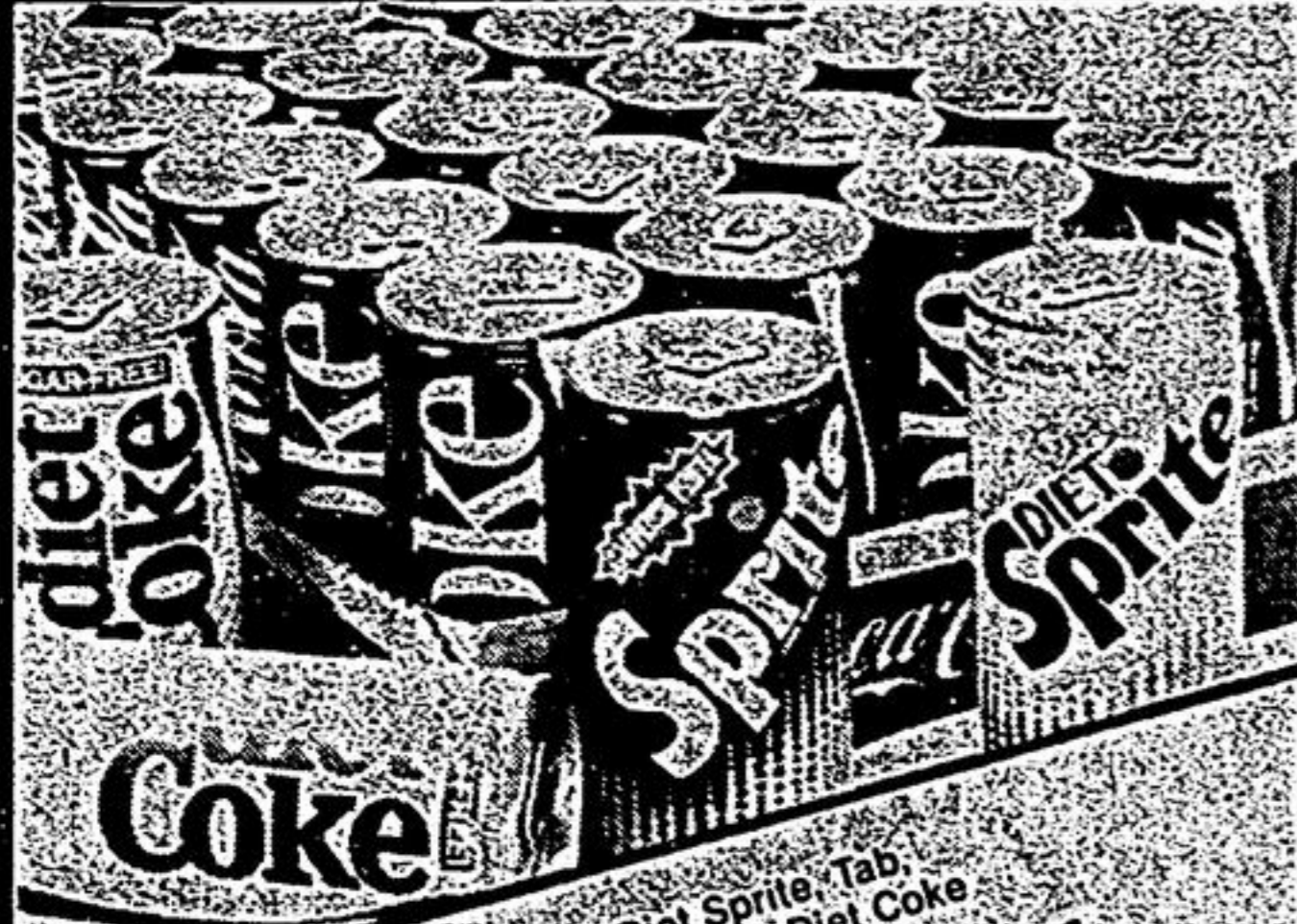


The 'NEW' Dominion

OWNED & OPERATED BY A&P FOOD STORES

Coming alive in '85

Prices effective thru Saturday, May 18, 1985. Dominion reserves the right to limit quantities to normal family requirements. Savings shown in this ad based on Dominion current regular retail.



