

Competitive Prices at



<p>FRESH! PICNIC Pork Shoulder Roasts LB. .78</p>	<p>FRESH! SHOULDER Butt Pork Chops LB. .88</p>	<p>FRESH! Chicken Leg Quarters LB. .78</p>
<p>CANADIAN QUEEN SWEET OR HOT Italian Style Sausages LB. .99</p>	<p>FRESH! Chicken Breast Quarters LB. .88</p>	<p>CANADIAN QUEEN, COOKED "BONELESS", VACUUM PACKED HALVES OR QUARTERS Smoked Hams LB. 1.99</p>
<p>CANADIAN QUEEN SLICED Cooked Ham 175g PKG. .99</p> <p>MARY MILES BY THE PIECE Bologna LB. .79</p>	<p>MARY MILES 1-LB. PKG. 1.19 Wieners</p> <p>MARY MILES, SLICED SELECTED POPULAR VARIETIES Sandwich Meats 500g PKG. 1.39</p> <p>SWIFT'S PREMIUM "SIZZLEAN" Smoked Pork Slices 375g PKG. 1.55</p>	<p>MARY MILES, SLICED Side Bacon 500g PKG. 1.49</p> <p>CANADIAN QUEEN LINK OR FARM STYLE Pork Sausages LB. .99</p>

<p>Campbell's Tomato Soup 4 10-FL. OZ. TINS 1.</p>	<p>PEEK FREAN Biscuits 400g PKG. .99</p>
<p>CHEFMASTER 100% PURE VEGETABLE OIL Margarine 1-LB. PARCH. PKG. .39</p>	<p>FROZEN, BEEF, CHICKEN SALISBURY STEAK OR TURKEY Savarin Dinners 11-OZ. PKG. .99</p>

<p>IGA CHOICE PEAS 4 10-FL. OZ. TINS .89</p>	<p>FRITO LAY AND RUFFLES REGULAR OR BBO 200g PKG. .99</p>
<p>WYLLERS, FLAVORED ASSORTED FLAVORS POLY BAG OF 3x 3 1/4-OZ. PKGS. .79</p>	<p>IGA, CHOICE, PURE 48-FL. OZ. TIN .89</p>

<p>FRENCH, MIRACLE FRENCH, CREAMY CUCUMBER, CATALINA, COLESLAW, ITALIAN, GOLDEN ITALIAN, GOLDEN CAESAR, HERB & GARLIC, OIL & VINEGAR OR THOUSAND ISLAND Kraft Salad Dressings 250 mL BTL. .59</p>	<p>ASSORTED VARIETIES Del Monte Pudding Cups SLEEVE OF 4x 5-OZ. TINS .99</p>	<p>ORANGE CRUSH, HIRES ROOT BEER OR CRUSH CREAM SODA, GRAPE OR LEMONLIME Soft Drinks 750 mL BTL. .39 PLUS .25 DEPOSIT PER BTL</p>
---	--	---

<p>WHITE SWAN ASSORTED COLORS PKG. OF 2 ROLLS 1.19</p> <p>WHITE SWAN ASSORTED COLORS PKG. OF 200 .79</p> <p>APPLEFORD, FOOD SAVER 100-FT. ROLL BOX .99</p> <p>ALCAN, 45 cm WIDTH 10m ROLL BOX 1.99</p> <p>WHITE SWAN WHITE, LINEN PKG. OF 240 1.49</p>	<p>CAPRI ASSORTED COLORS Bathroom Tissue PKG. OF 4-ROLLS .89</p>
--	--

<p>FRESH for FLAVOUR PRODUCE OF U.S.A. CANADA NO. 1 GRADE Peaches 3 LBS. .99</p>	<p>PRODUCE OF U.S.A. Sunkist Valencia Oranges SIZE 88's DOZ. 1.99</p>
<p>ONTARIO GROWN CANADA NO. 1 GRADE EA. .59 Cauliflower</p> <p>PRODUCE OF REPUBLIC OF SOUTH AFRICA CANADA FANCY GRADE Granny Smith Apples LB. .89</p> <p>ONTARIO GROWN 2 FOR .79 Romaine Lettuce</p> <p>ONTARIO GROWN CANADA NO. 1 GRADE 2 FOR .88 Cabbage</p>	<p>ONTARIO GROWN 2 FOR .88 Bunch Beets</p> <p>ONTARIO GROWN 4 FOR .99 Green Onions</p> <p>ONTARIO GROWN 3 FOR .99 Bunch Radishes</p> <p>ONTARIO GROWN 3 LBS. .99 Zucchini Squash</p> <p>PRODUCE OF CENTRAL AMERICA EA. .89 Dole Pineapples</p> <p>PRODUCE OF U.S.A. CANADA FANCY GRADE LB. .69 Bartlett Pears</p> <p>PRODUCE OF U.S.A. LB. .99 Peanuts-in-the-Shell</p>

<p>BONI, IN NATURAL JUICE 15-OZ. TIN .63 Mackerel</p> <p>GAINES 4 kg BAG 3.99 Full Course Dog Food</p> <p>CANADA BRAND 128-FL. OZ. PLST. JUG 1.39 White Vinegar</p> <p>VALIANT 24-OZ. TIN 1.69 Iced Tea Mix</p> <p>CONCENTRATE 1.1 kg BOX .99 Borateem</p> <p>DEMPSTER'S MFG. 8¢ OFF LABEL 24-OZ. LOAF .73 Stone Ground Bread</p> <p>SPECIAL 5 PACK 3 MARS BARS, 1 SNICKERS & 1 THREE MUSKETEERS PKG. OF 5 REG. SIZE BARS .99 Candy Bars</p> <p>BASSETT'S 550g PKG. 1.69 Licorice Allsorts</p>	<p>TABLETS BTL. OF 100 1.59 Anacin</p> <p>JOHNSON'S 680g SHAKER TIN 2.19 Baby Powder</p> <p>JOHNSON'S 125 mL PLST. BTL. 1.09 Baby Oil</p> <p>IGA 2 PKGS. OF 50 .63 Book Matches</p> <p>40, 60 OR 100 WATTS SYLVANIA, INSIDE FROSTED PKG. OF 2 .85 Light Bulbs</p> <p>HIGH LINER, FROZEN 16-OZ. POLY BAG .89 Ocean Smelts</p> <p>SEALTEST, ASSORTED FLAVORS 2L DRUM 2.49 Ice Cream Parlor Ice Cream</p> <p>PROCESS CHEESE FOOD 500g PKG. 2.19 Kraft Velveeta</p>
--	---

PRICES EFFECTIVE WED., JULY 23 TO SAT., JULY 26, 1980.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

People Come First at

