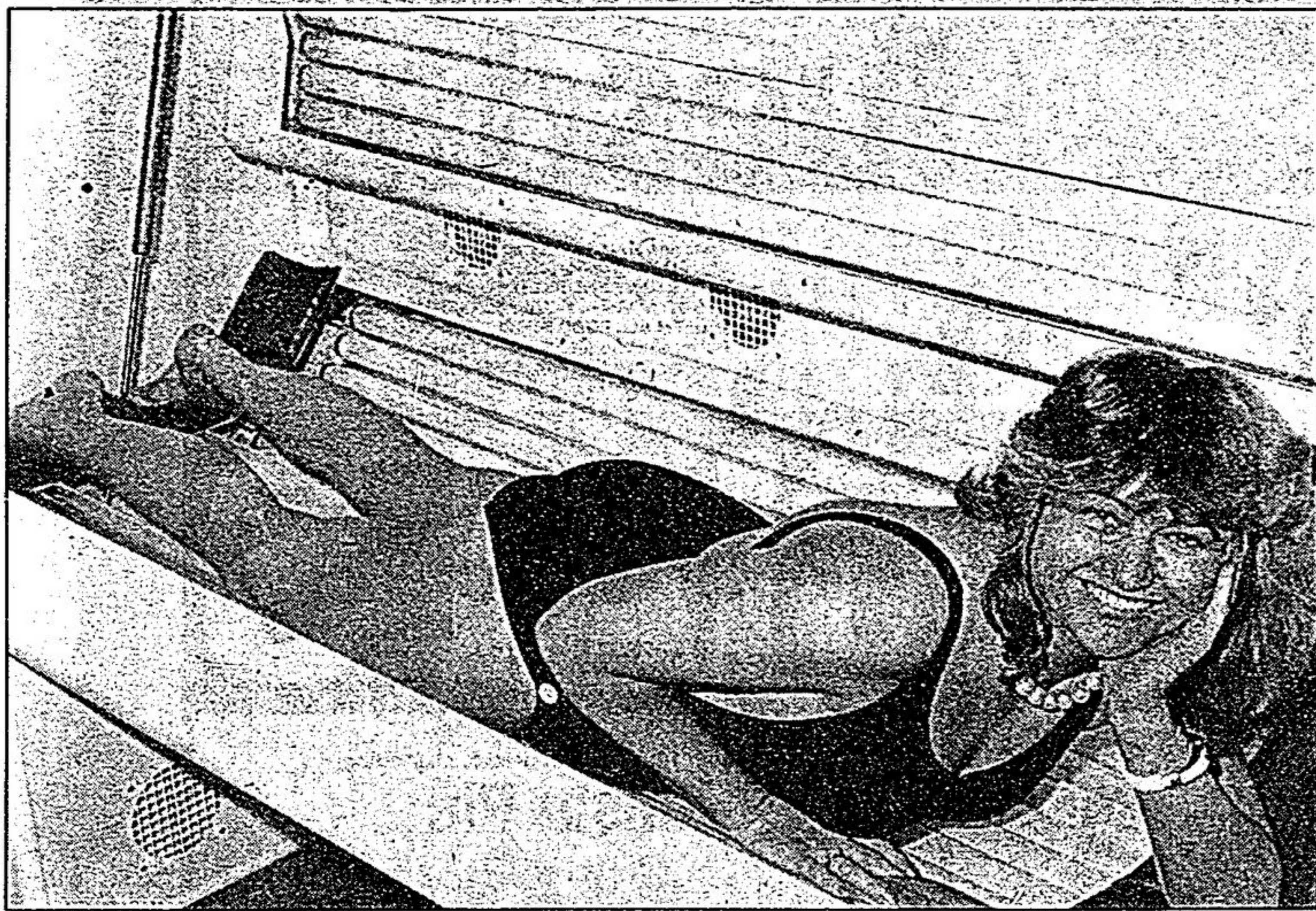


Suntan bed

A 'successful' way to get a tan



Getting a tan

Lucia Van Der Gulick gets a head start on her summer tan at Stouffville's Success Suntan Salon Inc. She and husband Theo recently opened the business

in Success Square Plaza. Normally, a customer uses a suntan bed minus the swim suit to get maximum body coverage. — Chris Shanahan

Suntan beds can safely turn the skin golden brown in as few as five half-hour sessions, say the operators of Stouffville's first full-fledged tanning salon.

"It takes anywhere from five to eight sessions to get a tan," according to Theo Van Der Gulik, who owns Success Suntan Salon Inc. with his wife Lucia.

After that, he says one visit a week should be enough to keep the skin dark.

