



Spring Veal sale

plus FREE lifeStyle TOWELS

FULL DETAILS IN STORE (Provincial Sales Tax Extra)

Veal cutlets



Save 1.32/kg

Fresh
10.12 /kg
4.59 lb.

Camation butter



Super Saving

Canada No. 1 Grade
454 g pkg. (1 lb.)

1.97

Fresh Veal	kg/	8.36
loin chops	lb.	3.79
Fresh rib bone in Veal stew	kg/	3.95
	lb.	1.79
Frozen, eviscerated Grade 'A' Young ducks	kg/	2.18
	lb.	.99
Ideal for barbecue, frozen Pork backribs	kg/	7.69
	lb.	3.49
Blittner's fully cooked half Black Forest hams	kg/	8.80
	lb.	3.99
No backs attached, fresh Chicken breasts	kg/	3.28
	lb.	1.49
Cut from Canada Grade 'A' beef, boneless Stewing beef	kg/	4.39
	lb.	1.99
Dominion quality, lean Ground beef	kg/	4.39
	lb.	1.99

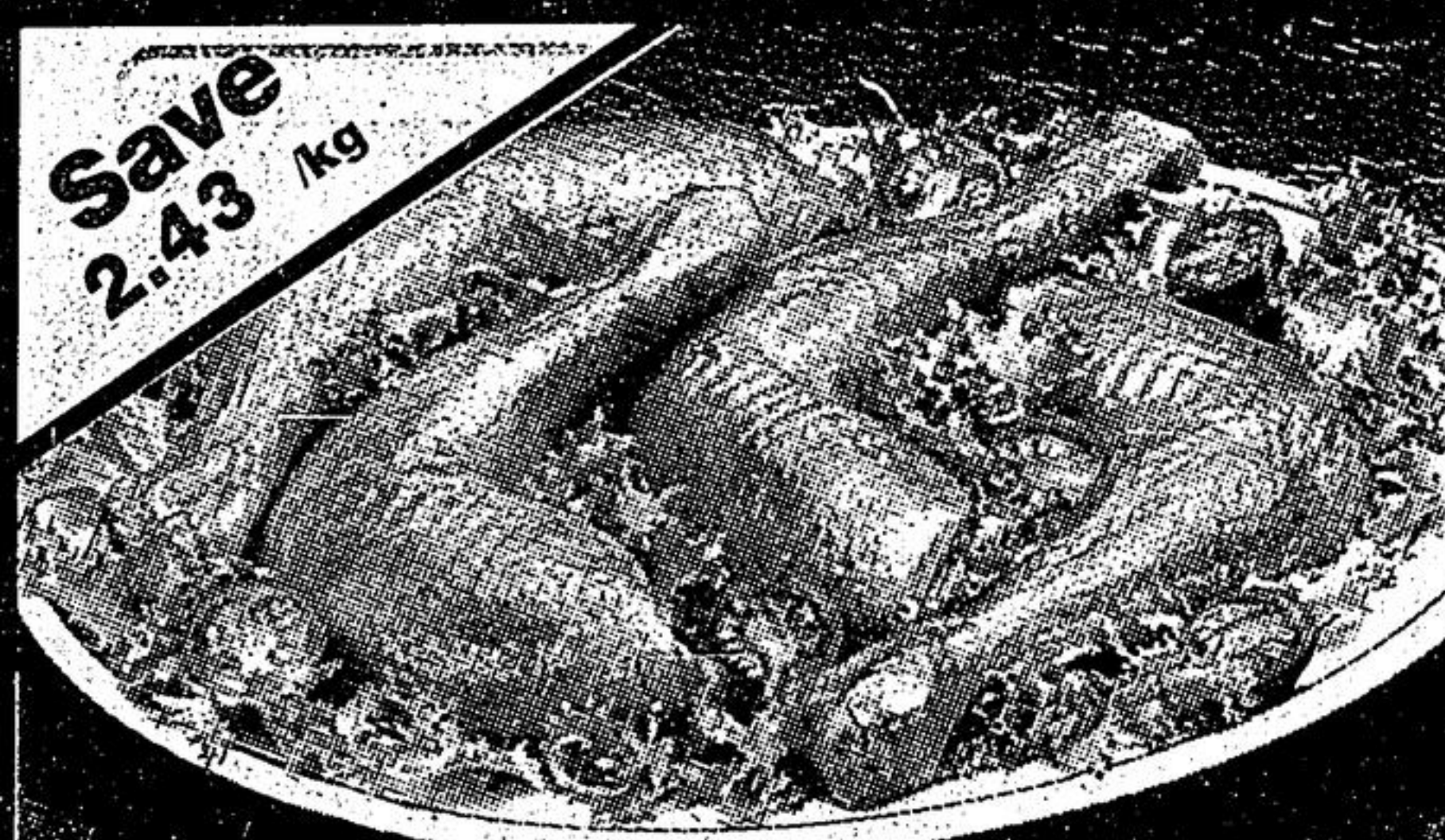
Veal chops



Save .88/kg

Fresh shoulder
6.15 /kg
2.79 lb.

Fresh chicken legs



Save 2.43/kg

No backs attached
2.18 /kg
2.99 lb.

Tomatoes



Product of U.S.A.
Canada No. 1 Grade
1.98
2 lb. tray

Maple Leaf rindless 500 g pkg. Breakfast bacon	kg/	2.39
Fresh Perch fillets	kg/	6.59
	lb.	2.99
Stores with del counters only, store sliced Cooked ham	100 g/	.44
	lb.	1.99
Product of Ontario Canada Fancy Grade 3 lb. bag red Delicious apples	kg/	1.78

Mushrooms



Save .62

Fresh, Product of Ontario
.97
8 oz. pkg.

Product of Ontario Canada No. 1 Grade Seedless cucumbers	kg/	1.48
Product of U.S.A. Fresh Zucchini squash	kg/	2.16
	lb.	.98
Product of U.S.A. 10 oz. pkg. Fresh spinach	kg/	.98
Dominion Brand Premium, lawn 10 kg bag 21-7 mix Fertilizer	kg/	6.99

Pepsi-Cola



Save .42

Pepsi Free, sugar free Pepsi Free Mountain Dew, diet or regular 750 mL ret. btl. plus deposit
.33

Lancia noodles



Save .20

Fine, medium or broad, plain, 375 g pkg.
.79

Frozen, pepperoni 10 in. 5 in. or crispy crust, 350 g pkg. Totino pizza	kg/	2.49
Mountain Dew, Teen, Sugar Free Pepsi Free, diet or 24 x 200 mL btl. Regular Pepsi-Cola	kg/	5.29
	lb.	1.09
Richmello Iced pkg. of 8 Cinnamon buns	kg/	1.39
Richmello, 624 g pkg. Rhubarb apple pie	kg/	1.39

Admiral sockeye, 220 g tin
Salmon 1.89

Peek Frean fruit creme or family assortment, 600 g pkg.
Biscuits 2.99

Dominion crinkle cut, frozen potatoes, 907 g pkg. (2 lb.)
French fries .99

Bravo thick and zesty regular 14 fl. oz. jar
Spaghetti sauce .99

Fruit bottom assorted flavours 175 g cont.
Beatrice yogurt .59

Libby's fancy 1.36 litre cont. (48 fl. oz.)
Tomato juice .99

Cereal, 400 g pkg.
Weetabix 1.79

Symphony assorted colours pkg. of 100
Facial tissues 2/99

Frozen, choice, 1 kg pkg.
Frozo peas 1.19

Plastic garden pkg. of 5
Quikki bags .63



WE RESERVE THE RIGHT TO LIMIT QUANTITIES