

**Business Beat**

# Cookbook useful for all

Fancy meals don't necessarily require a great amount of time, money or effort to prepare, says Deborah Shearer of Unionville. Ms. Shearer has proven that point with her recently-published cookbook, *Undercover Gourmet*.

"The book takes the mystery out of gourmet-style cooking," said Ms. Shearer. "A lot of the recipes taste like fancy food, but I use simple things to recreate the taste."

The author employs spices and liquors for many of the recipes, which are all her own. The book includes recipes for hors d'oeuvres, Wok meals, dinners, and brunch, and also ideas for fruit desserts and vegetables.

Concoctions described include Fruity Stuffed Chicken, Soya'd Beans and Mushies, Wok Your Fiddle, and Tender Turkey.

Ms. Shearer has taken a light approach with the cookbook, and the recipes are hand written in a conversational style. The book is illustrated by Dan Olsen of York University's Fine Arts department.

The author stresses that the cookbook is practical for almost anyone.

"It's good for those who like to cook, but don't have the time, and for those who never cook, but would like to make gourmet-style food," she said.

For Ms. Shearer, the book is the product of both her cooking and writing skills. A Journalism graduate from Ryerson Polytechnical Institute, she formerly wrote and produced television commercials at CKVR in Barrie, and CITY and

HUCHM Productions in Toronto for seven years altogether.

The cookbook, which costs \$7.95, is available at the Kitchen Witch, on Main St., Unionville (Ms. Shearer will be signing books there this Sunday between 2 and 4 p.m.) and Green Gables Books, on Main St., Markham.

The book is being distributed in southern Ontario, Ottawa, Calgary and Halifax. A total of 1,000 copies have been made so far, and a second printing is planned.



DEBORAH SHEARER

# BIA issues new calendar, with historical slant

The Old Markham Village 1984 Calendar now is available, and local history buffs will be pleased.

The calendar, produced by the Markham BIA (Business Improvement Area) Association, contains old photographs from the Markham Museum and excerpts from the 1884 editions of the Markham Economist.

now only be done under difficulties."

The difficulties were too much for some, it seems. On Jan. 17, 1884, readers were informed that "James Speight Esq., Managing Director of the Wagon Works, and his daughter Miss Martha, have gone to Pensacola, Florida, to spend the winter."

The coldest day in Ontario since 1854 was felt Jan. 31, 1884, when the thermometer registered 33 degrees Fahrenheit below zero.

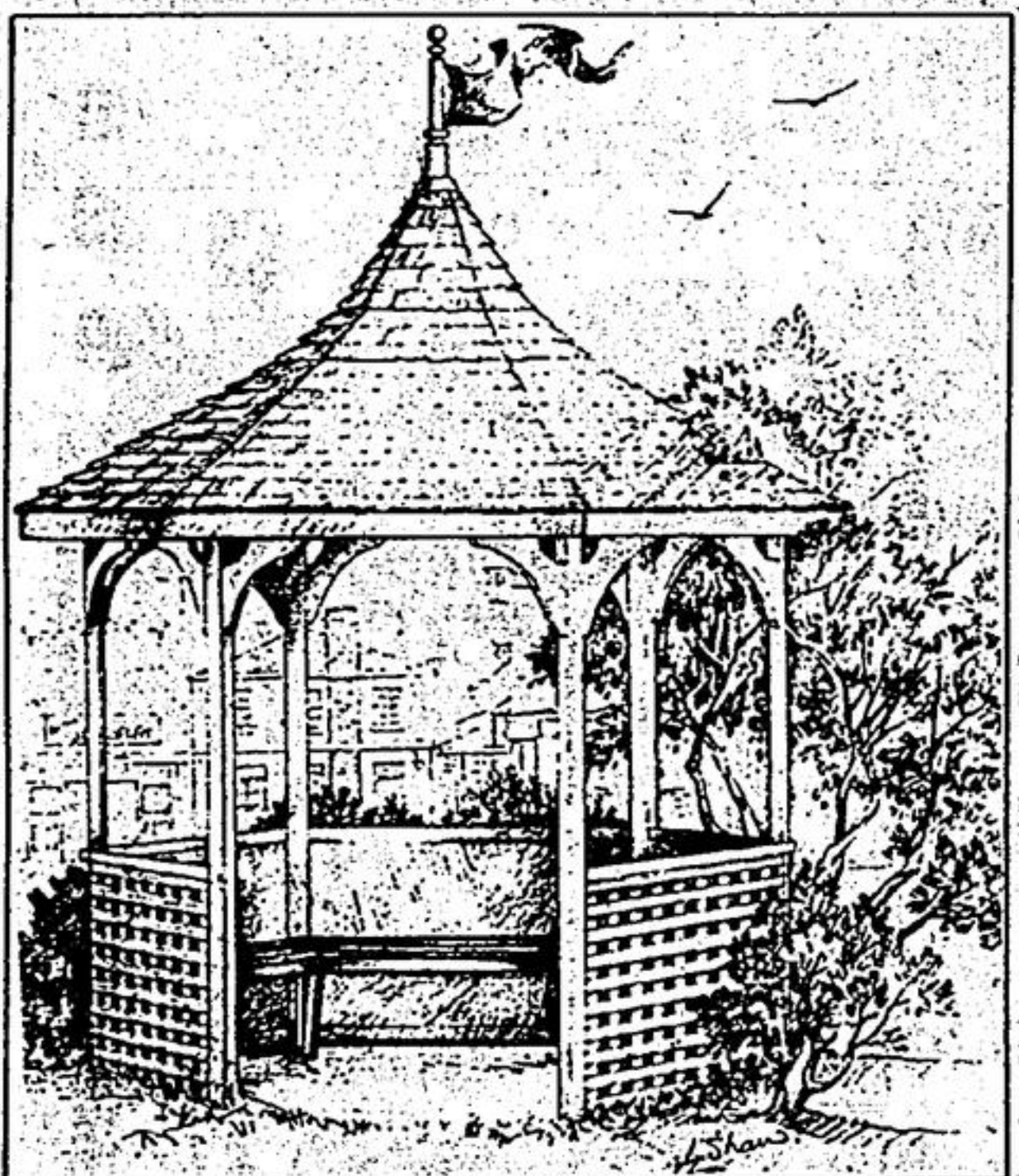
By March, 1884, residents must have been relieved to read "The snow is nearly gone, and the danger from spring freshets is about over."

