

DOMINION SHOWS YOU

FREE lifestyle TOWELS

FULL DETAILS IN STORE (Provincial Sales Tax Extra)

Prime rib roasts



Save 2.87 /kg

Cut from Canada Grade 'A' Beef short cut

~~5.93~~ /kg **2.69** lb.

Mitchell's apple juice



1/2 PRICE

Unsweetened Choice, 1.36 litre cont. (48 fl. oz.)

brand names for less than non-names **.79**
WHY PAY UP TO 1.29 ON NON-NAME

Shredded wheat



Save .36

Nabisco cereal 450 g pkg. (15.8 oz.)

1.29

Dominion flour



All purpose, 3.5 kg bag (7.7 lb.)

2.78
WHY PAY UP TO 3.99/5 kg ON NON-NAME

Schneiders chicken



Frozen, breaded, cooked, bucket of
Schneiders chicken
900 g tub
Special price of 3.99 without coupon
Coupon valid until close of business Tues., March 1, 1983.
Limit: one coupon per family
3.49
WITH THIS COUPON

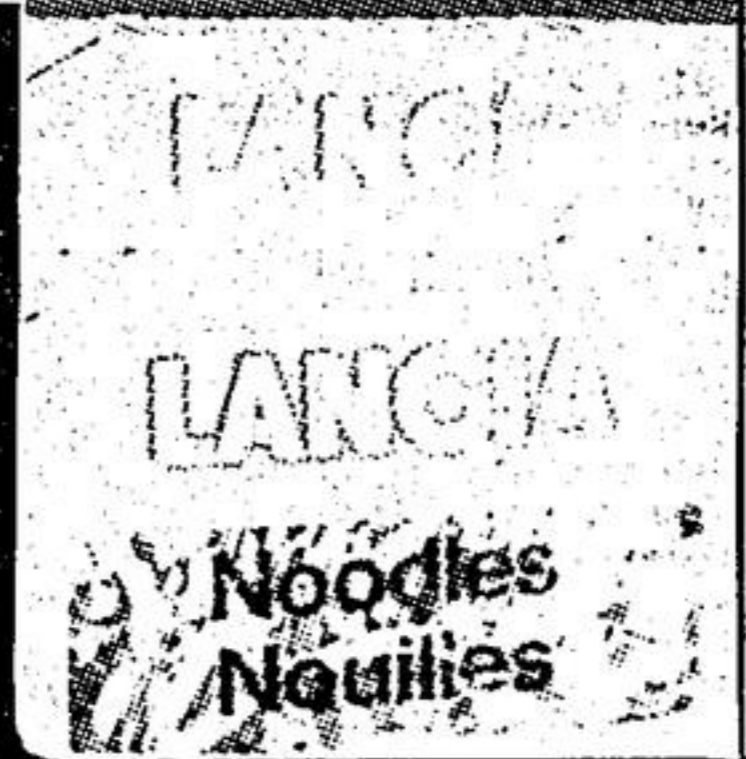
Spaghetti sauce



Bravo plain 14 fl. oz. tin

.79

Lancia noodles



Fine, medium, broad, plain 375 g pkg.

.89

Rib steaks



Cut from Canada Grade 'A' Beef, cap on

~~6.37~~ /kg **2.89** lb.

Orange juice



Dominion frozen, 100% Florida unsweetened concentrated 355 mL cont. (12.5 fl. oz.)

.69
WITH COUPONS BELOW
Special retail .89 without coupon

Vegetable, 3 litre cont.

Bravo oil

3.78

WHY PAY UP TO 3.79 ON NON-NAME

Introducing 454 g pkg. Regular or automatic drip vacuum packed

Richmello coffee

2.48

WHY PAY UP TO 2.89 ON NON-NAME

Ideal for braising, beef

Short ribs

kg/ **3.28**
lb. **1.49**

5.99 for a case of 24

Assorted varieties 170 g tin

Purrr cat food

brand names for less than non-names **.25**

WHY PAY UP TO .35/184 g tin ON NON-NAME

Choice peach halves, sliced peaches, bartlett pears or Aylmer, 14 fl. oz. tin

Fruit cocktail

Chocolate chip, Trio Pack, Digestive or Bavarian, 450 g pkg.

.89

Colonial cookies

1.69

Frozen eviscerated, Canada Grade 'A' deluxe, self basting, 9 kg. and up, no dealers please. While supplies last

Golden bird **turkeys**
1.96 /kg, **.89** lb.

Fresh **Haddock fillets**

kg/ **7.91**
lb. **3.59**

Product of U.S.A. bunch

Fresh broccoli
.67

Product of U.S.A. New Crop, Canada No. 1 Grade, each

Green cabbage
.78

Shell X-100, 10W30 1 litre cont.

Motor oil
1.39

White Label 4 litre cont.

Windshield washer
1.59

454 g pkg. **Bittner's wieners**
1.99

Fresh **Ocean perch fillets**
kg/ **6.59**
lb. **2.99**

Product of B.C. Canada fancy **Spartan apples**
kg/ **1.28**
lb. **.58**

Available at deli stores only deli sliced, Country Fare 100 g / **.35**

Bologna
lb. **1.59**

Fresh Formosa 425 g pkg. **Deluxe pizza pies**
2.19

kg/ **6.15**
lb. **2.79**

Product of U.S.A., each Canada No. 1 Grade **Head lettuce**
.77

Product of U.S.A. California grown, 2 lb. tray **Minneola oranges**
2.48

Apple, cherry or 500 g cont. **Cliffside beef pies**
1.69

Booth frozen 340 g pkg. **Cod in batter**
1.99

Product of U.S.A. Florida grown Indian River, size 40's **Red grapefruit**
5/1.99

Pay .69 with this coupon on the purchase of one 355 mL cont. of Dominion frozen, concentrated, unsweetened, 100% Florida

Orange juice
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Values effective in Ajax, Whitby, Pickering, Etobicoke, Markham, Thornhill, North York, Scarborough and Oakville until close of business Tues., March 1, 1983 except for fresh fish, bakery and produce which are effective until Sat., Feb. 26, 1983. Non-name generic price based on regular selling price. (Survey taken of our major competitors conventional supermarkets February 9, 1983.)



WE RESERVE THE RIGHT TO LIMIT QUANTITIES