

Gift Guide '85

# Fruit sauces great for meat, poultry

Fruit sauces are a uniquely way to complement the taste of meat and poultry. Ever since colonial days it was discovered that tangy cranberry sauce was the perfect accompaniment to bland turkey, inventive cooks have been creating interesting combinations of fruits to eat with ham, poultry, game and pork.

Cranberries and luscious dried California figs are an unusual fruit combo and the basis of an unusual

sauce. The two fruits are simmered in port wine to make Royal Cranberry Fig Sauce, a perfect condiment for duck or any kind of game.

With pork roast, serve Spiced Cranberry Pear Sauce, a combination of traditional holiday spices with cranberries and pears.

### ROYAL CRANBERRY FIG SAUCE

2 cups fresh or fresh frozen cranberries  
2 cups port wine

1 cup finely chopped dried figs  
1/3 cup sugar

1 tablespoon slivered orange rind  
In a saucepan, mix together all ingredients. Bring to a boil; lower heat and simmer 5 minutes or until figs are tender. Remove from heat and let stand for 10 minutes to thicken. Serve warm.

### MAKES 3 CUPS. SPICED CRANBERRY PEAR SAUCE

2 cups cranapple cranberry apple drink  
2 cups fresh or fresh frozen cranberries

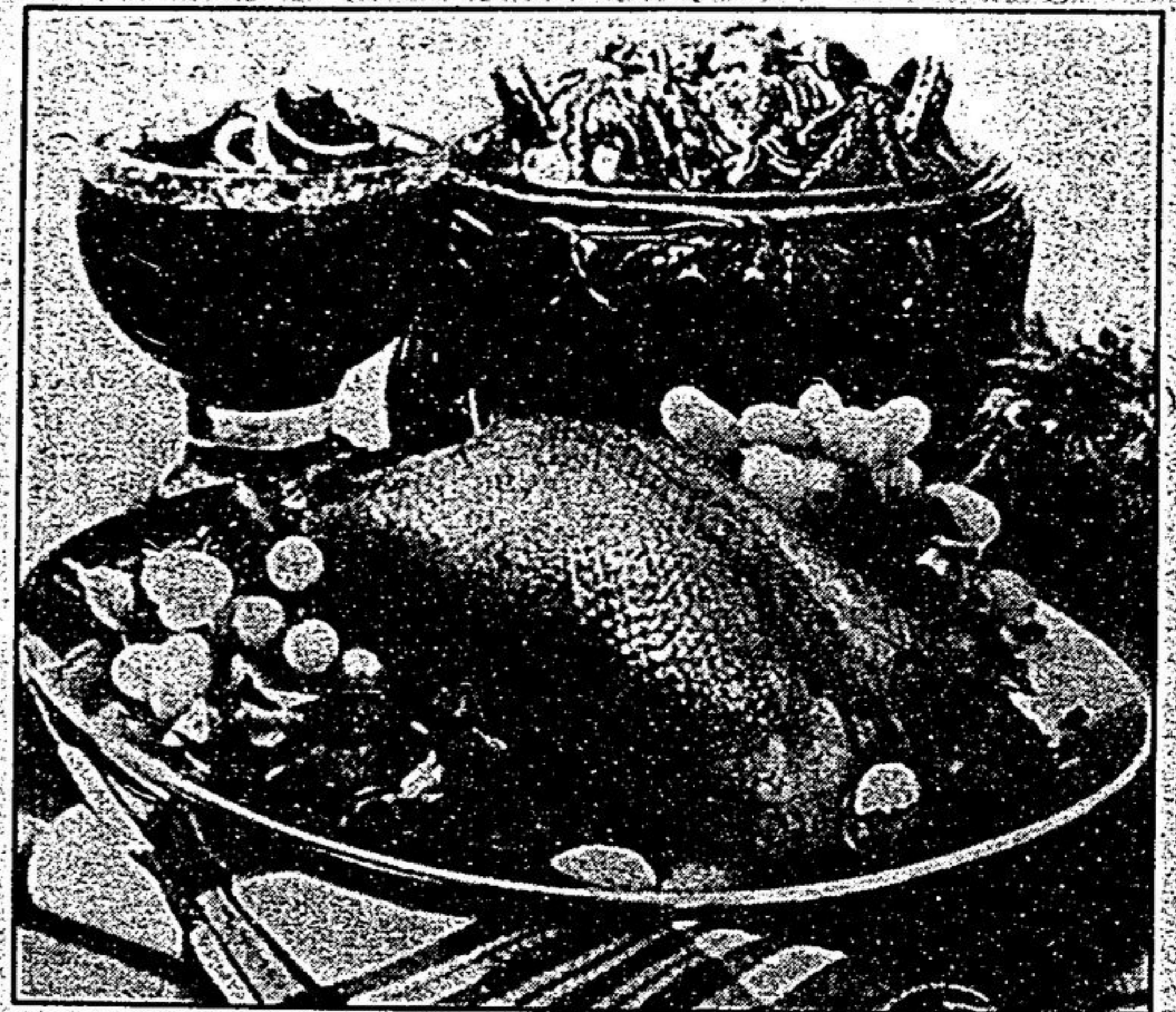
2 pears, peeled, cored and diced  
1/3 cup slivered almonds  
1/4 cup sugar

