

A&P reserves the right to limit quantities to normal family requirements!
Prices effective thru Sat., September 17th, 1983.

You'll do better with A&P's great

SUPER BUYS A&P

WE REDEEM ALL FOOD STORE COUPONS!



SAVE .60

A SUPERB BLEND, RICH IN BRAZILIAN BEAN COFFEES
8 O'Clock Coffee
1 LB BAG

2.79

OUR REGULAR PRICE 3.39
3 lb bag 8.29—Our regular price 10.09—SAVE 1.80



SAVE .36

JANE PARKER, SLICED, CRACKED WHEAT OR
60% Whole Wheat Bread
675 g LOAF

.59

OUR REGULAR PRICE .95
Made with 100% pure vegetable shortening



SUPER BUY!

CAROL, 100% VEGETABLE OIL
Soft Margarine
1 LB TUB

.49

OUR REGULAR PRICE .95



SAVE .64

SUPER-MOIST, ASST VAR, BETTY CROCKER
Cake Mixes
510 g PKG

.99

OUR REGULAR PRICE 1.63

CHUNK LIGHT, IN WATER OR OIL 6.5 OZ TIN

Star-Kist Tuna **SAVE .60** **.99**
OUR REGULAR PRICE 1.59

ABC BRAND 7.75 oz tin **.99**
Pink Salmon

LEAVES, PIECES & STEMS 10 fl oz tin **.79**
Mushrooms

MINI DESSERTS, YOGOURTS & PUDDINGS pkg of 4 125 g tins **1.69**
Laura Secord

SAVE UP TO 3.31/kg *The Butcher Shop* with supermarket prices **SAVE UP TO 1.50 lb**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF
T-Bone or Wing Steaks or Roasts
or Sirloin Steak

725 / 329
/kg / lb

OUR REGULAR PRICE UP TO 10.56/kg-4.79 lb

CEREAL 675 g PKG

Nabisco Shreddies **SAVE .60** **1.79**
OUR REGULAR PRICE 2.39

KELLOGG'S, CEREAL 800 g pkg **2.99**
Raisin Bran

KELLOGG'S, REGULAR OR BROWN SUGAR 425 g pkg **1.99**
Mini Wheats

LUXURY, ASSORTED VARIETIES 3 6 oz tins **1.00**
Miss Mew Cat Food

MOUNTAIN DEW, PEPSI FREE REG OR SUGAR FREE, REG & DIET

Pepsi-Cola

SAVE .36 **.39** 750 mL btl
OUR REGULAR PRICE .75
(Plus .30 btl deposit)

SAVE 1.32/kg-.60 lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF
OUTSIDE CUT, EYE REMOVED

Round Roast

527 / 239
/kg / lb

OUR REGULAR PRICE 6.59/kg-2.99 lb

SAVE 1.10/kg-.50 lb

COMBO PK: 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS

Loin Pork Chops

395 / 179
/kg / lb

OUR REGULAR PRICE 5.05/kg-2.29 lb

REG OR SUGAR FREE GINGER ALE, SODA WATER, TONIC WATER, WINK 'C' PLUS ORANGE, DR. PEPPER

Canada Dry Beverages

SAVE .60 **5.99**
case of 24 280 mL tins

MOUNTAIN DEW, PEPSI FREE REG OR SUGAR FREE, REG & DIET 280 mL TINS

Pepsi-Cola Case of 24 **SAVE .60** **5.99**
OUR REGULAR PRICE 6.59

FRESH, LEAN **Ground Beef** **417/189**
/kg / lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, INSIDE CUT **Round Steak** **637/289**
/kg / lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, TENDERIZED **Cube Steak** **659/299**
/kg / lb

RIB OR 3 TO 3 1/2 LB TENDERLOIN PORTION **Pork Loin Roasts** **395/179**
/kg / lb

