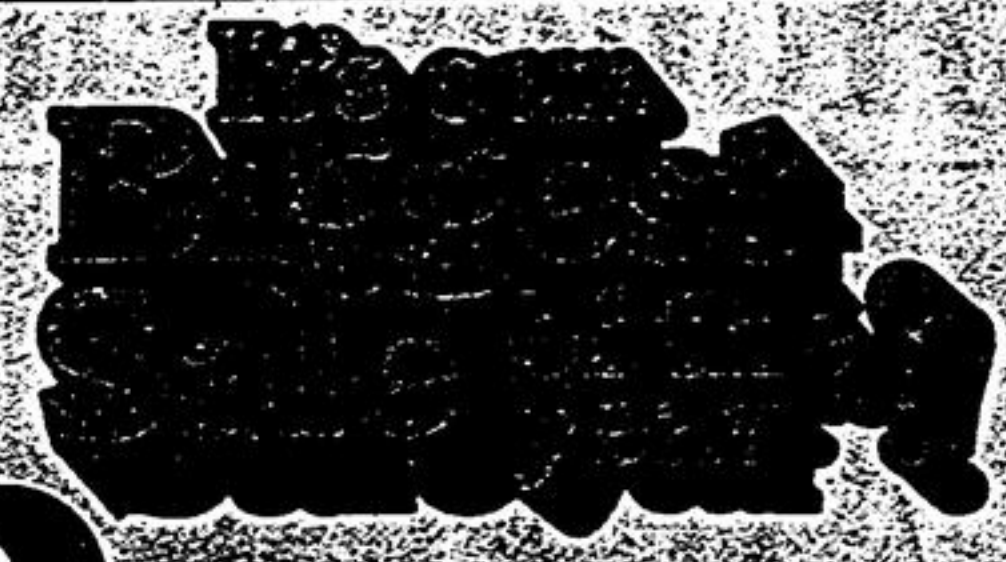


Prices effective thru Saturday, May 11th, 1985.
A&P reserves the right to limit quantities to normal family requirements.

2nd BIG WEEK!

Customer Appreciation Days



SAVE UP TO 2.60

INSTANT FREEZE DRIED, REGULAR OR DECAFFEINATED
Taster's Choice Coffee
7 OZ JAR

4.99

(A&P Instant COFFEE WHITENER 500g jar 2.19-SAVE .30)

MONARCH ASST VAR CAKE MIXES
Moist Plus Mixes 250 g pouch pack **3/157**

ROBIN HOOD ASSORTED VARIETIES SUPER BUY!
Puttting Cake Mixes 250 g pkg **69**

READY TO SERVE ASSORTED VARIETIES SAVE .40
Cream of Wheat 284 g pkg **1.49**

NABISCO CEREAL SAVE .90
Shredded Wheat 600 g pkg **1.99**

SAVE .50
FACELLE ROYALE, ALMOND, WHITE OR YELLOW
Facial Tissue box of 100 sheets **.89**

ALMOND, WHITE OR YELLOW SAVE .60
Royale Bathroom Tissue pkg of 4 rolls **1.69**

ROYALE, REGULAR WHITE, ALMOND OR YELLOW SAVE .64
Paper Towels pkg of 2 rolls **1.09**

DETERGENT SAVE .20
Palmolive Liquid 1 litre plus 1 bit **2.69**

PLANTER'S SAVE 1.00
Peanut Oil 1 litre **4.99**

SAVE 5.39 CASE
INTOMATO SAUCE, U.F.O.'S OR SPAGHETTI, U.F.O.'S OR 14 FL OZ TINS
Case of 24 Heinz Scarios **13.57**
(Single 14 fl oz tin .69-SUPER BUY!)

HUNT'S SAVE .46
Tomato Sauce 28 fl oz tin **1.19**

READY TO SERVE ASSORTED VARIETIES SAVE .50
Habitant Soups 28 fl oz tin **1.09**

ASSORTED VARIETIES SAVE UP TO .80
Puritan Stews 24 fl oz tin **1.69**

ASST VARIETIES SAVE .40
Van Camp Beans 14 fl oz tin **.69**

SAVE 1.10
POWDERED
ABC Laundry Detergent 6 LITRE BOX **3.49**

HAPPY MOTHER'S DAY FROM ALL OF US AT A&P!

SAVE 1.98/kg **The Butcher Shop** SAVE .90 lb
CUT FROM CANADA'S FINEST GRADE 'A' BEEF SEMI-BONELESS
Blade or Chuck Short Rib Roast
3.95 / 1.79 /kg / lb

SAVE 1.98/kg-.90 lb SAVE 3.30/kg-1.50 lb

EXCELLENT FOR BRAISING
Blade Steaks **3.95 / 1.79** /kg / lb
6-BONE REGULAR CUT
Prime Rib Roast **7.70 / 3.49** /kg / lb

2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS
Loin Pork Chops **3.95 / 1.79** /kg / lb
CUT FROM CANADA'S FINEST GRADE 'A' BEEF
Prime Rib Steaks **8.13 / 3.69** /kg / lb

BONELESS, BLADE, CHUCK SHORT RIB OR SHOULDER
Beef Roasts **4.39 / 1.99** /kg / lb
REGULAR, ALL BEEF OR B.B.O.
Maple Leaf Wieners 450 g vac pac **1.79**