Interesting tidbits are sprinkled throughout the calendar accompanied by an old photo for each month.

January starts off with an aerial shot of a barely recognizable Markham, circa 1917. Other photos include the Maple Leaf Woollen Mill destroyed by fire in 1917; Gower's Blacksmith Shop on Main St., the Grand Trunk Railway Station, Franklin St. Public School, and a group of determined-looking musicians in the Markham Village Brass Band, circa 1900.

The style of the calendar is based on last year's design, and the cost is last year's price of \$3.

Proceeds are going to the Markham Stouffville Hospital Building Fund.



A drawing of one of Markham's gazebo bus shelters is featured on the cover of the Old Markham Village 1984 Calendar, produced by members of the Business Improvement Area.

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## Information Community Calendar

The Economist and Sun invites non-profit groups to publicize their activities free in Community Calendar. To do so, contact Information Markham, at 294-4300 or 731-3145, or direct items to their office in the Markham Community Library basement, weekdays, between 9 a.m. and 5 p.m.

Deadline is 3 p.m. Friday

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## Christmas Collector Plates

In the Edwin M. Knowles tradition

As traditional as Christmas itself... the Edwin M. Knowles China Company captures the joy, the enchantment of Christmas in two delightful, endearing collector plates.

**Christmas**  
"Christmas" the sixth plate in the Americana Holidays Collection by master artist Don Spaulding, captures the magic, the anticipation of two children trimming the family Christmas tree on a nineteenth century Christmas Eve. This limited edition plate is crafted on the finest china by the Edwin M. Knowles hallmark, the oldest name in American fine china.  
Diameter: 8-1/2 in. (21.6 cm)  
Bradex No.: 84-K41-2.6  
Price: \$40.00

**Santa in the Subway**  
The 1983 plate in the Rockwell Society of America's Christmas Series, "Santa in the Subway" is Norman Rockwell's humorous Christmas interpretation of a young boy discovering a sleepy department-store Santa on the subway. Originally painted in 1940, this limited-edition plate is certain to capture the hearts of all who receive it. Each plate bears the official seal of the Rockwell Society and the Edwin M. Knowles hallmark.  
Diameter: 8-1/4 in. (21 cm)  
Bradex No.: 84-R70-1.10 Price: \$39.00

Available at the following gift, jewellery and fine china stores:

Barthau Jewellers - Markham  
The Florentine Shop - Markham  
William's Galler - Unionville  
Aurora Collectibles - Markham  
Old Canada House - Stouffville  
Barthau Jewellers - Stouffville

# Countdown to Christmas!

## 16 Shopping Days Left to Christmas!