

Personal approach to aquatics

MARKHAM — Curing a child's fear of water and helping him take the first step into a pool is easier done by a professional, swimming instructor Margaret LeGear says.

She has taught aquatics for eight years and on March 3, began teaching private lessons at Markham's Participation House.

Mrs. LeGear says private courses, while more expensive than community programs, offer more personal contact between pupil and instructor. This creates a warm and relaxed atmosphere.

"I take my time with them," she says. "A lot of time and patience and

playing." Her slow teaching pace is also effective in helping children overcome their fear of water, she says.

A certified Red Cross instructor, Mrs. LeGear says children generally progress faster with private lessons because the teachers are often more experienced.

Weekly half-hour classes at Participation House, a home for multi-disabled adults, are held Mondays to Thursdays between 4:30 and 7 p.m.

A maximum of four children, ranging from five months to five years in age, attend classes at the same time.

The next eight-lesson course begins May 5, at \$65 per child.

Mrs. LeGear, a competitive swimmer with the Markham Masters Swim Club, says the small pool at Participation House is an excellent environment for children.

"It's very warm. If they're warm and relaxed, they're going to learn," she says.

For registration information, call Mrs. LeGear at 471-1721.

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(AND LIKE IT BETTER)

 <p>SAVE 1.00</p> <p>ACTION PRICES</p>	 <p>SAVE 1.60</p> <p>ACTION PRICES</p>	 <p>SAVE .90</p> <p>ACTION PRICES</p>	 <p>SAVE 2.70</p> <p>ACTION PRICES</p>
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REAL VALUE

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