



**Best All-Round student**

Sandy Clee, 14, of R.R. 4 Stouffville, received the School Citizenship Award for Best All-Round student at the graduation ceremonies held at Whitchurch-Highlands public school last month. **Jim Holt**

## Musical graduation ceremony

**WHITCHURCH** — Parents and friends attended an impressive Grade 8 graduation ceremony, June 25 at Whitchurch-Highlands School. Students were recognized for athletic and academic proficiency. Prior to individual presentations, the audience thrilled to the school band's rendition of Pomp and Circumstance.

The following received awards: Wendy Huisman-Top Female Athlete; Jody Romanovitch and Douglas Liversidge-Top Male Athletes; Tracy Baranowski-Music; Kelly Campbell-Most Improved; Sandy Clee-Citizenship; Annelise Black-Academic Achievement; and Wendy Huisman-Staff Award.

The following received Grade 8 graduation diplomas: Terry Atkinson, Tracy Baranowski, Adrienne Barnhardt, Annalisse Black, Kelly Campbell, Cathy Chalmers, Sandy Clee, Colleen Downey, Jurgen Fischer, Shawn Girard, Eric Hochgeschurz, Wendy Huisman, Kevin Kennedy, Lee-Ann LaFrance, Brian Langford, Mike LeFevre, Douglas Liversidge, Mike Madill, Brett McNamara, Patricia Mensink, Brent Moorby, Kim Murray, David Roberts, Jim Roberts, Jody Romanovitch, Lisa Schiavo, Christina Schulte, Donald Shel-drake, Christopher Snooks, Jennifer Stiles, Kevin Toole, John Topping, Wolf Wagschal and Velvet Wideman.



**Academic Award**

Cathy Graham was the recipient of this year's Academic Award at the graduation ceremonies at Ballantrae Public School. Trustee Harry Bowes was on hand to make the presentation and congratulate Cathy on her achievement.

## Honored by Governor-General. Courage—Bravery

**YORK REGION:** Constable Donald Clark of the York Regional Police Department awoke early in an Ottawa hotel room.

The 33-year-old police officer knew the day to be very special. He dressed with care, his uniform pressed and his boots gleaming.

In another room, two Newmarket men, 38-year-old William Doran and his brother-in-law, Frank Armstrong were also awake and applying extra attention to their dress.

All three men had a very special appointment with a very special man. They were scheduled to meet Canada's Governor-General, Edward Schreyer and Mrs. Schreyer to receive Medals of Bravery.

It all started two years ago, March 31, 1980, when Constable Clark was on patrol near Hwy. 11. He saw a car swerve at an intersection, overturn, and burst into flames.

The York Regional Police officer radioed for Ontario Provincial Police, ambulance, and fire department help, then ran to the burning wreckage.

Two passing motorists, Frank Armstrong and Bill Doran, also rushed to the scene to offer aid and between them, pulled the driver from the burning wreckage.

The danger of explosion was great as the three men struggled to rescue 21-year-old Tim Wright of Newmarket. Two of Wright's friends died in the inferno when efforts to rescue them failed.

Constable Clark and the two other men had been driven back by the flames. Last Tuesday the Ottawa skies were gray and the river which bears the same name appeared leaden under the weight of dark clouds as a chartered bus drove Clark, Doran and Armstrong through the gates of Rideau Hall.

The three men were among 28 medal recipients from across Canada. Accompanied by their families, the threesome rode through the imposing gates of the official residence amid pomp and ceremony.

Scarlet-coated men, wearing uniforms of the Governor General's Foot Guards, stood stiffly at attention as the medal recipients and their families were escorted by aides up the red-carpeted stairway to the white and gold ballroom where the ceremony took place.

It was an imposing sight, everywhere glittering crystal chandeliers flashed in the light, portraits of former kings and queens lined the walls and a band of the Guards played music to entertain until the arrival of the Governor General and Mrs. Schreyer. Everyone stood as the band played a salute, then the national anthems of Britain and Canada.

In the emotional and imposing ceremony which followed, the three men faced the Governor General and a huge portrait of Queen Elizabeth and Prince Philip to receive their

awards. A synopsis of the events which led to the award was read and Governor General Schreyer pinned on the medal with its scarlet and blue ribbon.