FRESH MEDIUM
Ground Beef **3.73 / 1.69** /kg / lb
MAPLE LEAF, 6 VAR INCL PEPPERONI & SALAMI
Deli Chubs 500 g size **3.49**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF
Rib Eye Steaks **13.21 / 5.99** /lb
MAPLE LEAF, FINE, COARSE OR CREAMY
Liverwurst 250 g pkg **1.49**

RIB OR 3 TO 3 1/2 LB TENDERLOIN PORTION
Pork Loin Roasts **3.95 / 1.79** /kg / lb
DEVON BRAND, STORE PACK
Breakfast Sausage **3.28 / 1.49** /kg / lb

SWEET PICKLED (CENTRE CUT 4.83/kg-2.19 lb)
Back Bacon End Cut **4.39 / 1.99** /kg / lb
MAPLE LEAF
Polish Sausage **4.39 / 1.99** /kg / lb

DELFT BLUE, PROVIMI
Veal Scallopini **15.41 / 6.99** /lb
SIENA, HOT, SWEET OR B.B.O.
Sausage Italian Style **5.49 / 2.49** /lb

MAPLE LEAF SLICED, REGULAR, THICK OR MAPLE
Side Bacon 500 g vac pac **2.69**
SHOPLY-COLE SLAW OR
Potato Salad 500 g cin **1.49**

MAPLE LEAF, SKINLESS OR
Golden Fry Sausages 500 g pkg **2.29**

The Deli Shop
MAPLE LEAF SLICED OR SHAVED
Pastrami Eye .99 /100 g / 4.49 / lb
MAPLE LEAF DELI SLICED
Wax Bologna .40 /100 g / 1.79 / lb
MAPLE LEAF COLD PACK, WINE, ALE OR ONION
Cheddar Cheese 1.06 /100 g / 4.79 / lb

Frozen Seafood
HIGH LINER, FROZEN (INDIVIDUALLY WRAPPED 350 g OR)
Haddock Fillets 16 oz pkg **2.99**
BLUE WATER, FROZEN, STICKS 700 g, FRIES OR KRISPS
Boston Blue Fish 680 g pkg **3.39**

m1 SUPER BUY!
ASSORTED FLAVOURS, MEADOWGOLD
Ice Cream 2 litre cont **1.59**

THE FARM at A&P
PROD. OF U.S.A., RED OR GREEN LEAF OR
Boston Lettuce bunch **.69**

PROD. OF U.S.A., SWEET
Fresh Strawberries quant **1.99**

PROD. OF U.S.A.
Sweet Fresh Bunch Carrots 2/1.49

CANADA NO. 1, PROD. OF U.S.A., NEW SUMMER SWEET
Corn On The-Cob 6/1.99

PROD. OF U.S.A., FRESH
Green Onions 3 bunches for **1.00**

CANADA NO. 1, PROD. OF U.S.A., FRESH, CRISP, BUD BRAND
Celery Stalks bunch **.99**

PROD. OF U.S.A., CALIFORNIA, SWEET, JUICY
Valencia Oranges bag of 15 **3.99**

PROD. OF U.S.A., GREEN SLICERS
Seedless Cucumbers each **.99**

Redpath
SPECIAL FINE GRANULATED SUGAR 2kg
SPECIAL GRANULATED SUGAR 2kg

SUPER BUY!

REDPATH, FINE
Granulated White Sugar 2 KG BAG
.79
(Limit 1 bag per \$5.00 purchase, maximum 6 bags)

BLACK DIAMOND, THINS, PROCESS SAVE 1.00
Cheese Slices 500 g pkg **2.99**

SOFT MARGARINE SAVE .70
Blue Bonnet twin pack of 2, 8 oz tubs **.99**

CHEFMASTER, PARCHMENT WRAPPED SUPER BUY!
Margarine 3 lbs **1.59**

SEALTEST, ASSORTED FLAVOURS BUY 2-SAVE .79
Yogourt Fruit on the Bottom 1.175 g tub **.99**

SAVE 1.00
JANE PARKER (STRAWBERRY/RHUBARB-.89-SAVE .20)
Lemon Pie 624 g size **.99**
(made with 100% pure vegetable shortening)

JANE PARKER, SLICED SAVE .30
100% Whole Wheat Bread 675 g loaf **.69**

MARVEL SAVE .30
Wiener Rolls pkg of 12 **.99**

FROZEN, CONCENTRATED ORANGE JUICE SAVE .50
Minute Maid 12 1/2 fl oz tin **1.49**

FROZEN, CHOCOLATE, MARBLE OR BANANA SAVE .40
McCain Cakes Deep 'N' 19 oz pkg **2.49**

SUPER BUY!
900 g CELLO PKG
Assorted A&P Pastas **.89**

CATELLI OLDE-FASHIONED, ASST VARIETIES SAVE .60
Spaghetti Sauce 750 mL jar **1.79**

LANCIA SAUCE SAVE .40
Garden Recipe 375 mL tin **.99**

DEL MONTE JUICE SAVE .50
Nature's Blend 1 litre tetra pack **.89**

CONVERTED SAVE .90
Uncle Ben's Rice 900 g pkg **1.99**

MOTHER'S DAY SPECIAL
WHILE SUPPLIES LAST! SMILES & CHUCKLES, MILK OR DARK CHOC.
Turtles 400 g box **3.99**

MULTIPLE SCLEROSIS CARNATION DAY
Make a donation...wear a carnation!