Regular or Diet Sprite, Tab, Caffeine-Free Coke & Diet Coke

Diet Coke or Coca-Cola

4.99

case of 24 280 ml. tins

SAVE 3.00



Richmello

Hot Dog or Hamburger Buns

.49

pkg of 8

SAVE .48



Country Best

Chocolate Ice Cream

Vanilla Ice Cream

Heritage Farms, Assorted Flavours

Country Best Ice Cream

1.49

2 litre carton

SAVE 1.10

AT DOMINION, WE SELL ONLY CANADA'S FINEST QUALITY MEATS!

Cut from Canada's finest grade 'A' beef

Outside cut, eye removed

Boneless Round Roast

6.15 / 2.79

/kg / lb

Cut from Canada's Finest Grade 'A' Beef

Sirloin tip, rump or inside round

Boneless Beef Roasts

6.59 / 2.99

/kg / lb

Ready-to-Serve, 16 to 19 lb average

Skinless Swift Premium Whole Hams

3.06 / 1.39

/kg / lb

Fresh, quarters with backs attached

Chicken Legs

2.18 / .99

kg / lb

Fresh

Chicken Wings

2.62 / 1.19

kg / lb

Fresh Utility Grade (5 lbs & up)

Roasting Chickens

2.84 / 1.29

kg / lb

Fresh, Whole or Split

Chicken Breast

3.95 / 1.79

kg / lb

Schneider's Red Hots, Skinless, Dutch Treat Dinner Franks

Wieners

1.79

vac pac 450 g

Schneider's Regular, Thick or Maple, Sliced

Side Bacon

2.69

vac pac 500 g

Schneider's Regular, Maple, All Beef

Mini Sizzlers

2.59

500 g pkg

Frozen, Schneider's

Steakettes

2.39

cello pkg 500 g

New Zealand Spring, Whole, short cut

Lamb Legs

4.39 / 1.99

kg / lb

New Zealand Spring, Boneless, Butterflied

Lamb Legs

7.0 / 3.49

kg / lb

New Zealand Spring, frozen (Shoulder chops 4.39/kg-1.99/lb)

Loin Lamb Legs

6.59 / 2.99

kg / lb

New Zealand Spring Loin

Rack of Lamb

11.00 / 4.99

kg / lb

Fresh Medium

Ground Beef

3.73 / 1.69

kg / lb

Cut from Canada's Finest Grade 'A' Beef

Rib Eye Steak

14.31 / 6.49

kg / lb

Cut from Canada's Finest Grade 'A' Beef, inside cut 7.03/kg-3.19/lb

Round Steak

6.59 / 2.99

kg / lb

Cut from Canada's Finest Grade 'A' Beef

Tenderized Steak

7.70 / 3.49

kg / lb

Kraft, Assorted varieties

B.B.Q. Sauces

1.19

455 mL bot

Frito Lays, Lays or Ruffles, asst varieties:

Potato Chips

.99

200 g pkg

Aluminum Foil

Reynolds Wrap

1.99

12 inch by 50 ft roll

Glad, Plastic

Garbage Bags

1.59

pkg of 10

New, Old Dutch-Super Soft

Fabric Softener

2.99

2 litre plat jug

Liquid

Dominion Bleach

.99

3.8 litre plat jug

Complexion-Bonus pack-pkg of 4 plus 1 free

Zest Bar Soap

2.29

banded pack of 5 bars

Purina

Dog Chow

10.99

8 kg bag

Garden Recipe, with mushrooms or Green Pepper

Spaghetti Sauce

1.79

750 mL jar

Lancia, fine, medium or extra broad

Egg Noodles

.89

375 g pkg

Welchade

Grape Drink

1.19

1.36 litre tin

Solid white, in oil or water

Clover Leaf Tuna

2.29

198 g tin

Assorted Varieties

Bick's Relishes

.99

375 mL jar

Green Giant, fancy, whole kernel

Niblets Corn

.59

12 fl oz tin

Mott's

Clamato Juice

1.99

1 litre tin

Orange Flavoured Crystals

Rise 'N Shine

1.29

pkg of 4 92 g envs

Puffs, Vanilla Cremes or Coconut Cremes

McCormick's Cookies

1.99

500 g tin tie bag

Pilal, beef, chicken, chinese

Dainty Fried Rice

.89

350 g pkg

In tomato sauce, with pork or in molasses

Heinz Beans

.79

14 fl oz tin

Coffee-Regular, fine or extra fine grind

Nabob Tradition

2.99

vac pac bag 369 g

Assorted flavours

Heritage Farms Popsicles

1.99

pkg of 24

Superman, frozen, fancy, straight or crinkle cut

French Fries

1.29

1 kg pkg

Assorted flavours

Yoplait Yogourt

.88

pack of 2 175 g tubs

Blue Bonnet

Soft Margarine

.99

454 g tub

the deli

Biltmore Ham, sliced or shaved

Black Forest

.88 / 3.99

100 g / lb

Cuddy

Turkey Breast

1.43 / 6.49

100 g / lb

Fluoride

Aim Toothpaste

1/2 price .99

100 mL tube

Normal/Dry-Bonus pack 300 mL plus 150 mL FREE!

Pert Shampoo

2.99

450 mL plat bot

Red Label-9 inch size

Foam Plates

2.99

pkg of 50

Frozen, concentrated, white or pink

Sun Squeeze Lemonade

4 / 1.00

12 1/2 fl oz tins

Home Pride, crusty

100% Whole Wheat Bread

.69

450 g loaf

Richmello, sliced

Raisin Bread

1.09

450 g loaf

Richmello, sliced, white

Sandwich Bread

.79

675 g loaf

Richmello, yeast

Glazed Donuts

1.19

pkg of 9

Richmello

Butter Tarts

1.69

pkg of 10

GARDEN FRESH PRODUCE

Prod. of U.S.A. Sweet

Fresh Cut Watermelon

.86 / .39

kg / lb

Prod. of U.S.A. delicious in caesar salad

Romaine Lettuce

.69

each

Canada No. 1, Prod. of U.S.A.

Corn-On-The-Cob

6 / 1.99

each

Prod. of U.S.A. Sweet, ripe

Strawberries

1.99

quart

Prod. of U.S.A.

Fresh Broccoli

.99

each

Canada No. 1, Prod. of U.S.A. Fresh

Cauliflower

1.99

each

Prod. of Ontario, fresh

Mushrooms

1.99

12 oz pkg

Prod. of U.S.A. family pack

Valencia Oranges

3.99

bag of 18

Canada No. 1, Prod. of U.S.A. firm

Fresh Tomatoes

1.99

1 1/2 lb pkg

Prod. of U.S.A. fresh

Green Onions

1.00

3 bunches for

Canada No. 1, Prod. of U.S.A.

New Potatoes

3.99

10 lb bag

Dominion save .50 WITH THIS COUPON

Charcoal Briquets

2.99

10 lbs bag

Pier 19

Available at most stores.

Fresh Sole

10.12 / 4.59

kg / lb

Fresh Cod

5.05 / 2.29

kg / lb

Boiled

Baby Lobsters

8.80 / 3.99

kg / lb

Baker's Oven

Available at most stores.

Blueberry Pie

1.89

675 g size

Fresh baked

Italian Bread

.79

450 g loaf

Fresh baked

Crusty Rolls

1.29

pkg of 12

The 'NEW' Dominion

UNIONVILLE

5221 Hwy. #7 East