

A&P reserves the right to limit quantities to normal family requirements!
We redeem all food store coupons!

Come on down and save... YOU'LL DO BETTER AT...



Prices effective thru Sat., January 29th, 1983.

The Butcher Shop
with supermarket prices

CUT FROM CANADA'S FINEST GRADE 'A' BEEF

T-Bone or Wing Steaks or Roasts

SAVE 2.21/kg-1.00/lb
6⁵⁹ / 2⁹⁹
/kg /lb
OUR REGULAR PRICE 8.80/kg-3.99/lb

SAVE 2.21/kg-1.00 lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF

Sirloin Steak

6¹⁵ / 2⁷⁹
/kg /lb
OUR REGULAR PRICE 8.36/kg-3.79/lb

SAVE 1.54/kg-.70 lb

FRESH, WHOLE OR HALVES

Boneless Hams

5⁰⁵ / 2²⁹
/kg /lb
OUR REGULAR PRICE 6.59/kg-2.99/lb

LAND O'FROST, 5 VARIETIES

Cooked Meats 71 g pouches **.59**

FRESH, LEAN

Ground Beef 4³⁹ / 1⁹⁹
/kg /lb

SWEET PICKLED, (END CUTS 5.05/kg-2.29/lb)

Back Bacon 5⁴⁹ / 2⁴⁹
/kg /lb

NEW ZEALAND, FROZEN, SHOULDER

Lamb Chops 4³⁹ / 1⁹⁹
/kg /lb

A&P REGULAR OR THICK SLICED

Side Bacon 2⁴⁹
vac pac

BREAKFAST

Burns Sausages 3⁷³ / 1⁶⁹
/kg /lb

PREVIOUSLY FROZEN, SLICED

Beef Liver 1⁷⁴ / .⁷⁹
/kg /lb

PRIDE OF CANADA, SLICED, ASST VAR

Cooked Meats 175 g vac pac **.89**

PRIDE OF CANADA, SWEET PICKLED

Cottage Rolls 4³⁹ / 1⁹⁹
/kg /lb

PRIDE OF CANADA

Sliced Bologna 375 g vac pac **1.29**

PRIDE OF CANADA, SLICED, ASST VAR

Cooked Meats 375 g vac pac **1.59**

BURNS, COIL

Campfire Sausages 3⁵¹ / 1⁵⁹
/kg /lb

REGULAR

Pride of Canada Wieners 1 LB VAC PAC **1.19**
OUR REGULAR PRICE 1.89

SAVE .70

Betty Crocker, ASST VARIETIES

Super-Moist Cake Mixes

510 g PKG

.99

SAVE .64

OUR REGULAR PRICE 1.63

HEINZ Canada Fancy

Tomato Juice

HEINZ, FANCY

48 FL OZ TIN

.99

SAVE .54

OUR REGULAR PRICE 1.53

3 LB PKG

Monarch Margarine **1.99**
OUR REGULAR PRICE 2.99

SAVE 1.00

ALL PURPOSE, REG OR UNBLEACHED

5 Roses Flour 2.5 kg bag **2.59**

'IN PEAR JUICE', 4 ASSORTED VARIETIES

A&P Canned Fruit 28 fl oz tin **1.49**

REG OR SUGAR FREE (PLUS BTL DEPOSIT)

Pepsi-Free 750 mL bitl **.49**

KELLOGG'S

Corn Flakes 675 g pkg **1.59**

NORDICA - 2% PARTLY SKIMMED

Cottage Cheese 500 g carton **.99**
OUR REGULAR PRICE 1.59

SAVE 60

PRINTED, ASSORTED COLOURS PKG OF 2 ROLLS

White Swan Towels **.99**
OUR REGULAR PRICE 1.59

SAVE 60

1-PLY BATHROOM - ASST. COLOURS

Cottonelle Tissue Pkg of 4 Rolls **1.39**

ORANGE FLAVOUR

Tang Crystals 368 g pkg of 4 enrs **1.49**

EXTRA CREAMY, REG OR MARSHMALLOW, INSTANT

Nestle Hot Chocolate 500 g ctn **2.59**

FACIAL TISSUE, ASST COLOURS

Kleenex box of 200 sheets **.89**

ASSORTED VARIETIES

Primo Pastas 900 g PKG **.99**
OUR REGULAR PRICE 1.49

SAVE 50

FINE, GRANULATED

White Sugar

1/2 Price 2 kg bag **.89**

Save .90

(Bale of 10 bags 8.89 - Save 9.01)
(OUR REGULAR PRICE 1.79)

