



# Big Savings!

# Great Fall Food SALE

Prices effective thru Saturday, October 27th, 1984.  
A&P reserves the right to limit quantities to normal family requirements.  
SAVINGS SHOWN IN THIS AD BASED ON A&P CURRENT REGULAR RETAILS.



**SAVE 3.00**

MOUNTAIN DEW, PEPSI FREE, SUGAR FREE  
PEPSI FREE, REGULAR & DIET  
**Pepsi-Cola**

CASE OF 24-280 mL TINS

**4.99**

(Limit one case per \$5.00 purchase, excluding this item  
Maximum 3 cases per family purchase.)  
(750 ml. btl. .59+plus .30 btl deposit)



**SAVE .70**

FROZEN, BEEF, CHICKEN, CHOPPED BEEF OR TURKEY  
**Banquet Dinners**

10 OZ PKG

**1.19**

1-PLY, ASSORTED COLOURS, BATHROOM **SAVE .76**

**Cottonelle Tissue** **1.39**

(FACIAL, ASSORTED COLOURS (MANDY-PAK BOX OF 100 SHEETS, .59-SAVE .20)

**Scotties Tissue** **.99**

(A SUPER BLEND, RICH IN BRAZILIAN COFFEES, CUSTOM GROUND.)

**8 O'Clock Decaf Coffee** **3.99**

(ASSORTED VARIETIES BUY 3-SAVE .59)

**Pamper Cat Food** **3/1.00**

**SAVE .60**

READY TO SERVE **Assorted Habitant Soups** **.99**

POWDERED LAUNDRY **SAVE 1.10**

**ABC Detergent** **3.29**

CONDENSED CREAM OF MUSHROOM **BUY 2-SAVE .31**

**Heinz Soup** **2/1.99**

TOOTHPASTE **SUPER BUY!**

**Ultra Brite** **1.79**

REGULAR OR DEODORANT **SAVE .30**

**Stayfree Maxi** **1.39**

**SAVE 1.60**

**Instant Nescafe Coffee** **5.99**

(Viva or Colombia 8 oz jar)

**SAVE .88/kg**



**SAVE .40 lb**

WHOLE, 12 LB AVERAGE

**Pork Shoulders**

**2.62 / 1.19**

**SAVE .88/kg-.40 lb**

**SAVE .66/kg-.30 lb**

SHANKLESS SHOULDER, PICNIC STYLE  
**Fresh Pork Roasts**

**2.62 / 1.19**

COMBINATION PACK-CONTAINS: 2 RIB ENDS,  
2 LOIN ENDS, 4 CENTRE CUT CHOPS  
**Loin Pork Chops**

**4.39 / 1.99**

BONELESS NEW YORK STRIP LOIN ROAST OR  
**Strip Loin Steak** **13.21 / 5.99**

SHOULDER PICNIC **Butt Pork Chops** **3.51 / 1.59**

PORK LOIN RIB PORTION (COUNTRY STYLE) **Spare Ribs** **4.39 / 1.99**

FRESH **Ground Pork** **3.28 / 1.49**

APPROX. 50% MEDIUM GROUND BEEF & 50% GROUND PORK **Ground Beef Combo** **3.28 / 1.49**

SIRLOIN TIP RUMP OR INSIDE CUT ROUND **Boneless Beef Roasts** **7.25 / 3.29**

FRESH, LEAN **Ground Beef** **4.39 / 1.99**

NEW ZEALAND, FROZEN, SHORT CUT **Lamb Legs** **4.39 / 1.99**

PREVIOUSLY FROZEN, SLICED **Beef Liver** **1.96 / .89**

TOWN CLUB OR MARY MILES, SLICED **Side Bacon** **2.49**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF **Rib Eye Steaks** **14.31 / 6.49**

