



super savings

Ready to serve

Delicious hot or cold whole, shank or butt portion

Smoked cooked ham

2.18/99 /kg

save 1.76 /kg

Ideal for meat loaf or patties fresh daily

Medium ground beef

3.51/1.59 /kg

save 4.19 /kg

Cut from Canada Grade 'A' Beef

Cap on rib steaks

6.59/2.99 /kg

save 1.10 /kg

Frozen, 8 to 11 kg average Canada Grade 'A'

Young turkeys

2.18/99 /kg

save .36

500 g cont. Nordica

cottage cheese

1.69

Meat

Mary Miles rindless, sliced, side 500 g pkg.

Breakfast bacon Limit 3 pkgs. per family **1.79**

Cut from Canada Grade 'A' beef

Braising short ribs /kg **3.73** /lb. **1.69**

Pork side

Fresh spare ribs /kg **3.95** /lb. **1.79**

Bittner's

Smoked pork picnic /kg **4.39** /lb. **1.99**

Family pack, 3 rib, 3 chump ends and 3 centre cut, fresh

Loin pork chops /kg **3.73** /lb. **1.69**

Produce

Fresh and crisp for your salad Product of U.S.A., Canada No. 1 Grade

Head lettuce each **.69**

Crisp and crunchy with a tangy taste Product of Chile, Canada Fancy Grade

Grenny Smith apples /kg **1.74** /lb. **.79**

A sweet and juicy treat for lunches Product of Morocco

Valencia oranges 4 lb. bag **1.99**

Try them baked or boiled, Product of P.E.I. Canada No. 2 Grade

York Brand Gem potatoes 10 lb. bag **2.98**

Ideal for stuffing or in your salad Product of U.S.A., Ontario No. 1 Grade

Sweet green peppers /kg **2.18** /lb. **.99**

Ideal with cheese sauce or a vegetable dip Product of U.S.A. Canada No. 1 Grade Snow White

Cauliflower

each **.99**

Chocolate Chip, Digestive, Ginger Crunch, Shortcake, Nice or Fruit Shortcake, 400 g pkg.

Peek Frean biscuits

1.59

save .90

Grocery

All purpose, unbleached or whole wheat, 2.5 kg bag

Five Roses flour **2.29**

Frozen straight or crinkle cut 1 kg pkg.

Superman french fries **.99**

Sealtest assorted varieties 175 g cont.

Light 'n Lively yogurt **.59**

Columbia, Viva (227 g) or regular, 283 g jar (10 oz.)

Nescafe instant coffee **5.99**

Case of 24 x 280 mL tins, Diet Pepsi, Pepsi Free, Sugar Free Pepsi Free or

Pepsi-Cola (750 mL ret. btl. plus .30 dep. -59) **5.99**

Grocery

12 oz. tin

Hereford corned beef **1.99**

Richmello, pkg. of 8

Hot cross buns **1.19**

Enriched, sliced 450 g loaf

Rich-Lite white bread **.59**

White, sandalwood or yellow pkg. of 200

Scotties facial tissue **.88**

Regular or deodorant pkg. of 30

New Freedom maxi pads **3.99**

1.36 litre tin (48 fl. oz.)

V-8 Vegetable juice

.99

save .70

BONUS BUY

Partly skimmed, pasteurized

4 litre bag 2% milk

2.39

Limit: 3 bags per family

BONUS BUY

750 mL ret. btl. plus .30 deposit Cola, Soda, Orange, Tonic or

Domino Ginger Ale

3/\$1

Dominion Home Video Centre

Tonight you could be watching Tootsie • Mr. Mom • Thriller • War Games in the comfort of your home Available at the following store locations:

Toronto East: 291 York Mills Rd., 656 Eglinton E., Don Mills Plaza, 2900 Ellesmere, Bridlewood Mall, 300 John St., Thornhill, 5221 Hwy. #7, Unionville

Toronto West: Hopedale Mall, Oakville, Sherway Gardens, Manulife Centre, Square One, Rockwood Mall, 2900 Aquitaine, Meadowvale, Shopper's World

Other Ontario Locations: Brantford, 777 Guelph Line, Burlington, 75 Geneva St., St. Catharines (BFL), 785 Wonderland Rd., Westmount Mall, London

Available at stores with deli counters only Bittner's deli sliced

Black Forest style ham **.88 /100 g** **3.99** /lb.

Available at selected stores only each

Lemon meringue pie **1.89**

Values effective from Wed., Mar. 28, until close of business Sat., Mar. 31, 1984 in the following areas: Toronto, Oakville, Brampton, Pickering, and Markham.

Savings based on regular prices at conventional Dominion Stores.

Non-name generic price based on regular selling price. (Survey taken of our major competitors conventional supermarkets March 13, 1984)

THESE VALUES EFFECTIVE ALSO APPLY TO DOMINION'S FOOD BAZAAR, 1411 LAWRENCE AVE. W., BUT DO NOT APPLY TO BEST FOR LESS DOMINION FOOD WAREHOUSE.

Dominion

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. DOMINION STORES LIMITED.