HEINZ, 4.5 FL OZ JARS

Baby Foods **BUY 3 SAVE .33**

STRAINED MEATLESS VARIETIES

3/.99

OUR REGULAR PRICE .44 EACH

TOMATO

Heinz Soup **BUY 3 SAVE .33**

10 FL OZ TINS

3/.99

OUR REGULAR PRICE .44 EACH

CHRISTIE CRACKERS

Premium Plus 450 g PKG **.99**
OUR REGULAR PRICE 1.35

SAVE 36

ASSORTED VARIETIES INCL CHOCO CHIP

Colonial Cookies 450 g tin **1.39**

ORANGE PEKOE

Tetley Tea Bags pkg of 72 **1.99**

CLOVER LEAF

Pink Salmon 7 3/4 oz tin **1.49**

ASSORTED VARIETIES & SIZES

Green Giant Vegetables 14 fl oz tin **.79**

PURINA

Puppy Chow 8 kg bag **10.99**

ASSORTED VARIETIES

Green Giant Vegetables 14 fl oz tin **.69**

ALL PURPOSE, REGULAR OR UNBLEACHED

Five Roses Flour 2.5 kg bag **2.59**

REGULAR OR SUGAR FREE

Case of 24 Pepsi-Free 10 FL OZ TINS **5.99**
OUR REGULAR PRICE 9.99

SAVE 4.00

6 pack of 300 mL bits available at reg price

YORK, SMOOTHY

Peanut Butter 1 kg JAR **3.59**
OUR REGULAR PRICE 4.99

SAVE 1.40

MACARONI & CHEESE

Kraft Dinner 225 g pkg **.39**

MARVEL SLICED

White Bread 675 g - 24 oz loaf **.49**

SILVERWOOD

Sour Cream 500 mL ctn **1.19**

CHEFMASTER

Corned Beef 330 g tin **1.79**

PURE GRAPE JAM OR

Welch's Jelly 500 mL jar **1.69**

CHIPS AHOY, FUDGE-O, OATMEAL

Christie Cookies 450 g pkg **1.79**

BEEF, IRISH, CHICKEN-TURKEY OR MEATBALL

Clark Stews 24 fl oz tin **1.79**

JANE PARKER

Apple Pie 624 g SIZE **.99**
OUR REGULAR PRICE 1.69

SAVE 70

THE FARM
For Freshness & Savings

PROD. OF CHILE

Fresh Nectarines **2¹⁸ / .99**
/kg /lb

PROD. OF CALIFORNIA

Navel Oranges **.10** each
Sweet Seedless

PROD. OF U.S.A.

Fresh Spinach 2 10 oz pkg **1.49**
OUR REGULAR PRICE .99 PKG

PROD. OF CALIFORNIA

Fresh Broccoli bunch **.99**

CANADA FANCY, PROD. OF ONTARIO

McIntosh Apples 5 lb bag **1.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO, LARGE SIZE

Green Cabbage 2/ **.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO

Carrots or Onions 5 lb bag **.99**

PROD. OF FLORIDA, INDIAN RIVER, WHITE

Extra Large Grapefruit 4/ **1.99**

CANADA NO. 1 MINI GRADE, PROD. OF FLORIDA

Mini Carrots 2 12 oz pkgs **.99**

PROD. OF ONTARIO

Fresh Mushrooms 12 oz pkg **1.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO

Rutabagas 2/ **.99**

CANADA NO. 1 GRADE, FRESH

Bean Sprouts 1 10 / 2 lbs for **1.00**

PROD. OF U.S.A.

Peanuts 1 kg pkg **2.99**

PROD. OF ONTARIO

Wild Bird Food 20 lb bag **4.89**