In all, three persons were awarded the Star of Courage, and 25 men and women received the Medal of Bravery.

It was a long way and a long time from the tragic night in March, 1980 when none of the three men had been remotely concerned with 'being brave' or receiving medals heroism. All three men expressed pride in being so honored by their country, but that night two years ago, they were too involved in trying to save the lives of three young people. They received the congratulations of the Governor General and Mrs. Schreyer with dignity.

Among the special guests invited to the Ottawa ceremony were Mrs. Gladys Rolling, vice-chairman of the York Regional Police Commission; Sinclair Stevens, MP York Peel; and Ron Stewart, MP Simcoe South.

York Regional Police Chief Bruce Crawford was also invited, but couldn't attend because of illness.

Mr. Stevens and Mr. Stewart expressed the pride of the community in seeing the three men receive their medals.

Mrs. Rolling shared the same sentiments and expressed her pleasure in seeing a member of the York Regional Police Department, wearing the uniform of that Force, receive such an award.

al told the medal recipients that Canada is proud of their actions and that their bravery is a reflection of the people who make up the Canadian nation.

Following the impressive ceremony, the medal recipients and their families were taken to the Reception Room where each was formally presented to their Excellencies. A reception followed in the beautiful gardens of Rideau Hall and a luncheon was later served to the guests.

Governor General and Mrs. Schreyer mingled with the medal winners and their families and were able to express informally their pleasure in meeting them.

Following the luncheon, guests were taken on a tour of Ottawa and saw most of the historical and notable sites of the city.

It was a long day for the medal winners and their families, a day filled with emotion and pride. All three men told The Tribune it was a day to remember always, a day being Canadian meant just a little more.

It was a day when the pride of the community and the country was reflected in the eyes of family and friends who were privileged to share it all.

Due to repairs at the Stouffville Pool, swim registrations for August lessons have been changed to Thurs., July 29 from 9 a.m. to 12 noon; 1 to 3 p.m. and 7 to 9 p.m. At these registration times, all children are asked to bring their bathing suits.

**Plan Swim-A-Thon**  
The Stouffville Pool is holding a Swim-A-Thon this month. The dates are Tues., July 27 and Wed., July 28. Proceeds will go to the Cancer Society and for the purchase of pool equipment. Entry forms are now available. The swim will consist of 100 lengths maximum or one hour.

**Swim Meet**  
The Pool management extends its appreciation to participants in the Swim Meet on July 1. The event has been declared a great success. First place was taken by St. Mark's; second by Orchard Park and third by Summitview.

**Boating Safety**  
A Boating Safety Course is being offered Tuesday evenings from 8 to 9 p.m., throughout the summer, a total of eight hours in lessons.

The registration fee is \$15, payable at the Pool Recreation Hot Line.

The new telephone number for the Whitchurch-Stouffville Parks and Recreation Information Office is 640-3768. Persons belonging to Town organizations, groups or merely looking for programs, should call or stop off at the Office. The location is the lower auditorium of the Silver Jubilee Club (Market Street entrance).

**Whitchurch-Stouffville Youth Council NOTICE**  
In the June 30 Youth Gospel Celebration Announcement the Telephone number was wrong. If you wish to contact the Whitchurch-Stouffville Youth Council please call Marie Adams at 640-1314.

## Think First OF The Tribune

**MAPLES OF BALLANTRAE GOLF DRIVING RANGE**  
West Side Hwy. 48 N. of Bloomington Rd.  
OPEN 7 DAYS A WEEK  
10 A.M. - DUSK

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## LOSE 5-14 lbs. IN THE NEXT TWO WEEKS