"We do live in the area and we figured it was about time Stouffville had something like this," added Mrs. Van Der Gulik, who says business is showing a steady increase during the first weeks.

And she claims there's no risk of skin damage as long as the beds are used as recommended.

Mr. Van Der Gulik says they actually help avoid burning through the controlled release of certain types of ultraviolet rays.

"If you burn in the sun and you peel, you have the risk of getting skin cancer," according to Mr. Van Der Gulik. But the salon treatment employs a minimum amount of the sun's burning rays, called UVBs.

He feels an improved personal appearance is probably the number one benefit of indoor tanning, though doctors sometimes refer

patients to salons because of the treatment's proven healing qualities.

As a safety-precaution, clients must first fill out an information sheet because certain health conditions may rule out some potential users.

"If we have a feeling the person shouldn't use the suntan bed we make them get a recommendation from their doctor first," he says.

The salon now holds five tanning devices but the R.R. 3, Stouffville couple hope to double that number by the fall.

The Van Der Guliks both sport healthy bronze complexions courtesy of the coffin-shaped machines manufactured in their native Holland.

A series of 10 half-hour tanning sessions normally costs \$70, though Success Salon is now offering an introductory two-for-one rate.

Mr. Van Der Gulik says tanning beds have been popular in Europe for over 15 years, but have only gained widespread North American acceptance in the past four or five.

A cabinet-maker by trade, he became familiar with the topic while installing facilities at a Markham suntan studio.

School break-in culprits wanted

By INSPECTOR BARRY DELANEY

York Regional Crime Stoppers is seeking information on a suspect or suspects wanted for the Break, Enter and Theft of Computers and other equipment from the Lake Wilcox Public School.

During the weekend of Nov. 22 to 25, suspects broke into the Lake Wilcox Public School on Wildwood Ave., Oak Ridges by breaking a window. Once inside, the suspects went room to room and removed eight (8) Apple 11E desk top computers, eight (8) Apple 11E external Disk Drive and seven (7) Apple 11E Color Monitors.

Also stolen was one Imagewriter and one Epson RX100 Printer and one RCA VHS Video Recorder.

Total value of stolen goods was in excess of \$28,000.

Evidence found at crime scene indicates a pick up truck or van may have been used to escape with this vast amount of property.

Crime Stoppers will pay up to \$1,000 to anyone providing information that leads to an arrest in this case.

Amounts of up to \$1,000 will be paid for T.I.P.S. leading to an arrest in any serious case.

Callers do not have to give their names or testify in Court.

Call York Regional Crime Stoppers at: 1-800-387-8477 (TIPS) or 222-TIPS.

EDITOR'S NOTE: Inspector Barry Delaney, Co-ordinator for the York Regional Crime Stoppers writes this column to help combat crime. A citizen Board of Directors administers the local program, one of more than 600 Crime Stoppers in North America. Reward money is raised through tax deductible donations and cheques may be sent to:

CRIME STOPPERS



1-800-387-TIPS (8477)

Toronto and Regional Crime Stoppers, P.O. Box 86, Richmond Hill, Ontario. L4C 4X9.

10,000 FLYERS

Your message on 10,000 flyers.

Guaranteed delivery by Canada Post (or other) to 10,000 homes.

Full price of \$398.00 includes artwork, printing and delivery.

Size is 8 1/2 x 5 1/2.

We help you prepare good, hard-hitting copy and guarantee satisfactory results in writing.

Learn about our little device that makes the reader study your ad.

The Flyer Factory
745-1155

FIT & FIRM FOR SPRING & SUMMER

Markham Village Women's Club offers these exclusive features:
 Exclusive aerobic circuit training. A fully equipped universal gym. Double sprung aerobic floor. Exercise bicycles. A children's nursery. Year-round suntanning facilities. Private showers & change rooms in a **beautiful environment**. After your work-out, relax in our sauna & our fantastic glass-fronted whirlpool overlooking the gym.

- ★ OVER ALL BODY TONE ★ TRIM WAIST
- ★ LEAN ABDOMINALS ★ SLENDER HIPS
- ★ FIRM THIGHS ★ WE TAKE THE TIME TO GIVE YOU A THOROUGH FITNESS TEST AND A PERSONALIZED PROGRAM.

1/2 * PRICE

* Based on a 2 year membership limited time offer.

ACT NOW! OFFER EXPIRES APRIL 30th/86

MARKHAM VILLAGE LANES
 144 MAIN ST
 WILSON
 #7 HWY

Markham Village Womens Club
 (Enter at lower level)
 144 Main Street North
 Markham Village Lanes
 Markham, Ontario
 Telephone 294-7764
 Mon.-Fri. 9:00-9:00
 Sat.-Sun. 10:00-3:00