

Examine ear safety of stereo systems

By Dr. Egerton

Davis
There are increasing allegations that loud music from walk-about stereos may damage the ears, but these claims have yet to be substantiated, says Health News, published by the University of Toronto Faculty of Medicine.

Nonetheless we cannot ignore the possibility that sound from personal stereos can cause deafness in the same way as industrial noise, if loud and persistent enough.

Many now rely on headsets for sonic privacy. Personal stereos provide good quality sound, allow people to enjoy the music of their choice, when and where they wish without disturbing

others, help make working hours more bearable, and relieve loneliness. There are some indications of music-induced hearing loss among young people. Teenagers often play their portable units at volume setting "7" or "8" to better appreciate the music or drown out unwanted noise. At such settings the machines produce from 106 to 113dB (decibels), equivalent to a thunderclap, a level that may produce irreversible hearing damage even after half an hour's listening.

Tests done by the Canadian Hearing Society suggest that anyone who listens to a portable cassette/radio player at setting "4" for over four to six hours a day is exposed to

noise greater than the official "safe" limit established for workers without ear protection. The walk-about radio models tested produced 95 dB of sound around the volume "4" setting, a noise level which although not excessively loud to the hearer, is a level that could impair hearing, according to the Canadian Hearing Society.

Other authorities contest this view, pointing out that the emitted sound of different stations varies in intensity and pitch, making it impossible to categorically fix a definite volume setting which ear damage may occur.

Risk tables show that a 90 dB exposure for eight hours a day, five days a week, leaves 85 per cent of the population with ears unharmed after 10 years; but about 15 per cent suffer measurable hearing loss. An exposure of 85 dB for 40 hours a week over a 10 year period leaves 94 per cent of people unharmed, with about six per cent suffering some hearing loss.

Critics condemn the practice of "tuning in" as a growing trend to "TUNE OUT" the rest of the world, as a sign of cultural isolationism that excludes social interaction.

A far greater hazard than hearing loss comes from the outdoor use of walk-about headphones, particularly on busy streets. Joggers and cyclists who plug in may court disaster

by blotting out warning noises such as the hum of a nearby vehicle or an approaching train.

In the summer of 1983, a 17 year old youth walking along railway tracks while wearing headphones was struck and killed by a passenger train. Such a fatality demonstrates all too clearly how portable stereos mask the sounds of approaching danger.

Undoubtedly walk-about headphones are here to stay - so let's learn to use them sensibly!

Goodwood P.S. students present 'Jungle Book'

'Jungle Book' will come to life on the stage at Goodwood Public School, Thursday and Friday (April 18 and 19). Both shows begin at 8 p.m.

Performing the 'tiger chase' scene at a recent dress rehearsal are (left to right): Karen Win-

terstein (Baloo the Bear); Mark Fine, standing in for Steven Groenveld (Shere Khan); Sandra Magill (Bagheera); and Jessica Dennis (Mowgli).

—Chris Shanahan

Editor's Mail

Spelling is a problem

Dear Mr Thomas:

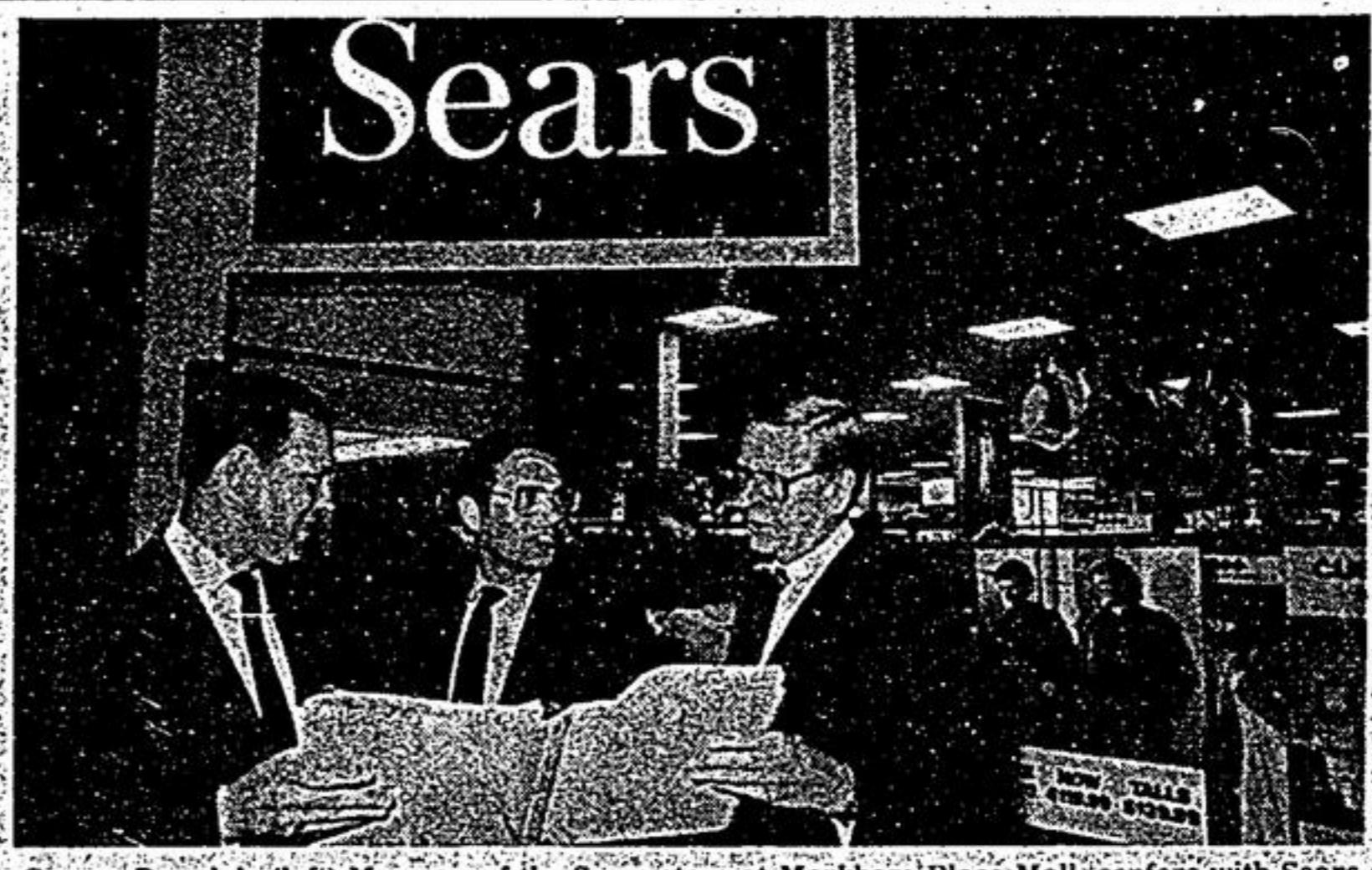
I'm always pleased to read stories of a positive nature concerning young people. I'm referring in particular to the Mathematics competition in which students from Stouffville Dist. Secondary School did so well.

