

# KNOB

# HILL

# FARMS

"The Food Terminal"

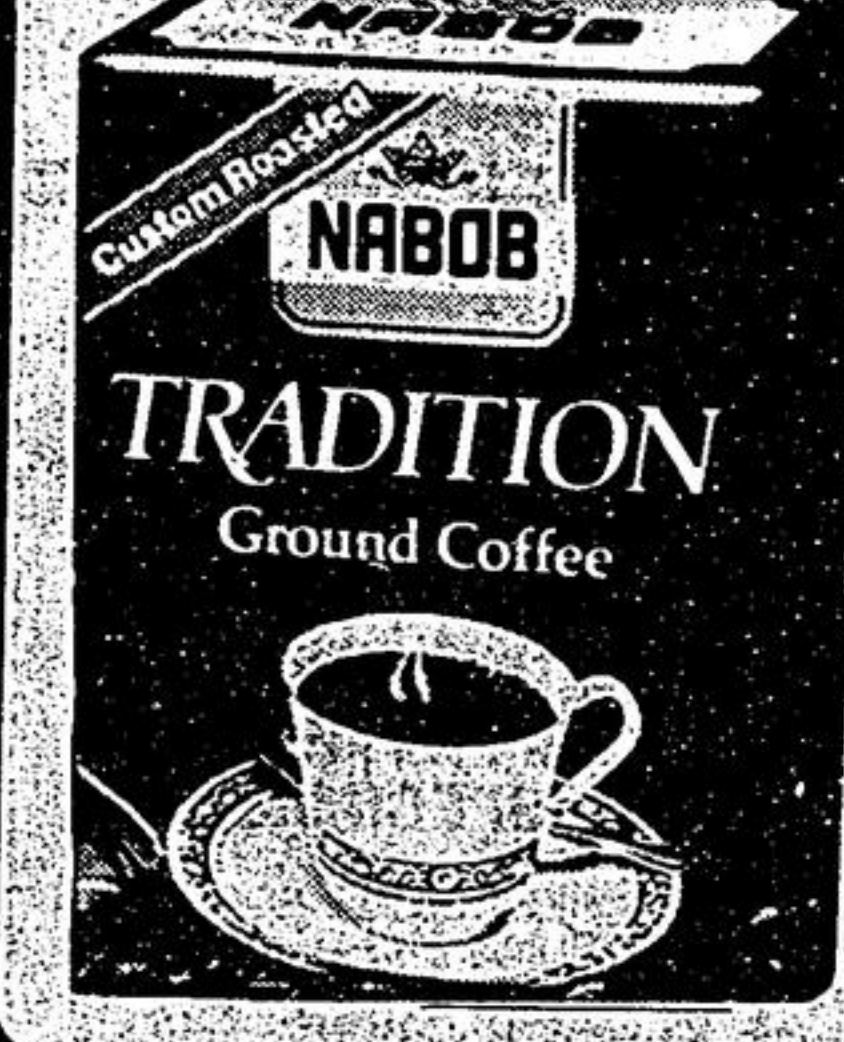
# Specials

"KEEP YOUR FOOD COSTS DOWN — SHOP BY THE BOX" (50¢ BOX DEPOSIT)



**KRAFT PARKAY MARGARINE**  
3 LB. 1.36 kg TUB  
**1.99**  
2 LIMIT

ONTARIO FRESH NEVER FROZEN  
**PORK SIDE RIBS**  
3.28 **1.49**  
5 LB. LIMIT



**NABOB TRADITION COFFEE**  
ASSORTED GRINDS  
369 g VAC PAC  
**2.49**  
2 LIMIT

RICH'S FROZEN COFFEE RICH 1 kg CARTON **99¢**

PRODUCT OF ONTARIO CANADA GRADE "A" FRESH NEVER FROZEN  
**ROASTING CHICKENS**  
2-4 LBS. AVG. 3 BIRD LIMIT  
**2.18 99¢**  
FRESH — NEVER FROZEN CHICKEN LEGS 2.18/99¢ LB. BACKS ATTACHED 5-LB. LIMIT

PEEK FREANS **BISCUITS**  
400 g BAG  
• SHORTCAKE  
• DIGESTIVE  
• ARROWROOT  
• CHOCOLATE CHIP  
• FRUIT SHORTCAKE  
• HOME ASSORTMENT  
• NICE  
**99¢**  
6 LIMIT

