
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