Without wanting to sound negative, I wish as much stress, (locally and nationally) was placed on Spelling.

If our education system has a failure, spelling is it. The majority of students today, (elementary and secondary), are failures in this regard, a problem that will plague them all through life.

There's something very wrong with the teaching process during pupils' formative school years with respect to spelling. It's not peculiar to York Region, but province-wide. It's a common complaint with parents everywhere.

Sincerely,
Eleanor McCarthy,
Millard Street,
CDS, Stouffville



George Drysdale (left) Manager of the Sears store at Markham Place-Mall, confers with Sears President, Michael Bozic (centre) and Chief Executive Officer Richard Sharpe.

We've capitalized on merchandise selection by combining the two styles; the U.S. with its successful hardware merchandising and Canada with its clothing," Sharpe said.

"I know the board of directors is going to love it when they see it in a couple of weeks," he adds.

Company president Michael Bozic said the "new" Sears is not a "radical departure, but a major refinement of our merchandising approach."

"Everything has been raked and combed," he said. "But we'll be satisfied until every line is an action line." With several hundred product lines, Sears has already begun to roll out its most successful to the top 50 volume stores in Canada.

Sharpe said three completely new stores are set to open — in London, Ont., by August; LaSalle, Que., by the fall of 1986; and The Promenade in the Bathurst St. and Hwy. 7 area later that year.

Chamber holds annual meeting

Whitchurch-Stouffville Chamber of Commerce held its annual dinner meeting and election of officers Monday, at the Regal Restaurant. Members pictured here are, front row (left to right): Graydon Card,

Ged Stonehouse (returning president); Ann Rae, Donna Toms, Ken Sandiford and Bill Susands. Back row (left to right): Jim Mason, Jack Chambers, Jean Barclay, Doug Weddel and Gary Bouwmeister.

CANADIAN OWNED AND OPERATED

Miracle Food Mart



All prices effective in all departments Wed. April 17/85 until Sat. April 20/85 only. Savings indicated are off our own regular prices. We reserve the right to limit quantities.

Fancy Tomato Juice
40 fl. oz. can
.79
Save .70

Single Cheese Slices
Pkg. of 16/500 g
2.69
Save .30

Regular or Honey Nut General Mills Cheerios Cereal
525-575 g box
1.99
Save up to 1.36

Coupon Value .50
This coupon is worth .50 off the 2.99 regular retail price of one 450 g/100 g bonus jar of Planters Dry Roasted Peanuts
2.49
WITH THIS COUPON
Save .50

Coupon Value 1.00/7107
This coupon is worth 1.00 off the 5.99 direct deal retail price of one case of Regular, Diet or Caffeine Free Pepsi
4.99
miracle food mart WITH THIS COUPON

Regular, Filter or Automatic Drip Maxwell House Ground Coffee
369 g vac pak
2.99
Save 1.30

Product of P.E.I.
Canada No. 2 Grade
Netted Gem Potatoes
10 lb./bag
.99
each
Save 1.00

Product of Chile
Canada No. 1 Grade
Elastic Fit Disposable Diapers
2.18
per kg
per lb.
Save .60 lb.

LAST WEEK TO ENTER!
Flights for 2 to London or Rome. Details in stores
Centre Cut Pork Loin Chops
3.95
per kg
1.79
per lb.
Save 1.00 lb.

Pork Loin Roasts
Rib End 3-4 lb.
2.18
per kg
per lb.
Limit 3 per family purchase
Save 1.10 lb.

Fresh Pork Side Spare Ribs
4.17
per kg
1.89
per lb.
Save .50 lb.

Ground From 100% Beef
Lean Ground Beef
Netted Gem Potatoes
4.17
per kg
1.89
per lb.
Save .80 lb.

1/2 price
Deli Sliced Extra Lean Cooked Ham
.44
per 100 g
1.99
per lb.

100% Vegetable Oil Chefmaster Soft Margarine
1 lb. tub
.69

Macaroni & Cheese Kraft Dinner
225 g box
2.98

Powdered Tide Laundry Detergent
12 litre box
8.99