WESTON MEALTYME (SLICED) **BREAD**  
LARGE 675 g LOAF!  
• WHITE • 60% WHOLE WHEAT  
• 20% CRACKED WHEAT  
• HOT DOG ROLLS (8 PAC)  
• HAMBURGER BUNS (8 PAC)  
• ENGLISH MUFFINS (6 PAC)  
**49¢**  
MIX OR MATCH — 9 LOAF OR PKG. LIMIT

FROM CANADA PACKERS & C.D.M. MEAT PLANTS CUT FROM CANADA GRADE "A" BEEF  
**STEAKS OR ROASTS**  
ROUND, SIRLOIN, T-BONE, PORTERHOUSE (IN LIMITED QUANTITIES)  
**6.59 2.99**  
WHITE FRESH MUSHROOMS 3.73 kg 5 LB. LIMIT LB. 1.69

**BLUEWATER FISH**  
IN LIGHT TEMPURA BATTER  
FROZEN 350 g BOX  
• HADDOCK • SOLE • BOSTON BLUEFISH  
**1.69**  
3 LIMIT

SALADA **ORANGE PEKOE TEA**  
BOX OF 144 BAGS  
20% MORE TEA BAGS  
**Salada 3.99**  
2 LIMIT

PRODUCT OF ONTARIO FRESH NEVER FROZEN  
**3.73 LOIN OF PORK 1.69**  
WHOLE OR HALF NO CENTRE CHOPS REMOVED

CANADA PACKERS 500 g (17.6 OZ.) VAC PAC  
MAPLE LEAF BRAND CENTRE SLICED RINDLESS  
**SIDE BACON 1.99**  
3 PKG. LIMIT

SCHNEIDERS CHEDDAR, MILD, MEDIUM OLD OR • MOZZARELLA 454 g  
**CHEESE BLOCK 2.99**  
3 LIMIT

PRODUCT OF NEW ZEALAND CELLO WRAPPED  
FROZEN SQUARE CUT  
**2.18 GENUINE SPRING LAMB SHOULDER 99¢**  
3-4 LB. AVERAGE 2 LIMIT

MAPLE LEAF BRAND 450 g VAC PAC  
ALL BEEF OR REGULAR  
**WIENERS 1.49**  
3 PKG. LIMIT

LIPTON SOUPER NOODLE Lipton 1 POUCH 41 g BOX  
**CHICKEN SOUP MIX 19¢**  
4 LIMIT

FROM CANADA PACKERS AND CANADIAN DRESSED MEAT PLANTS CUT FROM CANADA GRADE "A" BEEF  
**3.28 SHOULDER & BLADE STEAKS 1.49**

MAPLE LEAF BRAND AT DELI COUNTER  
**3.73 POLISH SAUSAGE 1.69**

GENERAL FOODS — ASSTD. 85 g PKG.  
**JELL-O 25¢**  
10 LIMIT

FROM ONTARIO PACKERS FRESH NEVER FROZEN  
**3.73 CHOICE CANADIAN VEAL SHOULDER 1.69**

BUY ONTARIO BUY QUALITY, PARTIALLY SKINNED SWIFT'S PREMIUM READY TO SERVE  
**2.84 HAMS 1.29**  
WHOLE OR HALF NO CENTRE SLICES REMOVED

FROZEN CONCENTRATED 12 FL. OZ. 341 mL TIN  
**WELCH'S GRAPE OR MOTT'S APPLE JUICE 79¢**  
6 LIMIT

MAPLE LEAF BRAND GOLDEN FRY • PURE PORK OR ALL BEEF 500 g TRAY PAC  
**SAUSAGE 1.99**  
MIX OR MATCH

MAPLE LEAF BRAND CUSTOM SLICED AT DELI COUNTER  
**4.39 COOKED HAM 1.99**

FRENCH'S ASSORTED SPAGHETTI SAUCE MIX 43 g PKG.  
**5/1.99**

CLIP & SAVE  
**KELLOGG'S RICE KRISPIES 1.69**  
WITH THIS COUPON  
575 g BOX  
COUPON VALID TILL CLOSING SAT. OCT. 12/85  
LIMIT ONE BOX ONE COUPON PER FAMILY  
IN-STORE RETAIL \$2.69

CLIP & SAVE  
**CASCADE 3.99**  
LARGE 2.5 kg BOX  
WITH THIS COUPON  
COUPON VALID TILL CLOSING SAT. OCT. 12/85  
LIMIT ONE BOX ONE COUPON PER FAMILY  
IN-STORE RETAIL \$8.99

10W30 MULTI-GRADE **SHELL MOTOR OIL 99¢**  
1 LITRE JUG  
4 LIMIT

PRICES EFFECTIVE TO SAT. OCT. 5/85