WITH NATURE'S OWN NO NONSENSE DIET

In May of 1979 Nature's own NO NONSENSE DIET was introduced to British Columbians and Albertans through the Prince Health Food chain. Within weeks they were sold out and by the end of July thousands of people had lost weight. The no nonsense way. Unlike most diets to have come along this one is not drying out, but gaining greater momentum all the time. The reason for this phenomenal growth lies in the fact that those people who have tried the diet have gotten positive results. For example I know of one particular young lady who has been overweight nearly all her life. She wanted desperately to lose 25 lbs., and tried every possible means over the last two years. She exercised, joined clubs and went to monthly meetings. All to no avail. After reading about the NO NONSENSE DIET, she decided to give it a try before throwing in the towel. It worked. Within a month she lost 23 lbs., within two more weeks she lost another 10 lbs. She is so ecstatic about this diet that she preaches it to anyone who will listen and has most of her friends on it. The product is a dieter's dream: two tablespoons in a glass of partially skimmed milk is equal in nutrition to a complete meal. But without all those nasty little calories. It has all the essential amino acids, and vitamins and minerals in a delicious powder base. The NO NONSENSE DIET formula comes in four delicious flavours, Chocolate, Vanilla, Strawberry and Banana.

Here is a list of the Vitamins and Minerals it contains:  
Vitamin A, Vitamin E, Vitamin C, Vitamin D  
Thiamin, Riboflavin, Niacin B6, B12, Folic Acid, Biotin  
Choline, Calcium, Phosphorus, Iron  
Iodine, Magnesium, Copper, Zinc  
Potassium, Manganese, Sodium, Di-Pantothenic Acid

This is a wonderful diet because you are dealing with natural foods and not drugs. Consequently it is safe and very healthy. A lot of people after going on this diet, have noticed remarkable improvement in their hair, skin and nails.

THIS NO NONSENSE DIET IS AVAILABLE AT LEADING DRUG, HEALTH, AND DEPARTMENT STORES INCLUDING ALL WOOLCO AND K MART PHARMACIES

## 100 guests at birthday

# Party surprise

**CLAREMONT** — A "very tired and very thirsty" green bugdie, that flew into the open window of a Claremont home, Sunday evening, has since died. The bird was looked after at the time, and attempts were made to find its owner, but to no avail. If you would like more information on this, please call 649-2052.

Congratulations to Chris Doyle, son of Jim and Toni Foyle, RR 1, Claremont, who placed third out of a field of 15 in the Central Ontario Tetrathlon. The event was held at Lietchcroft, and is a combination of running, riding, shooting and swimming events. Chris will be among the four young men representing Central Ontario at the National Competition in Red Deer, Alta., July 23-28. He placed fourth in the National, last year. We wish him

added success in 1982. A surprise 50th birthday party was given for Sam (Bill) Towner, by his family on July 10. About 100 people turned out at the Legion to wish him well. Happy birthday, Sam.

The Tennis Club round-robin, held each Wednesday, has a new time. Registration is at 7:30, with play starting at 7:45. The cost is \$1 per player and is open to everyone. Players of all levels, are urged to join in the fun.

Don't forget the dance at the Legion on July 17, sponsored by the Legion and the men's fastball team. Tickets are now being sold for a 50-50 draw, to be made that same night. All proceeds go to the Carol Rowe medical emergency fund. Tickets are \$10 each and can be obtained from the Legion, or members of

the ball team. The Rowe fund will also gain from proceeds of the Legion Bingo, July 21, at 8 p.m.

Welcome to Sandy and Frank Hill, who have moved into their new home on Central. Ladies' Fun League scores: Teams 2 and 3, tied 3-3; Team 4 beat Team 1, 7-6.

Two of the Men's slo-pitch teams have new names: Co-op is now County Jamboree, and Firefighters are now Paul Lake's Corner Store. Recent scores: Fisher Shell 5-County 4 (rained-out game); Fisher Shell 7-County 4; Gauslin-Faulkner over Lake's; Vale Insurance 9-Lions 9.

Recent euchre winners: Lena Ogden, Aldine Evans, Marg Benson, Marg Baker, Evans Benson and Irene Catton. Draw winners: Gord Wilson, Alma Kennedy and Aldine Evans.

## July — pool activities

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**EMERALD HILLS GOLF CLUB NOW OPEN FOR ITS FIRST SEASON**

**GREEN FEES**  
WEEKENDS \$12, WEEKDAYS \$9  
Warden Avenue (5th Line)  
½ Mile North of Bloomington Rd.  
TELEPHONE 888-1528

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Youth	\$6.00	\$7.50
Toddler & Infant	\$5.50	\$6.50-\$7.00

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