



**Super values
effective
until Sat.
July 23**

plus Look for an incredible line
up of Mon. & Tues. specials
in our stores!



Cut from
Canada Grade 'A' Beef
ideal for barbecue, cap on

**Rib
steaks** **6.31** /kg
2.86 lb.
save 3.37/kg 1.53 lb.

Jubilee white 4 roll pkg.
Bathroom tissue

.89
save .50

Admiral 220 g tin
Sockeye salmon

1.89
save .50

Kellogg's
725 g pkg.
**Rice
Krispies**

2.69

Freshmint of mildmint
100 ml tube
**MacLean's
toothpaste**

.99
Less than
1/2 price

Blue Bonnet
2/227 g pkg.
**Soft
margarine**

.99

Smooth or crunchy
Dominion, 1 kg jar
**Peanut
butter**

2.98
Why pay up to 2.99 on non-name

Reconstituted
1.36 litre tin (48 fl. oz.)
**Martins
apple juice**

.99

Salad dressing
1 litre cont.
**Miracle
Whip**

1.99

Assorted varieties 16 fl. oz. jar
**Kraft
barbecue sauce**

1.49

20 lb. bag
**Kingsford
briquets**

7.99

Ideal for barbecue
boneless pork loin
**Roast
or chops**

kg/ **7.69**
lb. **3.49**

Frozen, economical
5 lb. carton of 40
**Beef
burgers**

6.99

Ideal for barbecue
frozen, New Zealand
**Loin
lamb chops**

kg/ **6.59**
lb. **2.99**

Available in stores with deli only
sliced Black Forest style
**Bittner's
ham**

100 g/ **.88**
lb. **3.99**

Assorted varieties,
567 g pkg.
**Cliffside
pies**

1.79

Fresh
**Haddock
fillets**

kg/ **6.59**
lb. **2.99**

Bittner's
375 g pkg.
**Sliced
bologna**

1.59

Cut from Canada Grade A beef
ideal for barbecue when
marinated beef braising
Short ribs

kg/ **3.73**
lb. **1.69**



Product of Canada
Canada No. 1 Grade, each
Head lettuce
.33

Cut from Canada Grade 'A' beef
King of the roasts short cut, standing
Rib roast
6.26 /kg
2.84 lb.
save 3.20/kg 1.45 lb.

Lean-N-Ezy boneless
Cooked hams
4.39 /kg
1.99 lb.
Save 2.20/kg 1.00 lb.



Product of U.S.A.
Canada No. 1 Grade, large size
Tomatoes
1.72 /kg
.78 lb.

Richmello, sliced cracked
wheat or, 60% whole 675 g loaf
**Wheat
bread**

.79

Atlantic, assorted colours
2 roll pkg.
**Paper
towels**

.99
Why pay up to 1.19 on non-name

Richmello hot dog rolls or
pkg of 12
**Hamburg
buns**

.79

Powdered laundry
6 litre box
**Tide
detergent**

4.49

Heinz
1 litre cont.
**White
vinegar**

.89

Ready to feed Isomil or
945 mL cont.
**Similac
formula**

2.39

Dominion disposable
pkg. of 24
**Toddler
diapers**

4.59

Product of Ontario, 8 oz. pkg.
**Fresh
mushrooms**

1.44

Catalina, Cole Slaw, French, Golden
Caesar, Italian or 1000 Island, 500 g cont.
**Kraft liquid
dressings**

1.89

Product of U.S.A.
Ontario No. 1 Sweet
**Large size
green peppers**

kg/ **2.18**
lb. **.99**

Frozen concentrated white
or pink, 355 mL cont.
**Dominion
lemonade**

.49

Product of South Africa
Canada Fancy Cape
**Granny
Smith apples**

kg/ **1.94**
lb. **.88**

Twin pack
pkg. of 12
**Sealtest
popsicles**

1.69

Product of U.S.A., Canada
No. 1 Grade, California grown
**Large size
plums**

kg/ **2.18**
lb. **.99**

Admiral
113 g tin
**Cocktail
shrimp**

1.89

Product of Ontario
first of the season
**Fresh
green beans**

kg/ **2.16**
lb. **.98**

In its own juice, crushed,
sliced or dessert bits, 398 mL tin
**Del Monte
pineapple**

.79



Diet Coke, Tab, Sprite, Sugar Free Sprite,
Caffeine Free Coke, Tab, Diet Coke or
750 mL returnable bottle plus .30 deposit
Coca-Cola
.33
Save .42

FREE
CNE **ADMISSION**
PASS \$4 VALUE
Full Details In Store
WITH EVERY \$25 PURCHASE

Dominion
WE RESERVE THE RIGHT TO LIMIT QUANTITIES. DOMINION STORES LIMITED.

Values effective from Wed., July 20, 1983 until close of business
Sat., July 23, 1983.
Non-name generic price based on regular selling price. (Survey taken of our major competitors conventional
supermarkets July 5, 1983.)

With this coupon you get .40 off
the regular or special purchase
price of any variety or size of
Maxi Thin products
40 OFF
WITH
COUPON
Values effective from Wed., July 20, 1983
until close of business Sat., July 23, 1983.
Limit: 1 coupon per family.