PORK LOIN RIB PORTION, COUNTRY STYLE **Spare Ribs** **417/189**
/kg / lb

SLICED, SKINLESS & DEVEINED **Beef Liver** **174 .79**
/kg

PETIT GORET, SMOKED, PICNIC STYLE **Pork Shoulders** **395/179**
/kg / lb

RUMP, INSIDE CUT ROUND OR SIRLOIN TIP **Boneless Roasts** **571/259**
/kg / lb

BREAKFAST **Burns Sausages** **328/149**
/kg / lb

ASST BRANDS INCL A&P, REG OR THICK SLICED **Side Bacon** **249**
500 g vac pac

PRIDE OF CANADA, REG OR B.B.O. **Wieners** **119**
450 g vac pac

PRIDE OF CANADA, SWEET PICKLED **Cottage Rolls** **417/189**
/kg / lb

PRIDE OF CANADA, SLICED, ASST VARIETIES **Cooked Meats** **169**
375 g vac pac

BURNS CAMPFIRE, GARLIC **Polish Sausage** **373/169**
/kg / lb

PRIDE OF CANADA **Bologna Chunks** **328/149**
/kg / lb

ROAST OR CHOPS **Centre Cut Pork Loin** **549/249**
/kg / lb

8 ASSORTED VARIETIES 750 mL BTL

Canada Dry Beverages **SAVE .36** **.39**
OUR REGULAR PRICE .75 (PLUS .30 BTL DEPOSIT)

FARM HOUSE, FROZEN, ASST VAR 12 oz pkg **1.39**
Cream Pies

FRASERVALE, ASSORTED VARIETIES 2 300 g pkgs **.99**
Frozen Vegetables

FROZEN, BEEF, CHICKEN OR TURKEY 8 oz pkg **.69**
Swanson Meat Pies

BRIGHT'S, FANCY **Tomato Juice** pk of 4-10 fl oz tins **.99**

KOSHER, POLISKI OR NO GARLIC 1 litre jar **1.69**
Heinz Dill Pickles

SCHNEIDER'S, PROCESS, SINGLE THINS OR REG 500 g pkg **2.99**
Cheese Slices

Anti-Freeze

Prestone II

SAVE .60 **7.99**
4 litre cont

TOMATO

Heinz Ketchup

SAVE 1.20 **1.99** 1 litre btl
OUR REGULAR PRICE 3.19

FROZEN **Haddock Fillets** **483/219**
/kg / lb

OUR REGULAR PRICE 6.15/kg-2.79 lb

1-PLY BATHROOM TISSUE, ASST COLOURS pkg of 4 rolls **1.49**
Cottonelle

REG, ALMOND, WHITE OR YELLOW pkg of 2 rolls **1.19**
Royale Towels

REGULAR, WINTERFRESH OR GEL 100 mL tube **1.04**
Colgate Toothpaste

TOMATO CONDENSED 10 FL OZ TIN

Heinz Soup **SAVE .60** **3/1.00**
OUR REGULAR PRICE 3.60

BACK TO SCHOOL FAVOURITE

STRAINED, MEATLESS VAR. OF FOODS & JUICES 3 4.5 fl oz jars **.99**
Gerber Baby Foods

SILVERWOOD 500 mL ctn **1.49**
Sour Cream

SWISS STYLE, ASSORTED FLAVOURS 2 175 g tubs **.99**
Gay Lea Yogurt

SAVE .31 **THE FARM** **68**
OUR REGULAR PRICE .99

PRODUCT OF ONTARIO, DELICIOUS IN SALADS

Fresh Spinach 10 oz pkg

CANADA FANCY, PROD. OF ONTARIO 5 lb bag **1.99**
McIntosh Apples

CANADA NO.1 GRADE, PROD. OF ONTARIO 5 lb bag **.99**
Fresh Carrots

CANADA NO.1 GRADE, PROD. OF ONTARIO 4 quart bskt **2.99**
Blue Grapes

CANADA NO.1 GRADE, PROD. OF ONTARIO 2 / **1.49**
Seedless Cucumbers

PROD. OF ONTARIO, FRESH YELLOW OR **Green Beans** **130/.59**
/kg / lb

PROD. OF CALIFORNIA, CANARY, CASABA, SANTA CLAUD, CRENSHAW each **2.99**
Asst Melons

CANADA NO.1 GRADE, PROD. OF CALIFORNIA each **.99**
Fresh Cantaloupe

CANADA NO.1 GRADE, PROD. OF ONTARIO 2 18 / **.99**
/kg / lb
Seedless Grapes

INSTANT

Nescafe Coffee

SAVE 2.00 **4.99** 283 g jar
OUR REGULAR PRICE 6.99
VIVA Decal-227 g jar-5.49

POWDERED LAUNDRY

Tide Detergent

SAVE 2.40 **7.99**
12 litre box
OUR REGULAR PRICE 10.39

A&P Stouffville 399 Main St. W. Open till 9 p.m. Monday thru Friday nights, Saturday till 6 p.m.

A&P 8190 Bayview Avenue, Thornhill