

St. Andrew's United Church

Prominent guest speakers

MARKHAM — Throughout the current year, the congregation of St. Andrew's United Church, Markham, is celebrating its 150th anniversary. This milestone has been marked by several special services and the return of former pastors including Rev. Don Parr, Rev. Chuck Beaton and Margaret Fockler. This Sunday, (Oct. 21), the congregation will celebrate its actual anniversary with worship at 9:30

a.m. and 11 a.m. At the earlier service, (9:30 a.m.), The Very Rev. Bruce McLeod will be the guest speaker. Rev. McLeod is a former United Church Moderator. At the second service, (11 a.m.), His Eminence Cardinal Emmett Carter will bring the message. Organizers of this special day feel fortunate to have two of the country's outstanding church leaders in attendance.



Places fourth in Intermediate Showmanship

Eighteen-year-old Sharyn Barkey of Blackstock and formerly of Altona, placed fourth in Intermediate Showmanship at the Hays Classic for 4-H members, Saturday, held in the livestock arena of Markham Fairgrounds. Sharyn is Durham Region's 1984 Dairy Princess. —Jim Thomas

Health experiment held at M.D.H.S.

MARKHAM — An innovative concept in health service was launched, Oct. 16, for Grade 9 students at Markham Dist. High School. For three days, the students will participate in a "Passport to Health" program, featuring health booths in a fair setting. The fair will allow students to assess various aspects of their health and learn more about good health practices. According to Nan Helliwell of the York Region Public Health Branch, the fair is a response to today's challenge to encourage individuals to achieve and maintain a healthy lifestyle.

If the project is successful in Markham, it will be tried in other high schools in York Region. Dr. David Korn, Ontario's Chief Medical Officer of Health, recently stated that, by applying known community health resources today, by the year 2000 we could achieve a 70 per cent reduction in heart disease and stroke; a 15 per cent reduction in cancer; a 20 per cent reduction in chronic lung disease; 30 per cent fewer accidents, poisonings and violent injuries and a 40 per cent reduction in cirrhosis of the liver.

Improve skills

STOUFFVILLE — An academic upgrading class will be offered at Night School here, beginning Oct. 23. The course will enable individuals to improve their English and Math skills to the level of Grade 10. This should prove especially beneficial to persons enrolled in apprenticeships or seeking promotions, Director Wayne Nugent told The Tribune. Also, the following courses can accommodate additional students: It's possible to join on a pro-rated basis. These are: Apple Dolls (Monday); Flower Arranging (Monday); Cake Decorating (Tuesday);

Guitar (Tuesday); Wood working (Tuesday); Antiques (Wednesday); Conversational French (Wednesday); Home & Cottage Wiring (Wednesday); Men's Weight Training (Thursday); Art Watercolors and Portraits (Thursday); Woodworking (Thursday); Physical Fitness for men coupled with basketball and volleyball, is available Thursday evenings. It extends over a two-hour period and can accommodate six more persons. Anyone interested in these courses should call Stouffville Dist. Secondary School at 640-1433 after 7 p.m.