OUTSIDE CUT, EYE REMOVED **Boneless Round Roast** **6.59 / 2.99**

PREMIUM, SUGAR PLUM OR LAZY MAPLE, SLICED **Swift Side Bacon** **2.79**

SWIFT, (REGULAR OR ALL BEEF FIREBRAND-1.99) **Premium Wieners** **1.59**

SWIFT OLD MILL **Breakfast Sausage** **3.95 / 1.79**

SWIFT PREMIUM, SLICED, 8 VAR INCL MAC & CHEESE **Cooked Meats** **.99**

MARY MILES, BY THE PIECE **Bologna Chunks** **3.28 / 1.49**

BLUE WATER, FROZEN **Fish & Chips** **2.19**

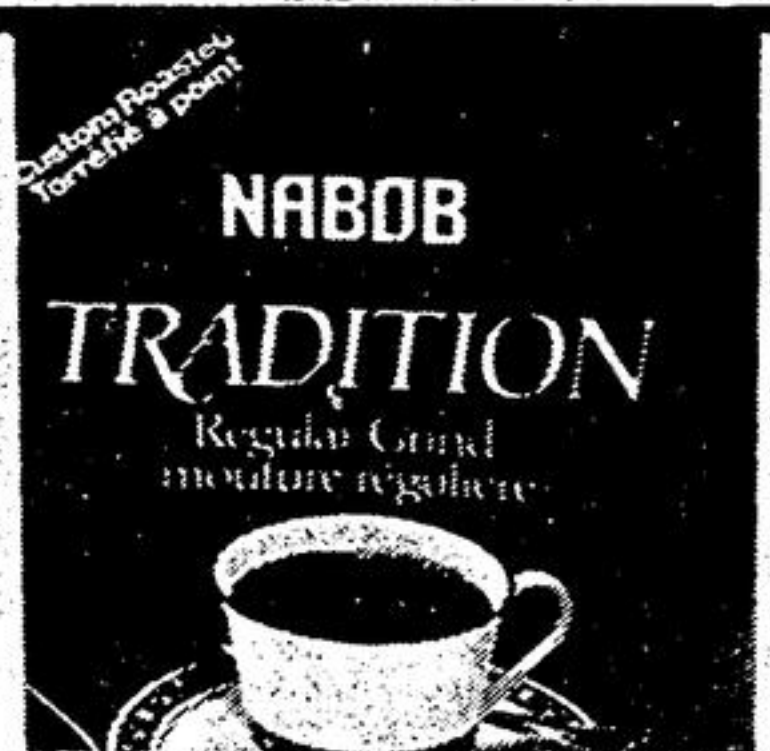
HIGH LINER, FROZEN, BOSTON BLUE FISH IN BATTER, FISH CAKES 24 OZ **Fish Sticks** **1.99**

**The Deli Shop at A&P!**

(Available at selected stores only)

COUNTRY KITCHEN **Maple Leaf Hams** **.97 / 4.39**

MAPLE LEAF **Polish Sausage** **.44 / 1.99**



**SAVE 1.30**

REGULAR, FINE OR EXTRA FINE  
**Nabob Tradition**

369 g VAC PAC

**2.99**

(Regular or Fine Decaf 3.99-SAVE .90)



**SAVE .80**

ASSORTED VARIETIES (LASAGNA 500 g 1.19-SAVE .40)  
**Catelli Pastas**

1 kg PKG

**.99**

CATELLI, PLAIN **Spaghetti Sauce** **.99**

ENRICHED, SLICED **Marvel White Bread** **.69**

(Large 675 g loaf)

(Made with 100% pure vegetable shortening.)

JANE PARKER **Gold Pound Cake** **1.39**

(510 g pkg)

JANE PARKER **Raisin Pie** **1.29**

(624 g size)

JANE PARKER, SLICED **Protein Bread** **.89**

(450 g loaf)

**SAVE 1.46**

ALL PURPOSE OR UNBLEACHED **Five Roses Flour** **1.99**

ON SALE THIS WEEK AT A&P

**KD Gourmet Stainless Steel Cookware**

3 qt. Saucepan

**17.99**

1 1/8" STAINLESS STEEL WITH 3 LAYER TRIPLY BOTTOM FOR BETTER COOKING

2-PLY, WHITE, YELLOW OR CHAMPAGNE **Viva Towels** **.99**

(pkg of 2 rolls)

**SAVE .36**

FROZEN, BEEF, CHICKEN OR TURKEY  
**Banquet Meat Pies** **.59**

(8 oz pkg)

(GRAPE OR APPLE .89-SAVE UP TO .80)  
SUN PAC, FROZEN, CONCENTRATE **Orange Juice** **1.29**

(12 fl oz tin)

FROZEN, BANANA, CHOCOLATE, LEMON, OR STRAWBERRY **Banquet Cream Pies** **1.19**

(14 oz size)

ASSORTED FLAVOURS: SWISS SPUN **Delisle Yogourt** **3/1.49**

(175 g conds)

BANQUET, FROZEN, CHICKEN MUGGETS 6.5 OZ OR **Chicken Patties** **1.39**

(7.5 oz pkg)

FROM CONCENTRATE, A&P **Orange Juice** **1.99**

(2 litre plast cont)

FROZEN, BOIL 'N BAG, CHIPPED BEEF OR **Banquet Beef & Gravy** **.99**

(4 oz pkg)

PLAIN, PROCESS CREAM CHEESE **Kraft Philadelphia** **1.69**

(250 g pkg)

BANQUET CHICKEN & DUMPLING OR **Frozen Buffet Stew** **2.99**

(2 lb pkg)

For all kindergarten teachers



**FREE PUMPKINS!**

Bring your class to your friendly A&P. Pick out your FREE PUMPKIN.

PROD. OF U.S.A. FOR HALLOWEEN SHELL-OUTS

**Peanuts In Shell** **2.18 / .99**

(CANADA FANCY, PROD. OF ONTARIO)

**McIntosh Apples** **3.99**

(10 lb bag)

CANADA NO. 1, GREEN ALMERIA FROM SPAIN OR U.S.A. **Red Emperor Grapes** **2.18 / .99**

(10 lb bag)

CANADA NO. 1, PROD. OF U.S.A.

**Firm Cucumbers** **3 / 1.00**

(PROD. OF U.S.A., FLORIDA, NEW CROP)

**Seedless Grapefruit** **6 / 1.99**

(CANADA NO. 1, PROD. OF ONTARIO, FIRM)

**Green Cabbage** **2 / .99**