1 cinnamon stick  
Dash cloves  
2 tablespoons orange liqueur  
2 tablespoons cornstarch

In a saucepan, mix together cranberry apple drink, cranberries, pears, almonds, sugar, cinnamon stick and cloves. Bring to a boil; lower heat and simmer 5 minutes or until cranberries are tender.

Mix together orange liqueur and cornstarch; stir into cranberry mixture and over medium heat until sauce thickens. Remove cinnamon stick and serve hot.

Makes 4 cups.



Figs and cranberries go together well to make an excellent sauce for various kinds of game and poultry during the holiday season.

## On making your own

Make a dozen of one ornament or make all five, you'll need only some plastic foam, felt, pompoms, tissue paper, glue and bits of ribbon and trim and you'll enjoy the making.

•Santa: Start with a 3" foam egg with one end cut so he can stand. Glue on pieces of felt - red for the coat, a pink circle for the face, another red piece for the hat. Strips of batting form hat brim and beard.

Use white glue to add pompom nose, bead eyes, and felt bit for hands, mustache, cheeks and holly.

•Tree: Paint a pine cone with Gluepaint. While paint is still wet,

attach buttons, beads and colored stones.

•Ball: Using a plastic foam ball as the base, attach paper ribbon by applying glue to one side of ribbon and pressing it onto place on the ball.

Bear: Using a cookie cutter, cut bear shape from 1/2" sheet of plastic foam. Coat foam generously with glue. Cover with torn strips of white tissue. Brush again with glue and let dry (about one hour).

Color with glue-paint and attach eyes and other trim to wet glue. Insert yarn with needle through top for hanging.

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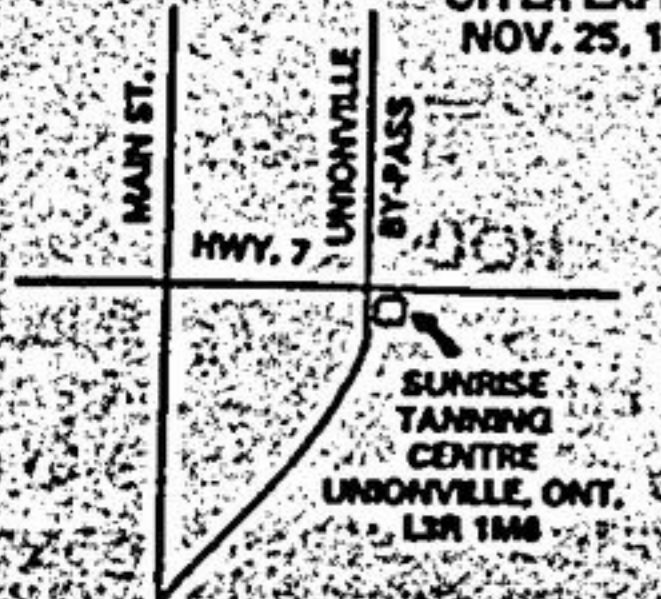
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