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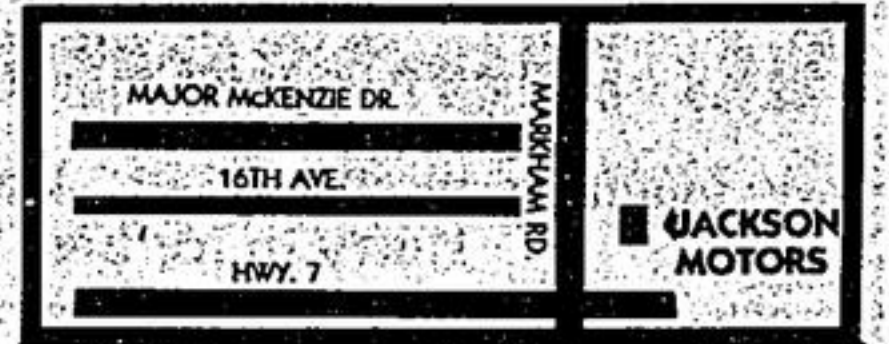
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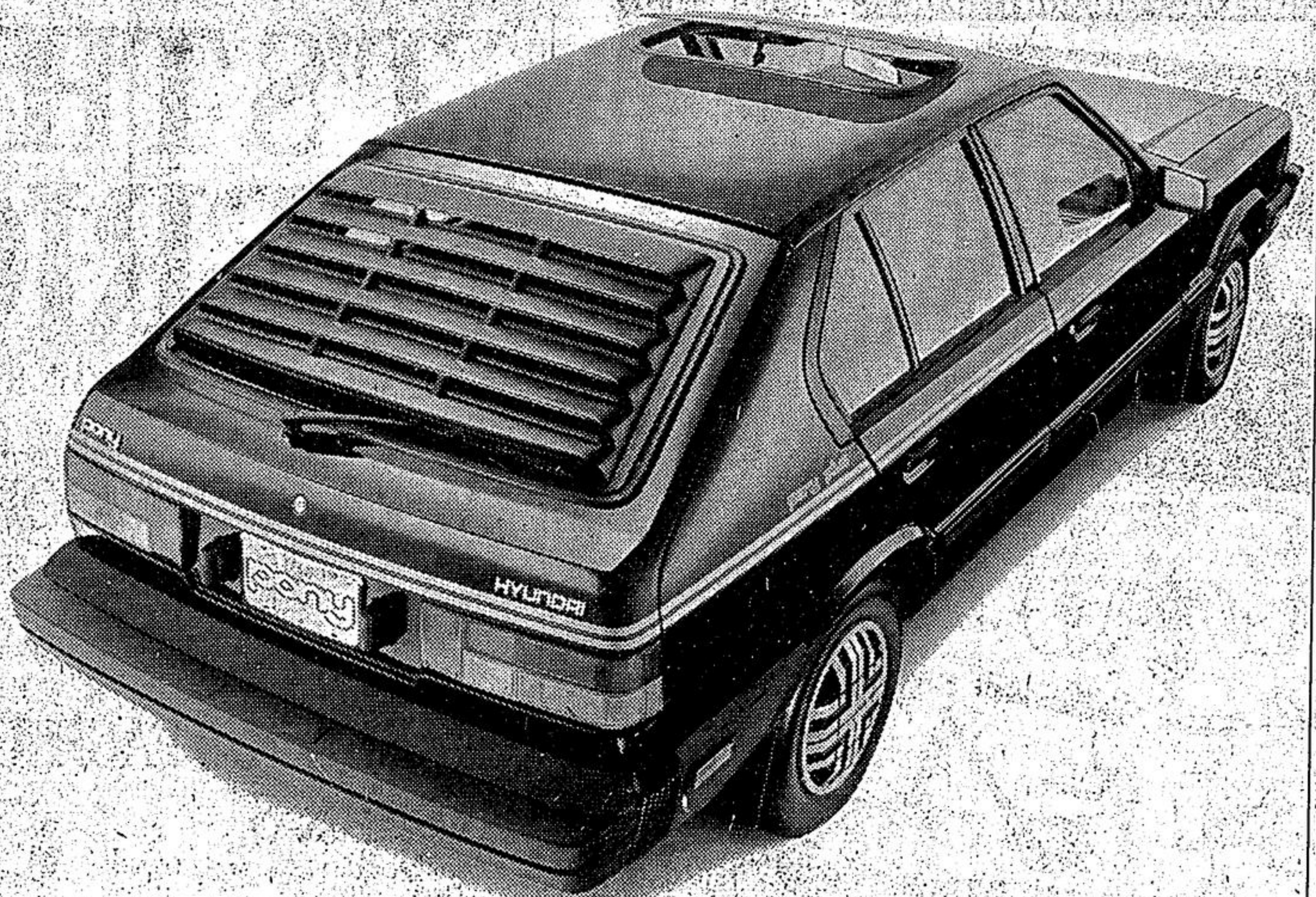
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